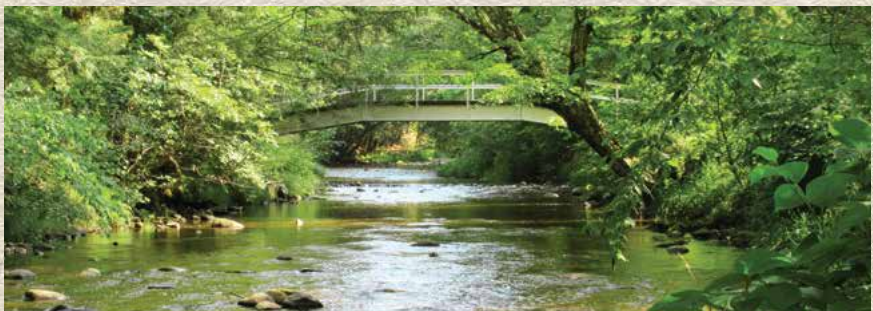


# One Community. A Continuum of Care.



McLean Assisted Living is an integral part of our continuum of care.  
Residents have access to a full array of services offered right here on campus.



## A Life Plan Community

Independent Living | Assisted Living | Memory Care | BOUNDLESS Wellness  
Short-Term Rehabilitation | Outpatient Physical Therapy | Adult Day Program  
Long-Term Care | Home Care & Hospice

For more information on McLean Assisted Living options, please contact:

McLeanCare.org | 860-658-3718  
75 Great Pond Road | Simsbury, CT 06070



McLean is a not-for-profit senior living community in Simsbury, CT offering a continuum of services including independent living, assisted living and memory care assisted living, an adult day program, short- and long-term skilled nursing, outpatient rehabilitation and wellness, post-acute care and home care and hospice.



# The Support You Need to Lead the Life You Love.



“Mom and I want you all to know how much we appreciate McLean. Each time I visit Dad, it is truly a good experience.”

~ FAMILY MEMBER OF ASSISTED LIVING RESIDENT





# How much care is just right for you?\*

	Core	Supportive	Enhanced
24-Hour Staffing	Yes	Yes	Yes
Housekeeping	Yes, weekly	Yes, weekly	Yes, weekly
Laundry	Yes, once weekly	Yes, up to three times per week	Yes, more than three times per week
Activities of Daily Living (Scheduled care)			
Bathing	Yes, up to twice weekly	Yes, as needed	Yes, as needed
Dressing	Short-term minimal assist reminders and cueing	Minimal assist reminders and cueing	Up to full assist, as needed
Toileting/Incontinent Care	Reminders and cueing	Additional reminders, cueing and light assist up to six times per day	With assistance, over six times per day and up to total care per day
Dining	Gentle reminders for meal time	Reminders and cueing in the Atwater Dining Room	Assistance with dining
Ambulation Assistance and Escorting	Yes, short-term minimal assist and cueing	Yes	Yes, including lift assistance
Transferring Assistance	Independent up to one-person assist	Independent up to one-person assist	Independent up to two-person assist and/or mechanical lift assistance <i>Fully electric bed must be provided</i>
Medication Management	<ul style="list-style-type: none"><li>Two daily reminders</li><li>Up to ten medications</li></ul>	<ul style="list-style-type: none"><li>Three daily reminders</li><li>Up to ten medications, including complex crushing</li><li>Nurse Administration</li></ul>	<ul style="list-style-type: none"><li>Four or more daily reminders</li><li>Ten or more medications, including complex crushing</li><li>Nurse Administration</li></ul>

A variety of medical care and support is available on our campus, including:

- Primary care physician services
- Nursing availability 8 a.m. – 8 p.m.
- Nursing on call available 24/7
- Podiatry
- Dentistry

- Optometry
- Physical, occupational and speech therapy
- Geriatric psychology
- Nutrition guidance

- Wellness assessments
- Modified diets
- Priority admission to our 5-star long-term care community
- ...and a variety of additional therapies.

\* New residents must be deemed chronic & stable by McLean’s clinical reviewer, in collaboration with their medical doctor.



## Two distinctive neighborhoods provide all the comforts of home...

### The Robinson

Our individualized approach to assisted living encourages maximum independence. Robinson residents enjoy a robust, seven-days-a-week calendar of social activities and events within a warm and vibrant neighborhood setting, where friends become family. Our staff understands that McLean is not just where you live, it is *home*.

Located on the first floor of the Health Center, The Robinson is a beautifully decorated space, featuring a gracious living room with fireplace and café for beverages and snacks, wellness activity space, media nook, patio and raised garden area. Suites are available.



### The Atwater

People with mild-to-moderate Alzheimer’s disease and other related dementias deserve an enriching and fulfilling lifestyle. Our person-centered memory care is provided by specially trained staff who understand the importance of choice and independence. Our memory care program is supported by meaningful programs and dedicated volunteers with a focus on personalized attention and care.

The Atwater is a renovated, cheerful, secured neighborhood located on the second floor of the Health Center. The Atwater offers a comfortable dining room with family-style kitchen, cozy common rooms for structured activities and socializing, and lovely garden views. Suites are available.



“McLean is committed to delivering high quality, compassionate care. Our focus is on each individual resident and what their personal needs and preferences are. This is at the heart of resident-centered care, that is *mindful of a person’s body, mind and spirit.*”

~ CARLENE RHEA, VP, COMMUNITY LIFE

- ...Services to Meet Your Every Need
- Specialized programs and activities
  - Pet therapy
  - Music programs
  - Art classes
  - Gardening
  - Exercise and wellness classes
  - Outings to local events and scheduled shopping trips
  - Relationships with area schools for inter-generational programs and activities
  - Volunteer opportunities

- Cable and in-room wifi
  - Hairdresser/barbershop
  - Media Center, Library, Craft Room
  - Adaptive technology including bikes
  - Greenhouse
  - Interdenominational church services and chapel
  - Notary and postal services