

Annual Impact
Report
Jan 1 – Dec 31, 2023

Circle of Care

Your gift supports those who give care and those who receive it.



OUR MISSION

We enrich the lives of seniors, their families, and the community by providing exceptional residential living, healthcare, wellness, and supportive resources.



Dear Friends,

Each day unfolds with new opportunities at McLean to heal, to connect, to collaborate with our community, to create solutions for the challenges we face, and to express our gratitude for each person in our circle of care. Residents, patients, families, staff, volunteers, and generous supporters are an impactful, mighty team. Each of you is a champion for our work at the Health Center, the Village, the Game Refuge, and in our community.

This report celebrates all the generous donors and volunteers who are partners in our mission. It showcases the positive impact you have had on the lives of so many and will give you a glimpse of our staff's devotion to their work and the people we serve.

This past year, McLean received an extraordinary gift from the estate of Patricia B. Gorman, one of the largest donations in our history. This visionary contribution, and every gift in this report, inspires our team and bolsters our mission.

The impact of Senator McLean's philanthropy is thriving and growing, and I am looking ahead with great optimism to the innovations we will make for the benefit of those entrusted to our care. Thank you for choosing to support McLean – the good keeps growing.

Lisa Clark

President, McLean

Donors responded to our call for support, donating over \$2,700 to help with the cost of repairing the roof on Spring Pond cabin.

IT'S BEEN A DYNAMIC YEAR IN THE 4,415 ACRES OF THE GAME REFUGE.

In April, we initiated a long-anticipated wildlife habitat project in the Schiro Preserve section of the Game Refuge. We thinned eight acres of the tree canopy to allow for a new cohort of tree saplings to grow. At an adjacent meadow, we have systematically ceased mowing so that different ages of brush will colonize the field. Combined, these two areas offer 20 acres of brushy forest and shrubland, which is a critical, and previously absent, habitat type at the Game Refuge. We hope this will attract bird species of concern in Connecticut, such as brown thrashers, ruffed grouse, and American kestrels. Already we have found eastern hognose snakes, eastern box turtles, and American woodcock taking advantage of the novel landscape.

From these forest operations, we used tree tops and deformed tree trunks to construct a 10-foot-tall “slash wall” barrier around four acres to exclude white-tailed deer. The Connecticut Agricultural Experiment Station (CAES) established research plots inside and outside the barrier to determine whether slash walls are effective at saving trees from the intense browsing by hungry deer – a serious problem throughout Connecticut.

Nature was also busy exerting significant influence on our forests and trails. In April, a wildfire of unconfirmed origin ignited in the floodplain forest below the headquarters, along the West Branch of the Salmon Brook. Dozens of first responders from around the Farmington Valley quickly extinguished the flames before they consumed much more than an acre. Insects and droughts over the decade have led to weak and dead trees in the Game Refuge, and the torrential rains of this year's El Niño brought hundreds of them to the forest floor. Our Forest Rangers cleared 253 large fallen trees from trails, roads, and meadows – nearly twice the average.

In spite of these challenges, we are optimistic about the resiliency of our forests and trails.

- In the winter, staff discovered a previously unknown ancient stand of oak, birch, maple, and pine trees dating to the late 1700s.
- In the spring, they worked again with the CAES to release 2,000 beetles that exclusively prey upon the invasive hemlock woolly adelgid insects that have been devastating eastern hemlock trees across the eastern U.S.
- In the summer, they discovered a unique birch tree hybrid, known as a Sandberg's birch, which has never before been documented in Connecticut and whose parent species are a paper birch and bog birch (a threatened species).
- Throughout the year, Game Refuge staff and conservation partners documented 154 new species, including the federally protected golden eagle and surprisingly rare Connecticut warbler.

Our work at the McLean Game Refuge is sustained by a generous community of donors, and we are endlessly grateful for their dedicated support.

The Patricia B. Gorman Memorial Fund



In 2023, Patricia B. Gorman honored McLean with a \$1,750,000 bequest to establish the Patricia B. Gorman Memorial Fund. This transformational endowment gift will sustain McLean's Memory Care program in perpetuity. Patricia's gift is the embodiment of true philanthropy, as her generosity will provide care and support for others.

