

Village Highlights

Monday, July 14

Dietician Stella Leone's Teaching Kitchen "Mind Diet" at 11:00 a.m in the Grouse & Quail

Wednesday, July 16

Summer Courtyard Concert Series “Southside Strummers” ukulele band at 6:00p.m. in the McLean Courtyard

Monday, July 21

McLean Game Refuge Annual Address at 4:00p.m. in the Performing Arts Center. Sign up required to Alison Swain - (Alison.Swain@McLeanCare.org) by July 16.



BOUNDLESS

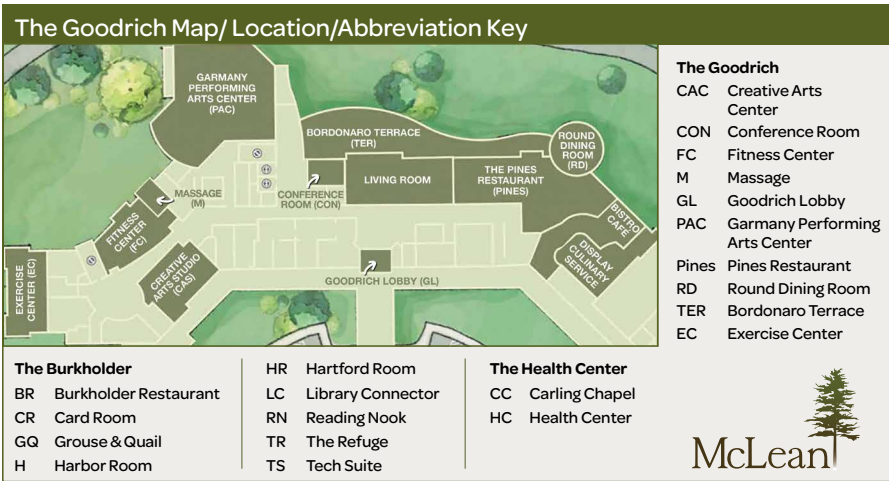
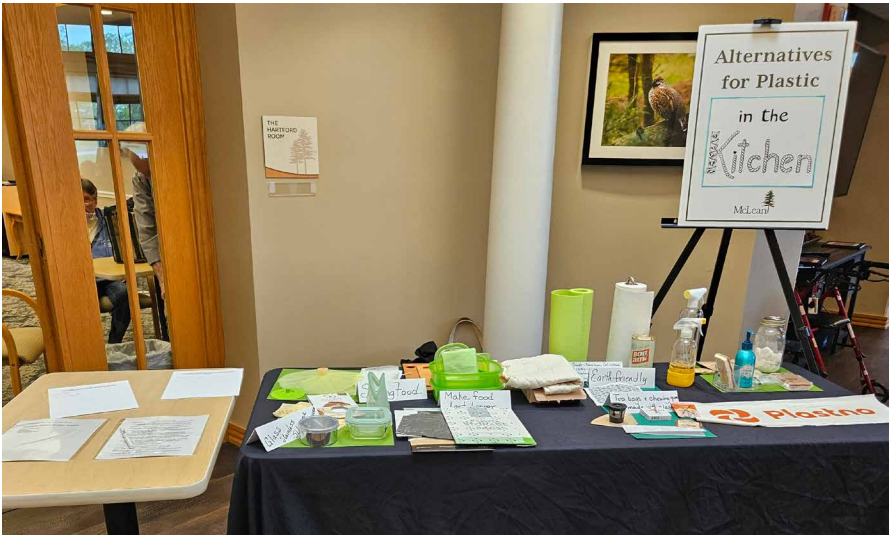
Please visit the Fitness Center for your free 30-minute wellness coaching. Call (860) 658-3750 to schedule your appointment.

Did You Know...

Presented by the McLean Environmental Group

Try these tips...

- Buy large single containers—the largest you can store—and put what you need into smaller reusable containers for everyday use.
- Choose cardboard egg cartons, not styrofoam which is not recyclable in our area.
- Compare the size of the package to the size of the product.
- Buy loose fruits and vegetables, not the ones in plastic containers.



The Village Newsletter

BOUNDLESS

July 2025

FROM THE DESK OF THE DIRECTOR

Happy 4th of July!

From 1776 to the present day, July 4th has been celebrated as the birth of American independence, with festivities ranging from fireworks, parades and concerts to more casual family gatherings and barbecues. Join fellow Villagers for our own 4th of July picnic – see calendar for details.

Fun Facts:

- Independence Day marks the historic date in 1776 when the Declaration of Independence was approved by the Continental Congress
- July 4th officially became a federal holiday in the United States on June 28, 1870
- John Adams believed that July 2nd was the correct date on which to celebrate the birth of American independence, and would reportedly turn down invitations to appear at July 4th events in protest.
- John Adams and Thomas Jefferson both died on July 4, 1826—the 50th anniversary of the adoption of the Declaration of Independence.

