

Weekly Schedule of Events

Health Center



RESIDENTS ARE WELCOME TO ATTEND <u>ALL</u> OF THE FOLLOWING ACTIVITIES, REGARDLESS OF LOCATION, UNLESS OTHERWISE SPECIFIED!

Please call x3725 with questions or to request assistance to an activity!

SATURDAY, OCTOBER 25

10:15 AM Word in a Word (Atwater)

11:15 AM Great Courses: Comparative Religion (Koopman Room)

1:30 PM Community Jigsaw (Koopman Room)

2:00 PM BINGO Sponsored by the Auxiliary (Skyview Dining Room)

SUNDAY, OCTOBER 26

11:00 AM St. Mary's Live Stream (Atwater/Evergreen)

11:05 AM Granby Congregational Live Stream (Koopman Room)

11:15 AM Giant Crossword (Skyview Great Room)



2:00-4:00PM - Friends and Family Spooktacular Trick-or-Treating. Contact Bridget at x3725 to participate with a 'Trick-or-Treat Stop' at your door! Candy and costumes will be provided – Come to the Koopman Room at 1:30 to pick out costume supplies!

2:00 PM Beauty and the Beast Musical Revue (Goodrich

Performing Arts Center; Meet in the Lobby at 1:30pm*)

MONDAY, OCTOBER 27

10:00 AM Tai Chi (Koopman Room)

10:30 AM Scenic Fall Drive (Meet in lobby at 10:15am*)

11:00 AM Catholic Mass (Carling Chapel)

11:00 AM Acrylic Painting: *Pumpkin Patch* (Koopman Room)

1:45 PM Resident Council (Koopman Room)

3:00 PM BINGO Sponsored by the Auxiliary (Skyview Dining Room)

4:00 PM Category Games (Atwater)

^{*}Express interest to x3725 before noon, 10/26. Seats on the shuttle are limited and are not guaranteed.

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TUESDAY, OCTOBER 28			
9:45 AM	Morning Topics (Atwater)		
10:00 AM	Media Center Tech Support (Media Center)		
10:00 AM	Pet Visits with Toby & Rudy (All Neighborhoods)		
10:30 AM	Seated Zumba (Koopman Room)		
11:00 AM	Tastes Around the World (Koopman Room)		
11:00 AM	Tuesday Tea with Mary Lou Cobb (Robinson Day Room)		
1:30 PM	Historical Topics with Ann (Skyview Great Room)		
2:30 PM	Word Games (Skyview Great Room)		
3:30 PM	What About: Jane Goodall (Koopman Room) □		
3:45 PM	Finish the Rhyme (Atwater)		

WEDNESDAY,	OCTOBER 29
9:45 AM	Virtual Tours (Atwater)
10:00 AM	Men's Group (Craft Room)
10:30 AM	Chair Yoga (Koopman Room)
11:00 AM	Non-denominational Virtual Bible Study
	with Joe Doering** (Media Center)
11:15 AM	Word Challenge (Skyview Great Room)
1:15 PM	Trivia with Judy (Koopman Room)
2:00 PM	BINGO Sponsored by the Auxiliary (Skyview Dining Room)
3:00 PM	Group Karaoke (Skyview Great Room)
4:00 PM	Jumbo Jumble/Word in a Word (Atwater)

^{**}Contact x3734 for assistance to this program!

THURSDAY, OCTOBER 30

9:45 AM	Morning Topics (Atwater)
10:15 AM	Cardio Drumming (Koopman Room)
11:00 AM	Poetry Circle (Koopman Room)
2:00 PM	Songs of Inspiration with Keir White (Living Room)
3:15 PM	Acrylic Painting: Ghosts (Craft Room)
3:15 PM	Literature Lovers Book Club* (Watson Library)
5:30 PM	Wii Bowling: 2 nd Floor (Koopman Room)
6:30 PM	Wii Bowling: 1 st Floor (Koopman Room)

^{*}Contact x8351 for more information and/or a copy of this month's book!

FRIDAY, OCTOBER 31

COSTUMES ENCOURAGED!!

10:00 AM	Robinson & Evergreen Ceramics (Craft Room)	Hanny
10:30 AM	Souptober: Witchy Tomato Basil Bisque	Happy
	(Koopman Room)	Alaween
10:30 AM	Mind & Body Wellness (Carling Chapel)	
1:30 PM	Chapel & Skyview Ceramics (Craft Room)	
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2:30 PM Resident & Staff Halloween Party/Costume Parade

(Koopman Room)