Ms. Gorman (1932-2023) of Avon, Connecticut, began supporting McLean in 2001 with steadily increasing annual gifts. Over the years she designated her generous gifts for various programs at McLean, such as the Adult Day Program, Home Care, Dementia Care, and Hospice. Her love and respect for McLean ran deeply. While Ms. Gorman herself was not a resident here, she had never married and was reassured to know that McLean would be there for her and her brother David if they ever needed care.

The first priority of the Patricia B. Gorman Memorial Fund is to provide Adult Day services on campus for individuals with memory disorders. The Fund will provide Day Program tuition and respite care for those with financial need; support our Memory Care Volunteer Program and our Care Consulting Program; and provide relief for individuals and their caregivers. We are grateful for Ms. Gorman's foresight in creating this perpetual, permanently restricted fund to benefit our Memory Care population and initiatives.



The Senator McLean Legacy Society

Legacy gifts are made by individuals who put McLean in their will or make McLean a beneficiary of their trust. We are grateful to our McLean Legacy Society donors and gratefully acknowledge their generosity and compassionate foresight. The members of the Senator McLean Legacy Society are:

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generosity

Richard P. Garmany Fund at the Hartford Foundation for Public Giving

McLean Presents!

A generous grant from the Richard P. Garmany Fund at the Hartford Foundation for Public Giving enabled McLean to bring in talented performers to the Garmany Performing Arts Center for the benefit of our residents and the greater community. We hosted nine performances in 2023, enjoyed by over 800 McLean residents and guests.

Endowed Funds and Trusts

Endowment gifts and trusts from generous, visionary donors enable McLean to provide for future generations.

Jean Berg Fund for Reminiscing
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Ostrom and Alice T. Enders Home Care Fund
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Scholarship Funds

Staff benefit from scholarships which further their health care education. Our thanks to the following donors for enabling us to continue to learn and provide the very best care for our residents.

The Maureen M. Ellis Scholarship Fund for Nursing Education
The John C. Heminway Fund for Education
The McLean Auxiliary Scholarship
The Roy Family Fund for Education

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the
ripple effect



MARY G. DONAHUE (1940-2021) served as a registered nurse for over 35 years; her career included roles as a clinical nurse, a nursing instructor for nurse aides, and an administrator. She believed in always keeping patients' needs at the center of her day and mentored others to do the same. Her ripple effect cannot be counted.

Following her career in nursing, while she was a long-term resident at McLean, she continued teaching the importance of compassionate excellence in patient care through her interactions with nursing students. Her family remarked that "McLean nurses and staff became her second family to whom we are eternally grateful."

To honor their mother, her four children helped to fund a new welcoming entrance to the Carling Chapel and a peaceful outdoor setting for reflection. We are very grateful for their generosity and vision for this special place at McLean.

