

Services & Amenities

Eucharistic Minister / Faith & Friends Visits

Offering religious support Tuesday mornings, and holy communion starting at 9:15am Wednesday morning in resident rooms

Outings

Shuttle services to the Goodrich Performing Arts Center, and to nearby shopping locales. Please contact x3725 to express interest. Availability is limited.

Sorenson Express Mail

Printing and distributing letters to residents via Email at McLeanResident@McLeanCare.org

Sorenson Media Center & Tech Support

Tech Support open hours are Tuesday, 10am-12pm. Reach out to our Technology Engagement specialist at x3734

Simsbury Library Books at your Door

Call x3725 for more information or to sign-up!

‘Sew What’ Sewing, Mending & Tailoring

Call x3998 for more information

Salon Services

Contact x3945 for pricing and information or to book an appointment. For manicures reach out to x3943.

Carling Chapel

See our calendar for our monthly Protestant and Catholic services, rosary group and hymn singing and more!

Art Lounge

Exhibiting the works of our residents and local artists

Auxiliary Gift Shop

Hosting a variety of amenities and seasonal gifts for residents to purchase, Monday-Friday 10am-4pm

Senator’s Cafe

With snacks & beverages for purchase.
Self-Serve Kiosk

Pfirman Dining Room

Breakfast 7-9am * Lunch 12-1:30pm * Dinner 5-6:30pm

Highlighted Programs

Daily Exercise Groups

Including seated Zumba, Tai Chi, exercise bands, hand weights, Cardio Drumming and more!

Arts & Crafts

Including ceramics, McLean Paper Crafters group, Acrylic painting, knitting group, and more

Literature Lovers Book Club

Contact Laura Chandler or Marilyn Cadoff for more information

Men’s Group

Wednesdays at 10am in the Craft Room with Dane Woodberry

Travel Programs

Learn about the world during our popular Post Crossings and Tastes Around the World programs! See weekly schedule for details

Weekly Movie

Fridays at 2:00pm in the Koopman Room. Call x3734 to offer movie suggestions!

Musical Entertainment

See our calendar for dates!

Pet Visits with Toby & Rudy

Tuesdays, door to door in resident rooms

Socials & Happy Hours

See calendar for more information

Wii Bowling League

Thursday nights at 6:15



The Health Center Newsletter

An Inspired Monthly Collection of News, Updates,
and Activities for Our Residents and Their Families



Dear Families,

May 2025

McLean celebrates moms and nurses this month. On May 11 we will start the morning with Moms and Mimosas at 10:30 a.m. in the Koopman Room. All are welcome to drop in. If you would like to join your loved one for a special chef-prepared Mother’s Day luncheon, please sign up at the front desk by May 7.

At McLean we celebrate nurses all year round, but especially in May! National Nurses Week begins each year on May 6 and ends on May 12, Florence Nightingale’s birthday. Special themed events are also planned for the week of May 12-16, which is Skilled Nurses Week.

Learning from our peers:

Carlene Rhea, Vice President of Community Life, and Anne Rolfe, Administrator of the Health Center, were in Washington, D.C., in April for Leading Age’s Leadership Summit, to share with and learn from other senior living providers and policy experts. Along with the other delegates from Connecticut, they engaged face-to-face with national leaders who are helping shape the future of the senior living field. Leading Age is a community of over 5,400 nonprofit providers and other mission-driven organizations serving older adults across the United States.

We here at McLean are always still learning and growing as we continue to serve our residents best.



