

Services & Amenities

Highlighted Programs

Eucharistic Minister Visits

Offering holy communion starting at 9:15am Wednesday morning in resident rooms

Outings

Shuttle services to the Goodrich Performing Arts Center, and to nearby shopping locales. Please contact x3725 to express interest. Availability is limited.

Adaptive Bikes

Contact x3725 if you are interested in a ride on one of our adaptive bikes!

Sorenson Express Mail

Printing and distributing letters to residents via Email at McLeanResident@McLeanCare.org

Simsbury Library Books at your Door

Call x3725 for more information or to sign-up!

Pet Visits with Toby & Rudy

Tuesdays, door to door in resident rooms

'Sew What' Sewing, Mending & Tailoring

Call x3998 for more information

Salon Services

Contact x3945 for pricing and information or to book an appointment

Carling Chapel

See our calendar for our monthly Protestant and Catholic services, rosary group, hymn singing and more!

Art Lounge

Exhibiting the works of our residents and local artists

Auxiliary Gift Shop

Offering a variety of amenities and seasonal gifts for purchase, Monday-Friday 10am-4pm

Senator's Cafe

With snacks & beverages for purchase, Monday-Friday 8am-2pm

Pfirman Dining Room

Breakfast 7-9am * Lunch 12-1:30pm * Dinner 5-6:30pm

Summer Cookouts

Starting the Friday before Memorial day, cookouts will be hosted in our courtyard for each neighborhood monthly

Morning Coffee and Conversation

Monday- Friday at 9am in the Koopman Room for all Day Program and Health Center patrons

Daily Exercise Groups

Including seated Zumba, Tai Chi, exercise bands, hand weights, Cardio Drumming and more!

Arts & Crafts

Including ceramics, McLean Paper Crafters group, Acrylic painting and more

Knit-Wit Club

Join our weekly knitting group, Saturday afternoons in the Koopman Room.

Literature Lovers Book Club

Contact Laura Chandler or Marilyn Cadoff for more information

Men's Group

Wednesdays at 10am in the Craft Room with Dane Woodberry

Music Therapy with Maggie

Rotates throughout the Health Center neighborhoods, Thursdays at 3:30pm

Travel Programs

Learn about the world during our popular Post Crossings and Tastes Around the World programs! See weekly schedule for details

Gardening Group

Wednesdays before Bingo in the greenhouse. See schedule for details.

Educational Programs

See our schedule to find out about our Great Courses series, documentary hour, poetry circle, technology classes, Art Appreciation lectures, trivia groups, history club, and more!

Weekly Movie

Fridays at 2:30pm in the Koopman Room. Call x3725 to offer movie suggestions!

Musical Entertainment

At 2pm in the Living Room – See our calendar for dates!

McLean



The Health Center Newsletter

An Inspired Monthly Collection of News, Updates, and Activities for Our Residents and Their Families

Dear Families,

May 2024

McLean celebrates our nurses this month!

National Nurses Week begins each year on May 6th and ends on May 12th, Florence Nightingale's birthday. Please take a moment to celebrate the skilled and dedicated nurses who serve our residents every day. We are so lucky to have the best team of nurses – they are our compassionate and committed super heroes.



May is also the month that we celebrate mothers. Come enjoy a Moms and Mimosas social in the Koopman before the Mother's Day luncheon in the Pfirman dining room. Reservations for the Mother's Day luncheon can be made at the front information desk in the lobby.

As our weather warms up, please take some time with your loved one to enjoy our beautiful courtyard. And don't miss all the events our Life Enrichment team has planned for National Skilled Nursing Care Week (May 12th-18th), including a senior prom night, art show, and celebrity look-alike contest.

