

Services & Amenities

Eucharistic Minister / Faith & Friends Visits

Offering religious support Tuesday mornings, and holy communion starting at 9:15am Wednesday morning in resident rooms

Outings

Shuttle services to the Goodrich Performing Arts Center, and to nearby shopping locales. Please contact x3725 to express interest. Availability is limited.

Sorenson Express Mail

Printing and distributing letters to residents via Email at McLeanResident@McLeanCare.org

Sorenson Media Center & Tech Support

Tech Support open hours are Tuesday, 10am-12pm. Reach out to our Technology Engagement specialist at x3734

Simsbury Library Books at your Door

Call x3725 for more information or to sign-up!

‘Sew What’ Sewing, Mending & Tailoring

Call x3998 for more information

Salon Services

Contact x3945 for pricing and information or to book an appointment. For manicures reach out to x3943.

Carling Chapel

See our calendar for our monthly Protestant and Catholic services, rosary group and more!

Art Lounge

Exhibiting the works of our residents and local artists

Auxiliary Gift Shop

Hosting a variety of amenities and seasonal gifts for residents to purchase, Monday-Friday 10am-4pm

Senator’s Cafe

With snacks & beverages for purchase.
Self-Serve Kiosk

Pfirman Dining Room

Breakfast 7-9am * Lunch 12-1:30pm * Dinner 5-6:30pm

Highlighted Programs

Daily Exercise Groups

Including seated Zumba, Tai Chi, chair yoga, Cardio Drumming and more!

Arts & Crafts

Including ceramics, McLean Paper Crafters group, Acrylic painting, and more!

Literature Lovers Book Club

Contact Marilyn Cadoff or x8351 for more information

Men’s Group

Wednesdays at 10am in the Craft Room with Dane Woodberry

Travel Programs

Learn about the world during our popular Post Crossings and Tastes Around the World programs! See weekly schedule for details

Weekly Movie

Fridays at 2:00pm in the Koopman Room. Call x3734 to offer movie suggestions!

Musical Entertainment

See our calendar for dates!

Pet Visits with Toby & Rudy

Tuesdays, door to door in resident rooms

Socials & Happy Hours

See calendar for more information

Wii Bowling League

Thursday nights at 6:15



The Health Center Newsletter

An Inspired Monthly Collection of News, Updates,
and Activities for Our Residents and Their Families



Dear Families,

August 2025

We hope you’re enjoying these dog days of summer! We’ve planned a vibrant calendar of events to make the most of the season — there’s something for everyone this month:

August 7: Robinson Family Picnic – Join us in the courtyard for food, fun, and fellowship. Please sign up ahead of time at the front desk.

August 10: Art Reception – Celebrate local creativity in our Art Lounge (outside the Pfirman Dining Room) from 2:30–3:30 p.m.

August 13: Summer Concert – Tap your toes to the sounds of Good Trouble, performing in the courtyard from 6:00–7:00 p.m.

August 21: Skyview Family Picnic – Another chance to gather and enjoy summer together in our courtyard. Please sign up ahead of time at the front desk.

Update on The Willows:

We have the necessary state approvals to reduce the number of skilled nursing beds and to utilize the Abernethy space on the second floor for skilled nursing residents. As of this newsletter’s press time, we are awaiting the contractor’s final proposal/timeline for minor renovations. Once we have that information from the contractor, we will know when the space will officially become The Willows – and we will give our skilled nursing residents the required 30-day notice if they will be moving upstairs. McLean thanks our residents and their families for their patience and support as we prepare to usher in The Willows neighborhood!