Anne Rolfe, DPT
Administrator of the Health Center

Ann Pavano
Director of Assisted Living and Resident Resources



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div>May 2025</div> <div>  </div> </div>	KEY AT = Atwater CC =Chapel Crossing CH = Carling Chapel CR = Craft Room CT =Carling Terrace CY = Courtyard DR =Pfirman EV =Evergreen Way GH = Greenhouse KR =Koopman Room LB = Lobby LR = Living Room PAC = Performing Arts Center QR = Quiet Room RB = Robinson ST =Skyview Terrace	Additional Services: Shopping Trips: call x3725 for more information Media Center Tech Support: Tuesdays 10-12 – Call x3734 to request an appointment Pet Therapy Visits: Tuesdays & Fridays in resident rooms Communion Visits: Starting at 9:15 on Wednesdays	Warmer weather means using our adaptive bicycles! Call x3725 to express interest or to learn more!	9:45 Morning Topics (AT) ¹ 10:15 Cardio Drumming (KR) 11:00 Brain & Body (ST) 11:00 Postcrossings (KR) 2:00 Over Easy (LR) 2:00 Rummikub (ST) 3:30 Art Journaling (ST)	² 11:00 Congregational Church Service (CH) 1:30 Chapel/ Sky. Ceramics (CR) 2:00 Movie Club (KR) 3:00 Atwater/Rob. Ceramics (CR) 5:00 <i>Tastes of the World: Australia (DR)</i>	³ 10:15 Word in a Word (KR) 11:00 Giant Crossword (ST) 2:00 BINGO! (ST)
⁴ 10:30 UNO (AT) 11:00 St. Mary's Live Stream (AT) 11:15 IN2L Trivia (ST) 2:00 Bike Rides (LB) * <i>*Weather Dependent</i>	CINCO DE MAYO ⁵ 9:45 Morning Topics (AT) 10:30 Tai Chi (KR) 10:45 McLean Paper Crafters (CR) 11:00 Committee: TBD 1:45 Food Forum (KR) 3:00 Fiesta! (KR) 3:00 BINGO! (KR) 4:00 Category Games (AT)	⁶ 9:45 Morning Topics (AT) 10:30 Seated Zumba (KR) 11:00 Tea w/ Mary Lou (RB) 1:30 Historical Topics with Ann (ST) 2:00 Jeff the Plant Guy (KR) 4:00 Finish the Phrase (AT)	⁷ 9:45 Virtual Tours (AT) 10:00 Men's Group (CR) 10:30 Workout with Weights (KR) 11:00 Word Challenge (KR) 1:15 Trivia with Judy (KR) 1:30 Photography Club (KR) 2:00 BINGO! (ST) 3:15 Karaoke (ST) 4:00 Solve the Puzzle (AT)	⁸ 9:45 Morning Topics (AT) 10:15 Chair Yoga (KR) 11:00 Brain & Body (ST) 11:00 Travel w/ Shyrel (KR) 2:00 John Brighenti (ST) 2:00 Rummikub (ST) 3:30 Art Journaling (ST)	⁹ 9:45 Current Events (AT) 10:30 Atwater/Rob. Ceramics (CR) 11:00 Episcopal Church Service (CH) 1:30 Chapel/ Sky. Ceramics (CR) 2:00 Movie Club (KR) 4:30 Wine & Dine (DR) 6:15 Wii Bowling (KR)	¹⁰ 10:15 Word in a Word (KR) 11:00 Giant Crossword (ST) 2:00 BINGO! (ST)
MOTHER'S DAY ¹¹ 10:30 Moms & Mimosas (KR) 11:00 St. Mary's Live Stream (AT) 2:00 Red & Yellow Music (LR)	NSNCW – Tapestry of Life ¹² 9:45 Morning Topics (AT) 2:00 BINGO! (ST) 3:15 Trivia (ST) 4:00 Category Games (AT) Participate in the McLean Community Quilt!	