Village Highlights

Thursday, December 5

11:00am in the PAC. The Simsbury Senior Center presents "The Intonations." a holiday concert.

Monday, December 9

2:00pm in the Grouse and Quail.
Teaching Kitchen Presented by
registered dietitian, Stella Leone. This
month's topic is: "Power up you day:
Smart Breakfast and Lunch Choices."

Sunday, December 15

2:00pm in the PAC. McLean Presents: "A Holiday Variety Show" directed by Michael Yachanin. Special guests the McLean Music Makers. Sign up in the book required.

Wednesday, December 18

4:00pm in the PAC: The Village Resident Holiday Celebration. Sign up in the book required.

Sunday, December 29

2:00pm in the PAC: McLean Presents "It's a Wonderful Life Live Radio Play" brought to you by Herstory Theater.
Come and enjoy this holiday classic as it's presented in the style of old-time radio theater! Sign up in the book required.

Did You Know...

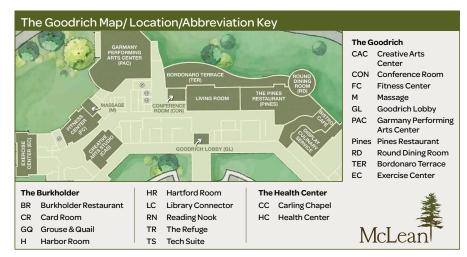
Presented by the McLean Environmental Action Committee

- Microplastics have been found in human organs and in the air we breathe?
- Because of its "recyclability," nearly 75% of all aluminum ever produced is still in use?
- Styrofoam is not recyclable, even if it's marked as such? UPS no longer accepts packing peanuts.

Gardening Enthusiasts

McLean plans to construct raised garden beds for resident use, but what we do depends on resident interest. If you would like to be a gardener or just help to plan the project, please speak to or contact Ruth Kahn. kahnrj@sbcglobal.net.









The Village Newsletter

BOUNDLESS

December 2024

FROM THE DESK OF THE DIRECTOR

December is a month filled with celebrations. Of the many exclamations of joy and happiness we say to each other during the holidays, the spirit is the same: **Goodwill to All.**

The McLean team and I wish you sweet moments, fond memories, and new experiences this holiday season!

This year Hanukkah begins on December 25th and lasts for 8 days. Celebrating Hanukkah honors the miraculous events of the past, and reminds us of the miracles in our world each and every day. Wishing someone a "Happy Hanukkah" has a beautiful meaning, as it celebrates a time for awe and reverence to the miracles our lives.

Christmas is celebrated on December 25th. The name is a joining of "Christ" and "mass" which means the holy mass (supper, celebration, or festival) of Christ. Christmas is a time to celebrate lessons that are universal and proclaim the power of love, kindness, peace, and oneness.

Wishing someone a "Merry Christmas" has a great meaning of respect for the past, love for the present, and hope for the future.

Kwanzaa begins on December 26 and lasts for seven days. It is a celebration of community, family and culture, established as a means to help African Americans reconnect with their African roots and heritage.

And the list goes on... Most cultures celebrate together in December. What unites all people is the spirit of what is known as the holiday season. The season is a time for spirituality, hope, and finding joy with our loved ones, wherever they may be on life's path.

Season's Greetings of happiness, merriment, and joyfulness to everyone. Be well!

Megan Gill

Megan Gill, Director of McLean Village



			moer 2	2024		McLeanCare.org
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	7:00 Poker at the Round Tables 2 (GL)	1:00 Mexican Train (CR) 2:00 Music Makers (PAC) 4:45-6:45 Drop-in Hours with Patty (GL)	10:00-12:00 Village Gift Shop (GQ) 1:00 Campus Update (PAC & Virtual) 2:30 Great Courses (HR) 4:00 Holiday Happy Hour with Marketing featuring the McLean Music Makers (GL)	9:45 Parkies & Friends (HR) 11:00 Hooks N Needles (GL) 11:00 "The Intonations" Holiday Concert (PAC) 1:00 Scrabble (CR) 2:00 Poetry Group (CON)	10:00-4:00 McLean Auxiliary sponsored Craft Show & Bake Sale (Health Center Lobby) 1:00 Movie: "The Holdovers" (PAC) 1:00 Mahjong (G&Q) 4:00 smART Reception (CAC)	1:00 Hand & Foot Card Game (GL Balcony) 2:00 Farmington Valley Chorale Holiday Celebration. The Barn, West Simsbury. See Ed Kloehn for tickets. Sign up required for van transportation. Van departs at 1:30pm 3:00 Easy Listening with Bill (PAC)
8	11:00 Catholic Mass (Carling) 1:30 Bean Bag Toss (HR) 2:00 "Power Up Your Day: Smart Breakfast and Lunch Choices" Teaching Kitchen with Stella Leone 7:00 Poker at the Round Tables (GL)	10:00 "Sew Smart" (CON) 2:00 Music Makers (PAC)	10:00 – 12:00 Village Gift Shop (GQ) 1 1:00 Campus Update (PAC & Virtual) 2:30 Great Courses (HR) 4:00 Happy Hour (G&Q)	11:00 Hooks N Needles (GL) 11:00 Conversations w/Lyn (HR) 3:30 Tech Group with Patty (HR)	9:30 Ladies' Coffee (RD) 10-11:15 Dementia Caregiver Support with Ann (CON) 11:00 Memoir Writing Group (CAC) 1:00 Movie: "Miracle on 34th Street" (PAC) 1:00 Mahjong (G&Q)	1:00 Hand & Foot Card Game (GL Balcony) 3:00 Easy Listening with Bill (PAC)
2:00 2:00 McLean Presents "Holiday Variety Show" directed by Michael Yachanin (PAC) Sign up required	11:00 History Group (PAC) 1:30 Podiatrist by appt. only 7:00 Poker at the Round Tables (GL)	1:00 Mexican Train (CR) 2:00 Music Makers (Q&G) 4:45-6:45 Drop-in Hours with Patty (GL)	10:00 – 12:00 Village Gift Shop (GQ) 18 2:30 Great Courses (HR) 4:00 Village Resident Holiday Celebration (rsvp required)	11:00 Hooks N Needles (GL) 1:00 Scrabble (CR) 2:00 Poetry Group (CON)	11:00 Book Group (HR) 1:00 Movie:" A Christmas Carol" PAC) 1:00 Mahjong (G&Q)	1:00 Hand & Foot Card Game (GL Balcony) 3:00 Easy Listening with Bill (PAC)
22	1:30 Molkky (HR) 1:30 Podiatrist by appt. only 7:00 Poker at the Round Tables (GL)	10:00 "Sew SmArt" (CON) 24	Offices Closed Merry Christmas Happy Hanukkah	11:00 Hooks N Needles (GL) 26 2:15-345 Drop-in Hours with Ann (CON)	9:30 Men's Coffee (RD) 10:00-11:15 Dementia Caregiver Support with Ann (CON) 11:00 Memoir Writing Group (CAC) 1:00 Movie:" A Boy Called Christmas" 1:00 Mahjong (G&Q)	1:00 Hand & Foot Card Game (GL Balcony) 28 3:00 Easy Listening with Bill (PAC)
2:00 "It's a Wonderful Life: Live Radio Play" presented by: Herstory Theater (PAC) Sign up required	7:00 Poker at the Round Tables 30 (GL)	10:00 Sew smART (CON) 2:00 Music Makers (PAC)				Village Events Hotline 860-658-3939 (Please Call for Daily Updates and Activities) Campus Update Wednesdays 1:00 (PAC/Virtual)