Anne Rolfe, DPT
Administrator of the Health Center


Ann Pavano
Director of Assisted Living and Resident Resources

McLean



May 2024

For more information contact Bridget Finney, Director of Life Enrichment at x3725, or the Front Desk at x3700

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Skilled Nursing Care Week May 12-18th Radiant Memories: A Tribute to the Golden Age of Radio		KEY AT= Atwater CC=Chapel Crossing CH= Carling Chapel CR= Craft Room CT=Carling Terrace CY= Courtyard DR =Pfirman EV=Evergreen Way GH = Greenhouse KR =Koopman Room LR= Living Room PAC= Perf. Arts Center QR = Quiet Room RB = Robinson ST =Skyview Terrace	¹ 10:00 Men's Group (CR) 10:30 Fitness Ball Exercises (KR) 11:00 Wednesday Word Game (KR) 1:15 Trivia with Judy (KR) 2:00 Bingo with Laura (ST)	² 10:30 Hymn Singing (LR) 2:00 Blaise (LR) 3:00 Internet Security Lecture (KR) 3:30 Music visits w/ Maggie (CC/EV) 3:30 Jewelry Making (AT)	³ 11:00 Protestant Service (CH) 1:00 Chapel/Skyview Ceramics (CR) 1:30 Scrabble Club (KR) 2:00 Movie Matinee (KR) 3:00 Atwater/Robinson Ceramics (CR)	⁴ 10:30 Scattagories (AT) 11:30 Giant Crossword (ST) 2:00 Bingo with Tiffanay (KR) 2:00 Ballet Hartford (PAC) 3:30 Knit-Wit Club (RB)
CINCO DE MAYO ⁵ 10:30 Hatchet Toss (KR) 11:00 Virtual Mass (RB/AT) 2:00 Jack Busman (LR) 3:15 Documentary: History of Cinco De Mayo (KR)	⁶ 10:30 Tai Chi with Terry (KR) 11:00 McLean Paper Crafters (KR) 2:00 Bingo with Tiffanay (ST) 3:30 Great Courses (KR)	⁷ 10:30 Music & Movement (KR) 11:00 Manicures by Tiffanay (AT) 11:30 Rosary (CH) 1:15 Travel w/ Shyrel (KR) 1:30 Historical Topics with Ann (ST) 2:00 Jeff the Plant Guy (LR)	⁸ 10:00 Men's Group (CR) 10:30 Exercise Bands (KR) 11:00 Wednesday Word Game (KR) 1:15 Trivia with Judy (KR) 1:15 Gardening Club (GH) 2:00 Bingo with Laura (ST) 3:30 Tech Time (MC)	⁹ 11:00 Post Crossings (KR) 11:00 Brain Booster Games (ST) 2:00 Chicago Joe (LR) 3:00 May Birthday Happy Hour (KR) 3:30 Music with Maggie (ST)	¹⁰ 10:30 Baking Group (KR) 1:00 Chapel/Skyview Ceramics (CR) 1:30 Jeopardy! (KR) 2:00 Movie Matinee (KR) 3:00 Atwater/Robinson Ceramics (CR)	¹¹ 10:30 Word in a Word (AT) 11:30 Giant Crossword (ST) 2:00 Bingo with Laura (KR) 3:30 Puzzle Table (CC)
MOTHER'S DAY ¹² 10:30 Moms & Mimosas (KR) 12:00 Mother's Day Luncheon* 11:00 Virtual Mass (RB/AT) 2:00 Jayna Wellman (LR) *RSVP to front desk	¹³ NSNCW: MAY 12-18th Call-in Radio Trivia Contest All week on Channel 5 10:30 Tai Chi with Terry (KR) 11:00 Story Corp Interviews (KR) 2:00 Food Forum (KR) 3:00 Bingo with Tiffanay (KR)	¹⁴ Song Dedications for Prom: Front Lobby 10am-2pm 10:30 Radio Jingle Trivia (KR) 11:30 Rosary w/ Fran & Mary (CH) 1:30 