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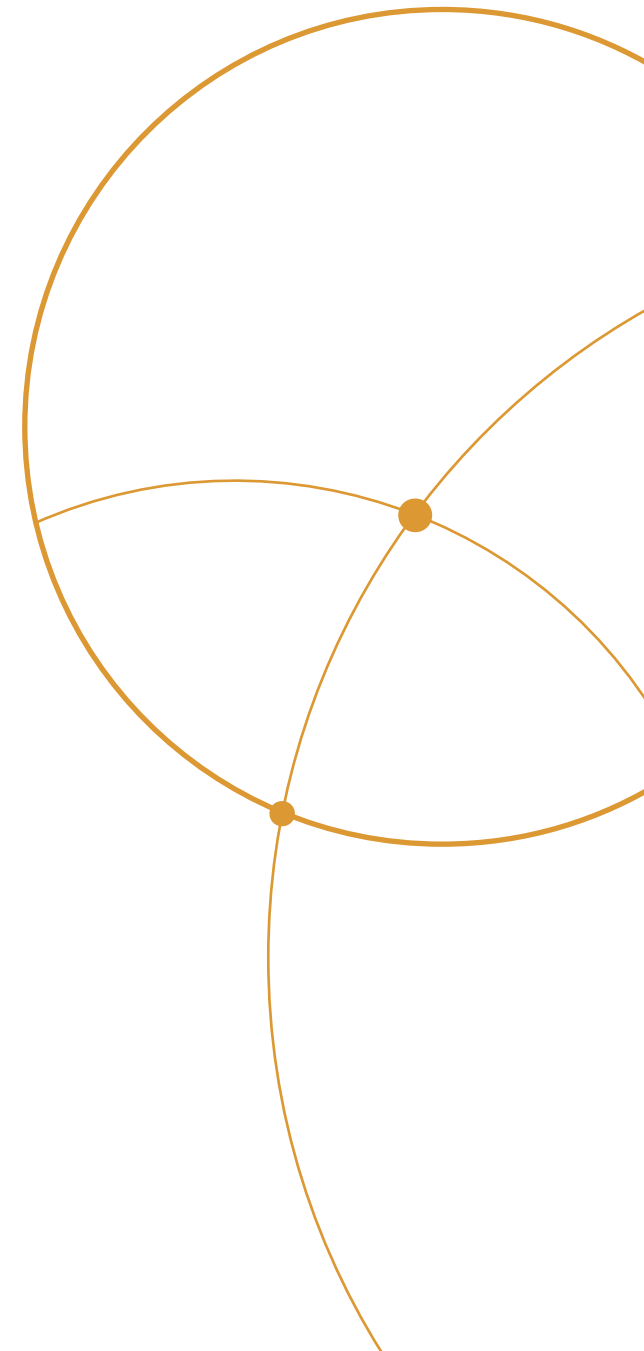
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Elmer Vincent

Timothy Vincent

Joanna Q. Vincent

Timothy Vincent

JoAnn Walker

John Delphia & Patti Tyler
Robert and Carol Lindberg

Jacqueline Weil

Mary Lou Cobb

Lorraine Whitehead

Audrey Lawrence-Poletti
Lawrence Rifkin

Marilyn Wilson

Cynthia Bohan

Mary S. Wilson

John and Penelope Wilson

Mary M. Wiseman

Jan DeDominicis
Marilyn Lindsay
Florence Owens
Gail Sheflott

William J. Young

Patricia VanInwagen

Muriel and William Zeldis

Carolyn Flammey

Meals on Wheels

There are currently 66 volunteers in the Meals on Wheels program. In 2023, they delivered 11,708 meals to over 100 residents in Avon, Canton, East Granby, Granby, and Simsbury. Meals are subsidized by McLean and generous donors, and no one is ever denied service because of the inability to pay. This program at McLean has been serving our community since 1978.

"I am so grateful for our volunteers who take time out of their day to deliver meals to our clients. For most of the clients, our volunteers are the only people they see on a daily basis. Many have been volunteering for years and know the clients very well. On one occasion, a volunteer noticed that the client didn't meet them at the door like he had each morning. Being concerned, the volunteer opened the door and found the client on the floor and called 911. He waited until the ambulance arrived and called the Meals on Wheels office to alert us and we were able to notify the client's son. This level of care for others is inspiring."

-Karen Shaw, Meals on Wheels Coordinator





loving care

Hospice Program

“McLean was one of the best organizations I have ever worked with, especially during such an emotionally unstable time for my sisters and me. The hospice team showed a tremendous amount of compassion and loving care. They were extremely knowledgeable, educating us through the process and stages of death.”

“I was warned that my father was transitioning which gave me time to jump into the car and drive the 90 miles to see him for the last time. I was able to call his children, niece, and grandchildren on the phone so that he could hear them one last time. He was uncommunicative, but he knew I was with him, holding his hand, keeping him company, listening to his beloved children, loving him until the end.”

“It has been over a year since my dad passed, but a day doesn’t go by where I do not think of him. It is the memories of McLean’s wonderful, angelic hospice team that did absolutely everything they could to make our whole family feel safe, special, and cared for.”

– Linda Silverman, daughter of hospice patient

“My expectations were high and they were all met... McLean is a supportive, loving community... it’s a ‘heart thing.’”