Megan Gill

Megan Gill, Director of McLean Village



EXPLORE • GROW • BELONG



July 2025

ExploreMcLean.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		11:30 Rosary (CC) 1:00 Mexican Train (CR) 1:00-3:00 Drop-In Tech Help with Patty (GL) 7:00 Hand & Foot Card Game (GL Balcony)	10:00 -12:00 Village Giftshop (CQ) 1:00 Campus Update (PAC & Virtual) 2:30 Great Courses (PAC) 4:00 Happy Hour (G&Q)	10:00 Parkies & Friends (HR) 11:00 Hooks N Needles (GL) 1:00 Scrabble (CR) 2:00 Poetry Group (CON) 3:30 Sketching Hour (CAC) 6:45 Pinochle Card Game (CR)	Happy July 4th! offices Closed	12:00 Lunch Bunch (Pines) 1:00 Hand & Foot Card Game (GL Balcony) 3:00 Easy Listening with Bill (PAC)
6	1:30 Documentary ""Paper & Glue"" (PAC) 7:00 Poker at the Round Tables (GL)	10:00 "Sew SmArt" (CON) 1:00-3:00 Drop-In Tech Help with Patty (GL) 7:00 Hand & Foot Card Game (GL Balcony)	10:00 -12:00 Village Giftshop (CQ) 1:00 Campus Update (PAC & Virtual) 2:30 Great Courses (PAC) 4:00 Happy Hour (G&Q)	11:00 Hooks N Needles (GL) 11:00 Conversations w/Lyn (HR) 3:30 Sketching Hour (CAC) 6:45 Pinochle Card Game (CR)	9:30 Ladies Coffee (RD) 10:00-11:15 Dementia Caregiver Support with Ann (CON) 11:00 Trinity Episcopal (Carling) 1:00 Movie "The Secret Life of Walter Mitty" (PAC) 1:00 Mahjong (G&Q)	12:00 Lunch Bunch (Pines) 1:00 Hand & Foot Card Game (GL Balcony) 3:00 Easy Listening with Bill (PAC)
	11:00 Stella Leone Teaching Kitchen: "Mind Diet" (GQ) 1:00 Environmental Group meeting: visitors welcome (CON) 1:30 Bean Bag Toss (HR) 7:00 Poker at the Round Tables (GL)	9:30-10:30 Drop-in hours with Amy Daniels (G&Q) 11:30 Rosary (CC) 1:00 Mexican Train (CR) 1:00-3:00 Drop-In Tech Help with Patty (GL) 7:00 Hand & Foot Card Game (GL Balcony)	10:00 -12:00 Village Giftshop (CQ) 1:00 Campus Update (PAC & Virtual) 1:30 Dining Forum (PAC) 2:30 Great Courses (PAC) 4:00 Happy Hour (G&Q) 6:00 Southside Strummers Ukulele band (courtyard)	11:00 Hooks N Needles (GL) 1:00 Scrabble (CR) 2:00 Poetry Group (CON) 3:30 Sketching Hour (CAC) 6:45 Pinochle Card Game (CR)	11:00 Book Group (HR) 1:00 Movie "Conclave" (PAC) 1:00 Mahjong (G&Q)	12:00 Lunch Bunch (Pines) 1:00 Hand & Foot Card Game (GL Balcony) 3:00 Easy Listening with Bill (PAC)
	11:00 Catholic Mass (CC) 11:00 History Group (PAC) 1:30 Podiatrist by appt. only 4:00 McLean Game Refuge Annual Address. Sign Up Required. (PAC) 7:00 Poker at the Round Tables (GL)	10:00 "Sew SmArt" (CON) 1:00-3:00 Drop-In Tech Help with Patty (GL) 7:00 Hand & Foot Card Game (GL Balcony)	10:00 -12:00 Village Giftshop (CQ) 1:00 Campus Update (PAC & Virtual) 1:30 Drop-in BP clinic with McLean homecare 2:30 Great Courses (PAC) 4:00 Happy Hour (G&Q)	11:00 Hooks N Needles (GL) 3:30 Sketching Hour (CAC) 2:15-3:45 Drop-in hours with Michaela (CON) 6:45 Pinochle Card Game (CR)	9:30 Men's Coffee (RD) 1:00 Movie "Dare to be wild" (PAC) 1:00 Mahjong (G&Q)	12:00 Lunch Bunch (Pines) 1:00 Hand & Foot Card Game (GL Balcony) 3:00 Easy Listening with Bill (PAC)
	1:30 Molkky (HR) 1:00 Environmental Group meeting: visitors welcome (CON) 7:00 Poker at the Round Tables (GL)	11:30 Rosary (Carling Chapel) 7:00 Hand & Foot Card Game (GL Balcony)	10:00 -12:00 Village Giftshop (CQ) 1:00 Campus Update (PAC & Virtual) 1:30 Podiatrist by appt. only 2:30 Great Courses (PAC) 4:00 Happy Hour (G&Q)	11:00 Hooks N Needles (GL) 3:30 Sketching Hour (CAC) 6:45 Pinochle Card Game (CR)		Village Events Hotline 860-658-3939 (Please Call for Daily Updates and Activities) Campus Update Wednesdays 1:00 (PAC/Virtual)