

Village Highlights

Friday, January 10

4:00pm in the CAC: smArT Reception: "Silk Painting," by Maureen Egan, demonstrates the beauty and versatility of painting on silk.

Sunday, January 12

2:00pm in the PAC: McLean Presents: Comedian Jane Condon. The New York Times says, "Condon has the audience cackling, guffawing, and in hysterics as she slices through marriage, husband, kids, politics and other topics." Jane was the 2019 winner of the She-Devil Comedy Festival and has appeared on NBC's Last Comic Standing and the Today Show. Don't miss her clean-comedy show! Sign up in the book required.

Sunday, January 26th

2:00pm in the PAC: McLean Presents: Live music with "Airborne Trio." The concert features the upbeat rhythms and inspiring melodies of contemporary jazz and vocals. The New Haven-based trio played at McLean in 2023 and we are delighted to bring them back for an encore of their "feel-good" music. Sign up in the book required.

BOUNDLESS

Please visit the Fitness center for your free 30-minute wellness coaching. Call (860) 658-3750 to schedule your appointment.

Remember...

Presented by the McLean Environmental Action Committee

- You needn't wash your recyclables, but you must rinse them well. Food residue attracts vermin and bears!
- Most paper receipts can't be recycled because they're printed on a thermal paper containing a chemical that prevents recycling. Put register receipts into the trash.



The Airborne Trio plays McLean September 2023

The Goodrich Map/ Location/Abbreviation Key

The Goodrich		
CAC	Creative Arts Center	
CON	Conference Room	
FC	Fitness Center	
M	Massage	
GL	Goodrich Lobby	
PAC	Garmany Performing Arts Center	
Pines	Pines Restaurant	
RD	Round Dining Room	
TER	Bordonaro Terrace	
EC	Exercise Center	

The Burkholder		
BR	Burkholder Restaurant	
CR	Card Room	
GQ	Grouse & Quail	
H	Harbor Room	

The Health Center		
HR	Hartford Room	
LC	Library Connector	
RN	Reading Nook	
TR	The Refuge	
TS	Tech Suite	

McLean

The Village Newsletter

BOUNDLESS

January 2025

FROM THE DESK OF THE DIRECTOR

Happy New Year!

With the new year comes the ever-popular (and sometimes dreaded) tradition of making New Year's resolutions.

Besides the most common resolutions of exercising and eating healthier, perhaps you can try a different approach this year. How about a resolution to make a new friend, learn a new hobby, or try a new club? Our monthly calendar offers many opportunities to find others who share common interests, or to learn something new. Mexican Train or Poetry Group, anyone?

If your resolutions do involve diet and exercise... Our Boundless Wellness program offers fitness classes and education, and our dining team offers healthy options as well as opportunities to treat yourself.

I hope you will try something new this year, but most of all, I hope you have a healthy and happy 2025!



Megan Gill

Megan Gill, Director of McLean Village

January 2025

McLeanCare.org

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



**Offices Closed
Happy New Year**

1
10:00 Parkies & Friends (HR)
11:00 Hooks N Needles (GL)
1:00 Scrabble (CR)
2:00 Poetry Group (CON)

2
3
1:00 Movie: "The African Queen" (PAC)
1:00 Mahjong (G&Q)

4
1:00 Hand & Foot Card Game (GL Balcony)
3:00 Easy Listening with Bill (PAC)



5
7:00 Poker at the Round Tables (GL) **6**

10:30 Pinochle Card Game (CR) **7**
1:00 Mexican Train (CR)

10:00-12:00 Village Gift Shop (G&Q) **8**
1:00 Campus Update (PAC & Virtual)
2:30 Great Courses (HR)
4:00 Happy Hour (G&Q)

11:00 Hooks N Needles (GL) **9**
11:00 Conversations w/Lyn (HR)
3:30 Tech Group (TS)

10
9:00 On Site Dermatology (HC) by appt only
9:30 Ladies Coffee (RD)
10:00 Dementia Caregiver Support with Ann (CON)
11:00 Memoir Writing Group (CAC)
1:00 Movie: "Calendar Girls" (PAC)
1:00 Mahjong (G&Q)
4:00 smART Reception (CAC)

11
1:00 Hand & Foot Card Game (GL Balcony)
3:00 Easy Listening with Bill (PAC)

12
2:00 McLean Presents: Comedian **Jane Condon (PAC)**
Sign up required

11:00 Catholic Mass (Carling) **13**
1:30 Bean Bag Toss (HR)
7:00 Poker at the Round Tables (GL)

10:00 "Sew SmArt" (CON) **14**
10:30 Pinochle Card Game (CR)
4:45-6:45 Drop-In Tech Help with Patty (GL)

10:00-12:00 Village Gift Shop (G&Q) **15**
1:00 Campus Update (PAC & Virtual)
1:30 Dining Forum
2:30 Great Courses (HR)
4:00 Happy Hour (G&Q)

11:00 Hooks N Needles (GL) **16**
1:00 Scrabble (CR)
2:00 Poetry Group (CON)

17
11:00 Book Group
1:00 Movie: "White Fang" (PAC)
1:00 Mahjong (G&Q)

18
1:00 Hand & Foot Card Game (GL Balcony)
3:00 Easy Listening with Bill (PAC)



19
11:00 History Group (PAC) **20**
1:30 Podiatrist by appt. only
7:00 Poker at the Round Tables (GL)

10:30 Pinochle Card Game (CR) **21**
1:00 Mexican Train (CR)

10:00-12:00 Village Gift Shop (G&Q) **22**
1:00 Campus Update (PAC & Virtual)
2:30 Great Courses (HR)
4:00 Happy Hour (G&Q)

11:00 Hooks N Needles (GL) **23**
2:15-3:45pm Drop in Hours with Ann (CON)
3:30 Tech Group (TS)

24
9:30 Men's Coffee (RD)
10:00-11:15 Dementia Caregiver Support with Ann (CON)
11:00 Memoir Writing Group (CAC)
1:00 Movie: "Hidden Figures" (PAC)
1:00 Mahjong (G&Q)

25
1:00 Hand & Foot Card Game (GL Balcony)
3:00 Easy Listening with Bill (PAC)

26
2:00 McLean Presents: Live Music with "Airborne Trio" (PAC)
Sign up required.

1:30 Molky (HR) **27**
7:00 Poker at the Round Tables (GL)

10:00 "Sew SmArt" (CON) **28**
10:30 Pinochle Card Game (CR)
4:45-6:45 Drop-In Tech Help with Patty (GL)

10:00-12:00 Village Gift Shop (G&Q) **29**
1:00 Campus Update (PAC & Virtual)
1:30 Podiatrist by appt. only
2:30 Great Courses (HR)
4:00 Happy Hour (G&Q)

11:00 Hooks N Needles (GL) **30**

31
1:00 Movie: "Brooklyn" (PAC)
1:00 Mahjong (G&Q)

**Village Events Hotline
860-658-3939**
(Please Call for Daily Updates and Activities)

Campus Update
Wednesdays
1:00 (PAC/Virtual)