– Dane Woodberry, spouse of hospice patient

Gifts in Honor of

Sally Albrecht

David Drumm

Bobby and Sandra Duffey’s

70th Anniversary

Deborah Carey

Kris Fallon

Charles and Elizabeth Tobin

Megan A. Gill

Rick Herbek

Jean B. Hafner

Robert and Jean Hafner

Ken Lapent

Bill McKone

Tim Lyons

Douglas and Betty Maus

McLean Independent Living Staff

Ray and Barbara Andrews

Bill and Bette Ballentine

Camille Festa

Edward Kloehn

Patricia Muro

Joseph and Alicia Schmitt

Carolyn Suffern

Charles and Elizabeth Tobin

McLean Staff

Rick Herbek

Miriam McWilliams

Judith Fitzgerald

Robert Martin, MD

Carl Igelbrink

Thomas Roy

Jim, Debbie, Terry, Kerry and

Allie O’Mara and Craig Pantano

Jane E. Stevenson

Peter and Judy Goff

Helene Sweeney

Ralph and Jeanne Droste

Gifts in Kind

Edmund Bacon

David J. Bordonaro

David C. Caldeira

John Carmon

Andrea Civitella

Lisa Clark

Bill Clegg

Mary Lou Cobb

Kenneth E. Doyle

Katie French

Leigh Gammie

Michele Gerardi

Willard and Vivian Gombert

Janice C. Gothers

Robert S. Hensley

Denis Horrigan

Michael Kahn

Christine M. Kopyt

Susanne H. Lanza

Sandra H. Lipscomb

Virginia McDaniel

Mark Murnane

John Pappalardo

Harriet Plumley

Joe Shiman

Alison and Wiley Swain

Cynthia Thomas

Karl Witter

@rjgflowers

Battiston’s of Avon

Big Sky

Cape Cod Fence Company

Central School

CV Custom Creations

Farley Mac’s

Farmington Miniature Golf

and Ice Cream Parlor

Farmington Valley YMCA

First Church, Hartland

Fitness Together

Flamig Farm, Inc.

Granby Auto Wash

Hop Meadow Country Club, Inc.

Lake Waramaug Country Club

Latimer Lane School, Mrs.

Moumoulidis’s 3rd Grade Class

Madison Country Club

Maher’s Paint & Wallpaper, LLC

Matterhorn Mini Golf

Metro Bis and Metro Express

Mystic Seaport Museum, Inc.