Anne Rolfe, DPT
Administrator of the Health Center

Ann Pavano
Director of Assisted Living and Resident Resources



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AUGUST 31st 10:30 Garden Trivia (CY) 11:00 St. Mary's Live Stream (AT/ EW) 1:30 UNO (AT) 2:00 Sunday Matinee (KR)		<u>KEY</u> AT = Atwater CC =Chapel Crossing CH = Carling Chapel CR = Craft Room CT =Carling Terrace CY = Courtyard DR =Pfirman EV =Evergreen Way GH = Greenhouse KR =Koopman Room LB = Lobby LR = Living Room PAC = Performing Arts Center QR = Quiet Room RB = Robinson ST =Skyview Terrace	<u>Additional Services:</u> Outings: call x3725 for more information Media Center Tech Support: Tuesdays 10am – Call x3734 to request an appointment Pet Therapy Visits: Tuesdays & Fridays in resident rooms Communion Visits: Starting at 9:15 on Wednesdays	Events planned for the Courtyard (CY) may be relocated indoors as needed – please see your weekly schedule for location changes!	¹ 9:45 Walking Group (CY) 10:00 Rob. /EW Ceramics (CR) 1:30 Chapel/ Sky. Ceramics (CR) 2:00 Movie Club (KR)	² 10:15 Word Challenge (KR) 11:00 Giant Crossword (ST) 1:30 Community Jigsaw (KR) 2:00 BINGO! (ST)
³ 10:30 Garden Trivia (CY) 11:00 St. Mary's Live Stream (AT/EW) 1:30 UNO (AT) 2:00 Willie Nininger (CY*)	⁴ 10:00 Tai Chi (KR) 10:45 Intermediate Art (CR) 1:45 Food Forum (KR) 3:00 BINGO! (ST) 4:00 Category Games (AT)	⁵ 9:45 Morning Topics (AT) 10:30 Seated Zumba (KR) 11:00 Gazebo Guess-off (CY) 11:30 Welcoming Committee (RB) 1:30 Historical Topics with Ann (ST) 2:00 Jeff the Plant Guy (KR) 3:30 What About? <i>Educational Topics</i> (MC) 4:00 Finish the Phrase (AT)	⁶ 9:45 Virtual Tours (AT) 10:00 Men's Group (CR) 10:30 Chair Yoga (LR/CY) 11:15 Word Challenge (ST) 1:15 Trivia with Judy (KR) 2:00 BINGO! (ST) 3:15 Group Sing (ST) 4:00 Connect 8 (AT)	⁷ 9:45 Morning Topics (AT) 10:15 Cardio Drumming (KR) 10:30 Music Therapy (ALL) 11:00 Postcrossings (KR) 12:00 Robinson Family Picnic 2:00 Mass-Confusion (LR) 3:30 Atwater Ceramics (CR) 5:30 Wii Bowling: Team 1 (KR) 6:30 Wii Bowling: Team 2 (KR)	⁸ 9:45 Walking Group (CY) 10:00 Rob./EW Ceramics (CR) 11:00 Current events (AT) 1:30 Chapel/ Sky. Ceramics (CR) 2:00 Movie Club 4:30 Wine & Dine (DR)	⁹ 10:15 Word Challenge (KR) 11:00 Word in a Word (ST) 1:30 Community Jigsaw (KR) 2:00 BINGO! (ST)
¹⁰ 10:30 Terrace Trivia (CT) 11:00 St. Mary's Live Stream (AT/EW) 1:30 UNO (AT) 2:30 Art Reception & Cocktail Hour (LR)	¹¹ 10:00 Tai chi (KR) 10:45 McLean Paper Crafters (CR) 2:00 BINGO! (ST) 3:15 Trivia (ST) 4:00 Category Games (AT)	¹² 9:45 Morning Topics (AT) 10:30 Seated Zumba (KR) 11:00 Gazebo Guess-off (CY) 11:30 Life Enrichment Planning (RB) 11:30 Rosary w/ Mary & Fran (CH) 1:30 Historical Topics with Ann (ST) 2:30 Writers' Bloc (KR) 2:30 Word Games (ST) 3:30 What About? (KR) 4:00 Finish the Lyrics (AT)	¹³ 9:45 Virtual Tours (AT) 10:00 Men's