Historical Topics with Ann (ST) 2pm-4pm Senior Prom: DJ & Photobooth	¹⁵ 10:00 Men's Group (CR) 10:30 Radio Show Live! (KR) 1:15 Trivia with Judy (KR) 2:00 Bingo with Laura (ST) 3:pm-5pm Radiant Memories Art Show (CY)* *Weather Permitting	¹⁶ Sweet Memories Goodie Bags All Day in Lobby 10:30 Hymn Singing (LR) 2:00 Musical Memories with Bob Hennessy (LR) 3:00 Look-Alike Contest! (LR) 3:30 Music visits w/ Maggie (CC/EV) 3:30 Jewelry Making (KR)	¹⁷ 11:00 Catholic Mass (CH) 11:00 Radio Personalities (KR) 1:00 Chapel/Skyview Ceramics (CR) 1:30 Literature Lovers (KR) 2:00 Movie Matinee: Radio Days (KR) 3:00 Atwater/Robinson Ceramics (CR)	¹⁸ 10:30 Scattagories (AT) 11:30 Giant Crossword (ST) 2:00 Bingo with Tiffanay (KR) 3:30 Knit-Wit Club (RB)
¹⁹ 10:30 Morning Stretches (KR) 11:00 Virtual Mass (RB/AT) 2:00 Red & Yellow Music (LR) 2:00 Music Man Musical Revue (PAC) 3:15 Documentary Hour (KR)	²⁰ 10:30 Tai Chi with Terry (KR) 11:00 History Club: Revolutionary War (PAC) 11:00 McLean Paper Crafters (KR) 2:00 Resident Council (KR) 3:00 Bingo with Tiffanay (KR)	²¹ 10:30 Music & Movement (KR) 11:00 Manicures by Tiffanay (AT) 11:30 Rosary (CH) 1:15 Travel w/ Shyrel (KR) 1:30 Historical Topics with Ann (ST) 2:30 Create & Sip (CR)	²² 10:00 Men's Group (CR) 10:30 Cardio Drumming (KR) 11:00 Wednesday Word Game (KR) 1:15 Gardening Club (GH) 1:15 Trivia with Judy (KR) 2:00 Bingo with Laura (ST)	²³ 11:00 Art Appreciation (KR) 11:00 Brain Booster Games (ST) 2:00 David Eberly (LR) 3:00 Sorenson Open House (MC) 3:30 Music with Maggie (AT)	²⁴ 10:30 Baking Group (KR) 12:00 Memorial Day Cookout (CY)* 1:00 Chapel/Skyview Ceramics (CR) 1:30 Active Games (KR) 2:00 Movie Matinee (KR) 3:00 Atwater/Robinson Ceramics (CR) *RSVP to Front Desk	²⁵ 10:30 Piggy Bankers (AT) 11:30 Giant Crossword (ST) 2:00 Bingo with Shyrel (KR) 3:30 Puzzle Table (CC)
²⁶ 10:30 Indoor Yard Games (KR) 11:00 Virtual Mass (RB/AT) 3:15 Documentary Hour (KR)	²⁷ MEMORIAL DAY 10:30 Tai Chi with Terry (KR) 11:00 Memorial Day Observance (KR) 3:00 Bingo with Tiffanay (ST) 3:30 Great Courses (KR)	²⁸ 10:30 Music & Movement (LR) 11:30 Rosary w/ Fran & Mary (CH) 1:30 Historical Topics with Ann (ST) 2:30 Create & Sip (CR)	²⁹ 10:00 Men's Group (CR) 10:30 Fitness Ball Exercises (KR) 11:00 Wednesday Word Game (KR) 1:15 Trivia with Judy (KR) 2:00 Bingo with Laura (ST)	³⁰ 10:30 Hymn Singing (LR) 11:00 Poetry Circle (KR) 2:00 Visit with Gilbert the Pig (LR) 3:30 Music visits w/ Maggie (CC/EV) 3:30 Jewelry Making (CC)	³¹ 10:30 Baking Group (KR) 1:00 Chapel/Skyview Ceramics (CR) 1:30 Board Games (KR) 2:00 Movie Matinee (KR) 3:00 Atwater/Robinson Ceramics (CR)	Please see our Weekly Schedule for program changes! 