¹³ 9:45 Morning Topics (AT) 10:30 Seated Zumba (KR) 11:00 Tea w/ Mary Lou (RB) 11:30 Rosary w/ Mary & Fran (CH) 1:30 Historical Topics with Ann (ST) 2:30 Writer's Bloc (KR) 2:30 <i>Community Quilt (CR)</i> 3:45 Great Courses (KR) 4:00 Finish the Lyrics (AT)	¹⁴ 9:45 Virtual Tours (AT) 10:00 Men's Group (CR) 10:30 Exercise Bands (KR) 11:00 Patchwork Conversations (KR) 1:15 Trivia with Judy (KR) 2:00 BINGO! (ST) 3:15 Karaoke! (ST) 4:00 Giant Crossword (AT)	¹⁵ 9:45 Morning Topics (AT) 10:15 Cardio Drumming (ST) 11:00 Brain & Body (ST) 11:00 Art Appreciation: Tapestry Around the World (KR) 2:00 Chicago Joe (LR) 3:30 <i>Community Quilt (CR)</i>	¹⁶ 9:45 Current Events (AT) 10:30 Guessing Games (AT) 10:30 Atwater/Rob. Ceramics (CR) 1:30 Chapel/ Sky. Ceramics (CR) 2:00 Movie Club (KR) 5:00 <i>Kona Kitchen Pop-up (DR)</i> 6:15 Wii Bowling (KR)	¹⁷ 10:15 Word in a Word (KR) 11:00 Giant Crossword (ST) 2:00 BINGO! (ST)
¹⁸ 10:30 UNO (AT) 11:00 St. Mary's Live Stream (AT) 11:15 IN2L Trivia (ST) 2:00 A Funny Thing Happened on the Way to the Forum: Musical Revue (PAC) 2:00 Afternoon Cocktails & Art Reception (LR)	¹⁹ 9:45 Morning Topics (AT) 10:45 McLean Paper Crafters (CR) 11:00 History Club (PAC) 1:45 Resident Council (KR) 3:00 BINGO! (ST) 4:00 Category Games (AT)	²⁰ 9:45 Morning Topics (AT) 10:30 Seated Zumba (ST) 11:00 Tea w/ Mary Lou (RB) 1:30 Historical Topics with Ann (ST) 2:30 Creations with Tiffanay: Coffee Filter Flowers (CR) 3:45 Great Courses (KR) 4:00 Finish the Rhyme (AT)	²¹ 9:45 Virtual Tours (AT) 10:00 Men's Group (CR) 10:30 Fitness Ball Exercises (KR) 11:00 Word Challenge (KR) 1:15 Literature Lovers (KR) 2:00 BINGO! (ST) 3:15 Karaoke! (ST) 4:00 Solve the Puzzle (AT)	²² 9:45 Morning Topics (AT) 10:15 Chair Yoga (KR) 11:00 Brain & Body (ST) 11:00 Poetry Circle (KR) 2:00 David Eberly (LR) 2:00 Rummikub (ST) 3:00 May Birthday Mixer (KR) 6:15 Wii Bowling (KR)	²³ 9:45 Current Events (AT) 10:30 Guessing Games (AT) 10:30 Atwater/Rob. Ceramics (CR) 1:30 Chapel/ Sky. Ceramics (CR) 2:00 Movie Club (KR) 4:30 Wine & Dine (DR)	²⁴ 10:15 Word in a Word (AT) 11:00 Giant Crossword (ST) 2:00 BINGO! (KR)
²⁵ 10:00 UNO (AT) 11:00 St. Mary's Live Stream (AT) 11:15 IN2L Trivia (ST) 2:00 Bike Rides (LB)* *Weather Dependent	MEMORIAL DAY ²⁶ 10:30 Salute to our Flag (CY) 2:00 BINGO! (ST) 3:00 Memorial Day Facts (ST)	²⁷ 9:45 Morning Topics (AT) 10:30 Seated Zumba (KR) 11:00 Tea w/ Mary Lou (RB) 11:30 Rosary w/ Mary & Fran (CH) 1:30 Historical Topics with Ann (ST) 2:30 Word Games (ST) 2:30 Writer's Bloc (CR) 3:45 Great Courses (KR) 4:00 Finish the Phrase (AT)	²⁸ 9:45 Virtual Tours (AT) 10:00 Men's Group (CR) 10:30 Workout with Weights (KR) 11:00 Catholic Mass (CH) 1:15 Literature Lovers (KR) 2:00 BINGO! (ST) 3:15 Karaoke! (ST) 4:00 Giant Crossword (AT)	²⁹ 9:45 Morning Topics (AT) 10:00 Men's Group (CR) 10:30 Workout with Weights (KR) 11:00 Catholic Mass (CH) 1:15 Literature Lovers (KR) 2:00 BINGO! (ST) 3:15 Karaoke! (ST) 4:00 Solve the Puzzle (AT)	³⁰ 9:45 Current Events (AT) 10:30 Guessing Games (AT) 10:30 Atwater/Rob. Ceramics (CR) 1:30 Chapel/ Sky. Ceramics (CR) 2:00 Movie Club (KR)	³¹ 10:15 Word in a Word (KR) 11:00 Giant Crossword (ST) 2:00 BINGO! (ST)