Group (CR) 10:30 Chair Yoga (LR/CY) 11:15 Word Challenge (ST) 1:15 Trivia with Judy (KR) 1:30 Photography Club (KR) 2:00 BINGO! (ST) 3:15 Group Sing (ST) 4:00 Jumbo Jumble (AT) 6:00 Good Trouble (CY)	¹⁴ 9:45 Morning Topics (AT) 10:15 Cardio Drumming (ST) 11:00 Travel w/ Shyrel (KR) 2:00 Red & Yellow Music (CY*) 3:30 Atwater Ceramics (CR) 5:30 Wii Bowling: Team 1 (KR) 6:30 Wii Bowling: Team 2 (KR)	¹⁵ 9:45 Walking Group (CY) 10:00 Rob./EW Ceramics (CR) 11:00 Episcopal Church Service (CH) 1:30 Chapel/ Sky. Ceramics (CR) 2:00 Movie Club (KR)	¹⁶ 10:15 Word Challenge (KR) 11:00 Giant Crossword (ST) 1:30 Community Jigsaw (KR) 2:00 BINGO! (ST)
¹⁷ 10:30 Garden Trivia (CY) 11:00 St. Mary's Live Stream (AT/EW) 1:30 UNO (AT) 2:00 Sunday Matinee (KR)	¹⁸ 10:00 Tai Chi (KR) 10:45 Intermediate Art (CR) 11:00 History Club (PAC) 2:00 BINGO! (ST) 3:15 Trivia (ST) 4:00 Category Games (AT)	¹⁹ 9:45 Morning Topics (AT) 10:30 Seated Zumba (ST) 11:00 Gazebo Guess-off (CY) 1:30 Historical Topics with Ann (ST) 2:30 Word Games (ST) 3:30 What About? (KR) 4:00 Finish the Rhyme (AT)	²⁰ 9:45 Virtual Tours (AT) 10:00 Men's Group (CR) 10:30 Chair Yoga (LR/CY) 11:15 Word Challenge (ST) 1:15 Trivia with Judy (KR) 2:00 BINGO! (ST) 3:15 Group Sing (ST) 4:00 Connect 8 (AT)	²¹ 9:45 Morning Topics (AT) 10:15 Cardio Drumming (KR) 10:30 Music Therapy (ALL) 11:00 Art Appreciation (KR) 12:00 Skyview Family Picnic 2:00 Resin Coasters (CR) 5:30 Wii Bowling: Team 1 (KR) 6:30 Wii Bowling: Team 2 (KR)	²² 9:45 Walking Group (CY) 10:00 Rob./EW Ceramics (CR) 1:30 Chapel/ Sky. Ceramics (CR) 2:00 Matsiko Choir (LR) 2:00 Movie Club (KR)	²³ 10:15 Word Challenge (AT) 11:00 Word in a Word (ST) 1:30 Community Jigsaw (KR) 2:00 BINGO! (ST)
²⁴ 10:30 Terrace Trivia (CT) 11:00 St. Mary's Live Stream (AT/EW) 1:30 UNO (AT) 2:00 Sunday Matinee (KR)	²⁵ 10:00 Tai Chi (KR) 10:45 McLean Paper Crafters (CR) 11:00 Catholic Mass (CH) 1:45 Resident Council (KR) 3:00 BINGO! (ST) 4:00 Category Games (AT)	²⁶ 9:45 Morning Topics (AT) 10:30 Seated Zumba (ST) 11:00 Gazebo Guess-off (CY) 11:30 Religious Life Committee (RB) 11:30 Rosary w/ Mary & Fran (CH) 1:30 Historical Topics with Ann (ST) 2:30 Writers' Bloc (KR) 2:30 Word Games (ST) 3:30 What About? (KR) 4:00 Finish the Phrase (AT)	²⁷ 9:45 Virtual Tours (AT) 10:00 Men's Group (CR) 10:30 Chair Yoga (LR/CY) 11:15 Word Challenge (ST) 1:30 Literature Lovers (KR) 2:00 BINGO! (ST) 3:15 Group Sing (ST) 4:00 Jumbo Jumble (AT)	²⁸ 10:15 Cardio Drumming (KR) 10:30 Music Therapy (AT/ST) 11:00 Poetry Circle (KR) 2:00 Aug. Birthday Mixer (KR) 3:30 Atwater Ceramics (CR) 5:30 Wii Bowling: Team 1 (KR) 6:30 Wii Bowling: Team 2 (KR)	²⁹ 9:45 Walking Group (CY) 10:00 Rob./EW Ceramics (CR) 1:30 Chapel/ Sky. Ceramics (CR) 2:00 Movie Club (KR) 4:30 Wine & Dine (DR)	³⁰ 10:15 Word Challenge (KR) 11:00 Giant Crossword (ST) 1:30 Community Jigsaw (KR) 2:00 BINGO! (ST)