



Weekly Schedule of Events

Health Center

McLean

SATURDAY, MAY 3

- 10:15 AM Giant Crossword (Atwater)
- 11:00 AM Giant Crossword (Skyview Great Room)
- 2:00 PM BINGO *Sponsored by the Auxiliary* (Skyview Dining Room)

SUNDAY, MAY 4

- 10:00 AM UNO (Atwater)
- 11:00 AM St. Mary's Live Strea (Atwater)
- 11:15 AM IN2L Trivia (Skyview Great Room)
- 2:00 PM **Showtunes with Jayna (Living Room)**

MONDAY, MAY 5

CINCO DE MAYO!



- 10:00 AM Tai Chi (Koopman Room)
- 10:45 AM McLean Paper Crafters (Craft Room)
- 1:45 PM **Food Forum (Koopman Room)**
- 3:00 PM Cinco de Mayo Snacks & Margaritas (Koopman Room)
- 3:15 PM BINGO *Sponsored by the Auxiliary* (Koopman Room)
- 4:00 PM Category Games (Atwater)

TUESDAY, MAY 6

- 9:45 AM Morning Topics (Atwater)
- 10:00 AM Media Center Tech Support (Media Center)
- 10:00 AM Pet Visits with Toby & Rudy (All Neighborhoods)
- 10:30 AM Seated Zumba (Koopman Room)
- 11:00 AM Tuesday Tea with Mary Lou (Robinson Day Room)
- 11:00 AM Music Trivia (Koopman Room)
- 1:30 PM Historical Topics with Ann (Skyview Great Room)
- 2:00 PM **Jeff the Plant Guy (Koopman Room)**
- 3:45 PM Great Courses: *The Age of Henry VIII* (Media Center)
- 4:00 PM Finish the Phrase (Atwater)

WEDNESDAY, MAY 7

9:45 AM	Virtual Tours (Atwater)
10:15 AM	Men’s Group (Craft Room)
10:30 AM	Workout with Weights (Koopman Room)
11:00 AM	Word Tower (Koopman Room)
11:00 AM	Giant Crossword (Skyview Great Room)
1:15 PM	Trivia with Judy (Koopman Room)
1:30 PM	Photography Club (Media Center)
2:00 PM	BINGO <i>Sponsored by the Auxiliary</i> (Skyview Dining Room)
3:15 PM	Karaoke (Skyview Great Room)
4:00 PM	Jumble Jumble & Connect 8 (Atwater)

THURSDAY, MAY 8

9:45 AM	Morning Topics (Atwater)
10:15 AM	Chair Yoga (Koopman Room)
11:00 AM	Exercises for Brain & Body (Skyview Great Room)
11:00 AM	Travel with Shyrel: <i>Toronto</i> (Koopman Room)
2:00 PM	John Brighenti (Skyview Great Room)
3:15 PM	Tastes of the World: <i>Colombia</i> (Atwater)
3:30 PM	Intermediate Art (Craft Room)

FRIDAY, MAY 9

9:45 AM	Morning Topics (Atwater)
10:30 AM	Robinson & Atwater Ceramics Class (Craft Room)
11:00 AM	Episcopalian Church Service with Fr. Albright (Carling Chapel)
1:30 PM	Chapel & Skyview Ceramics Class (Craft Room)
2:00 PM	Movie Club: <i>Nonnas</i> (All Neighborhoods)
4:30-5:30	Wine & Dine (Pfirman Dining Room)
6:15 PM	Wii Bowling (Koopman Room)



Nonnas (2025) follows Joe (*Vince Vaughn*), who, after losing his mom and grandmother, turns to their generations-old recipes for solace and direction. With the money from his mom’s insurance and a little help from his friends, he opens Enoteca Maria, an old-school Italian spot that staffs four grandmothers, or “nonnas,” from different cities in Italy, who share their dishes with the neighborhood.

Please contact Bridget Finney, Director of Life Enrichment at x3725 with any questions!