

Village Highlights

Monday, August 4

Documentary: Pangolin: Kulu's Journey (PAC) at 1:30pm

Saturday, August 16

2:00 pm McLean Presents: Farmington Valley Chorus; Sweet Adelines (PAC). Sign up in the book required.

Saturday, August 23

2:00 pm McLean Presents: Sheryl Faye Is Helen Keller (PAC). Sign up in the book required.



Did You Know...

Presented by the McLean Environmental Group

Since the bottle and can return project began in February, over **3,350** redeemable items have been returned for over \$350!

- Metal and glass cans and bottles from soda, iced tea, juices, water and beer are all acceptable in any size.
- **NO** wine bottles, neither large nor mini can be redeemed, but can go into the large recycling bucket in the trash room.
- **NEVER** put plastic cups, food containers, milk cartons or paper napkins in the bin!

Keep up the good work!
Questions or comments? Call or text 917-453-3762



The Goodrich Map/ Location/Abbreviation Key

The Burkholder	HR Hartford Room	The Health Center
BR Burkholder Restaurant	LC Library Connector	CC Carling Chapel
CR Card Room	RN Reading Nook	HC Health Center
GQ Grouse & Quail	TR The Refuge	
H Harbor Room	TS Tech Suite	

McLean

The Village Newsletter

BOUNDLESS

August 2025

FROM THE DESK OF THE DIRECTOR

August is National Wellness Awareness month.

When someone mentions wellness, many of us immediately think of physical fitness and exercise. Physical health is just one aspect of overall wellness. Wellness is a broad concept including physical, mental, and spiritual well-being, fueling the body, engaging the mind, and nurturing the spirit.

The Boundless Wellness program here at McLean offers many options that are both physically and mentally engaging. Be sure to check out the activities and classes and try something new! Kim and Pascale – and our newest Boundless staff member, Noelle – would love to see you!

Speaking of new staff, please join me in welcoming Brianna Murrell and McLean's own Karen Shaw, who will be sharing the role of Resident Services Coordinator. I look forward to working with them, and I know they look forward to assisting all of our Village residents.

PLEASE NOTE:
The Village office has a new contact email:
VillageOffice@McLeanCare.org.
Chris McNally's email will be discontinued as of August 8.

The office phone number remains the same: 860-658-3727.

Megan Gill
Megan Gill, Director of McLean Village



BOUNDLESS

Please visit the Fitness Center for your free 30-minute wellness coaching. Call (860) 658-3750 to schedule your appointment.

August 2025

ExploreMcLean.org

Sunday

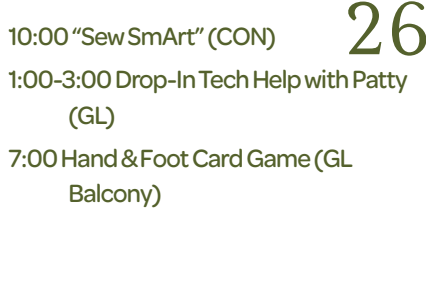
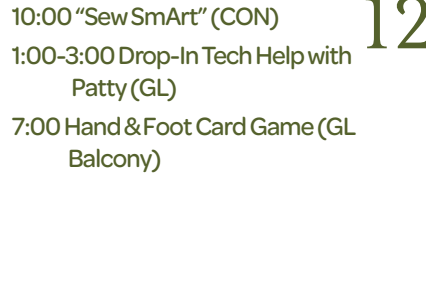
Village Events Hotline
860-658-3939
(Please Call for Daily
Updates and Activities)

Campus Update
Wednesdays
1:00 (PAC/Virtual)

Monday



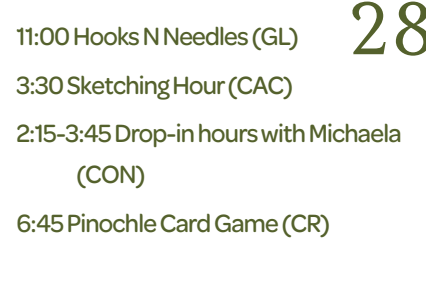
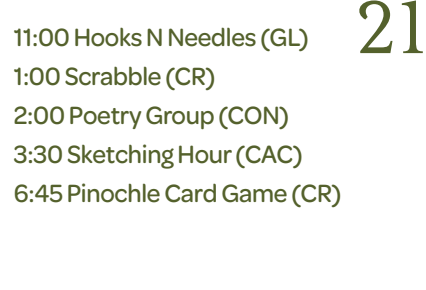
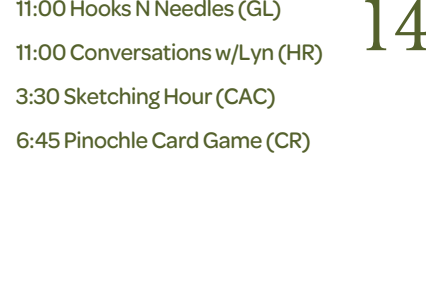
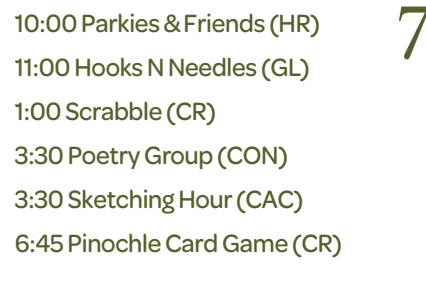
Tuesday



Wednesday



Thursday



Friday

1:00 Movie "The Verdict" (PAC) **1**
1:00 Mahjong (HR)

9:30 Ladies' Coffee (RD) **8**
10:00-11:15 Dementia Caregiver
Support with Ann (CON)
1:00 Movie "Amazing Grace" (PAC)
1:00: Mahjong (HR)

1:00 Movie "Secondhand Lions"
(PAC) **15**
1:00 Mahjong (HR)

9:30 Men's Coffee (RD) **22**
1:00 Movie "La La Land" (PAC)
1:00 Mahjong (HR)

1:00 Movie "Arthur's Whisky"
(PAC) **29**
1:00 Mahjong (HR)

Saturday

12:00 Lunch Bunch (Pines) **2**
1:00 Hand & Foot Card Game
(GL Balcony)
3:00 Easy Listening with Bill (PAC)

12:00 Lunch Bunch (Pines) **9**
1:00 Hand & Foot Card Game
(GL Balcony)
3:00 Easy Listening with Bill (PAC)

12:00 Lunch Bunch (Pines) **16**
1:00 Hand & Foot Card Game
(GL Balcony)
**2:00 McLean Presents: Farmington
Valley Chorus Sweet Adelines
(PAC) RSVP required**

12:00 Lunch Bunch (Pines) **23**
1:00 Hand & Foot Card Game (GL Balcony)
**2:00 McLean Presents: Sheryl Faye Is
Helen Keller. Sign up required (PAC)**

12:00 Lunch Bunch (Pines) **30**
1:00 Hand & Foot Card Game
(GL Balcony)
3:00 Easy Listening with Bill (PAC)