Necker’s Toyland

Neptune Cremation Service

New England Air Museum

Patrol #1175

Pine Orchard Country Club

Rabbett Insurance Agency

Saybrook Fish House

Ski Sundown

Squadron Line School, Children’s

Academy Preschool

Squadron Line School,

Ms. Scudder’s 4th Grade Class

St. Mary’s Church Faith Formation

K-6

Super Cellar Warehouse Liquors

of Avon

The Master’s School

TheaterWorks

Thomas Hooker Brewing

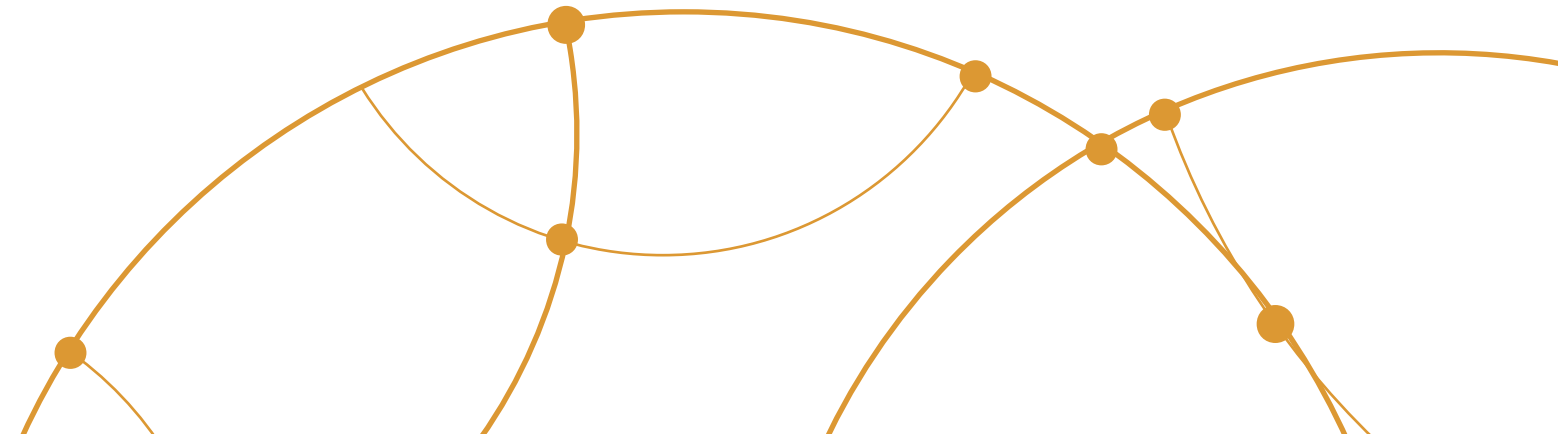
Valley Home and Garden Centre

Wadsworth Atheneum

West Hartford United Methodist

Church

Wethersfield Country Club



Sorenson Media Center

The Sorenson Media Center provided technology support and devices for over 200 residents in 2023. Established and supported by the Sorenson family, the Media Center provides access and connections across platforms and abilities for residents throughout our continuum. In addition to providing “mail service” to bring residents emails sent by friends and family, the Media Center oversaw multiple initiatives to use technology to enhance residents’ lives:

- Created **1:1 activities** through the use of technology to keep bedbound residents engaged and connected - for example, through digital painting experiences where residents created digital masterpieces, which were printed and framed for their rooms and common areas.
- Provided **volunteer opportunities** for local high school students to create manuals to assist in teaching residents how to use various technology.
- Created a portable **library and media cart** to bring technology to residents’ rooms.
- Provided **new computers** in the Watson Library and the Burkholder Library for resident use.
- To aid residents with low vision, provided a **screen reader** in the Watson Library and **magnifying lamp lights** at the Chapel Crossing puzzle table and the Burkholder Library.
- Provided Amazon Firesticks, Google TV, Roku, and digital apps such as Netflix to provide residents with **more media access**.
- Together with Simsbury High School students, offered **technology help appointments** to Independent Living residents.

Community Impact

- **\$2,795,063** in Skilled Nursing care for 32 residents
- **\$ 20,860** committed to cottage rental subsidies
- **Tesone House** hospice cottage is available free of charge for families of residents, so they can be close by during the final days for their loved ones
- Donations to the **Simsbury Volunteer Fire Company and Simsbury Police Department**
- **Meals on Wheels** paid in full for a community member for six months; other clients’ meals subsidized by the Hartford Foundation for Public Giving
- Walkers, chairs, and shower chairs donated to **Orphan Grain Train**
- **McLean Presents** performance series, free and open to the public, made possible by the Richard P. Garmany Fund at Hartford Foundation for Public Giving
- Funds for residents’ **personal needs**
- Partnerships with Capital Community College, ReadyCT, and Sacred Heart University for **nursing student** experiential learning, and physical and occupational therapy clinical affiliations
- Over 40 **therapeutic massages** were provided for hospice patients, by our generous donors



opportunities

kindness



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Doris Rothe

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Judy Fitzgerald

Corresponding Secretary

Colleen Casavant

Angela Cleveland

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Sandy Perry

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Carlene Rhea

Staff Liaison

Auxiliary

The McLean Auxiliary is 178 members strong and is making a difference throughout McLean with connections and kindness. We value this partnership with the Auxiliary and deeply appreciate their generous gifts.

- Angel Hearts program gave 124 health center residents Valentine's gifts
- \$2,000 in scholarships awarded to twin children of an employee
- \$11,880 in grants awarded to McLean programs in 2023
- Strawberry Festival Membership Social in June, with speaker from Pollinator Pathway Gardens
- Village Gift Shop reopened in the Burkholder
- Annual Membership Drive and Social in October, with speaker Tyler Zajacz from Tours of Distinction
- Veterans Day flowers delivered to all resident Veterans
- Bake sale fundraiser and Independent Living pop-up sale in December
- Holiday cards with a \$5 gift certificate for the Gift Shop given to all health center residents

McLean Trustees

Trustees of the McLean Fund and Directors of McLean Affiliates, Inc. and the McLean Game Refuge, Inc.

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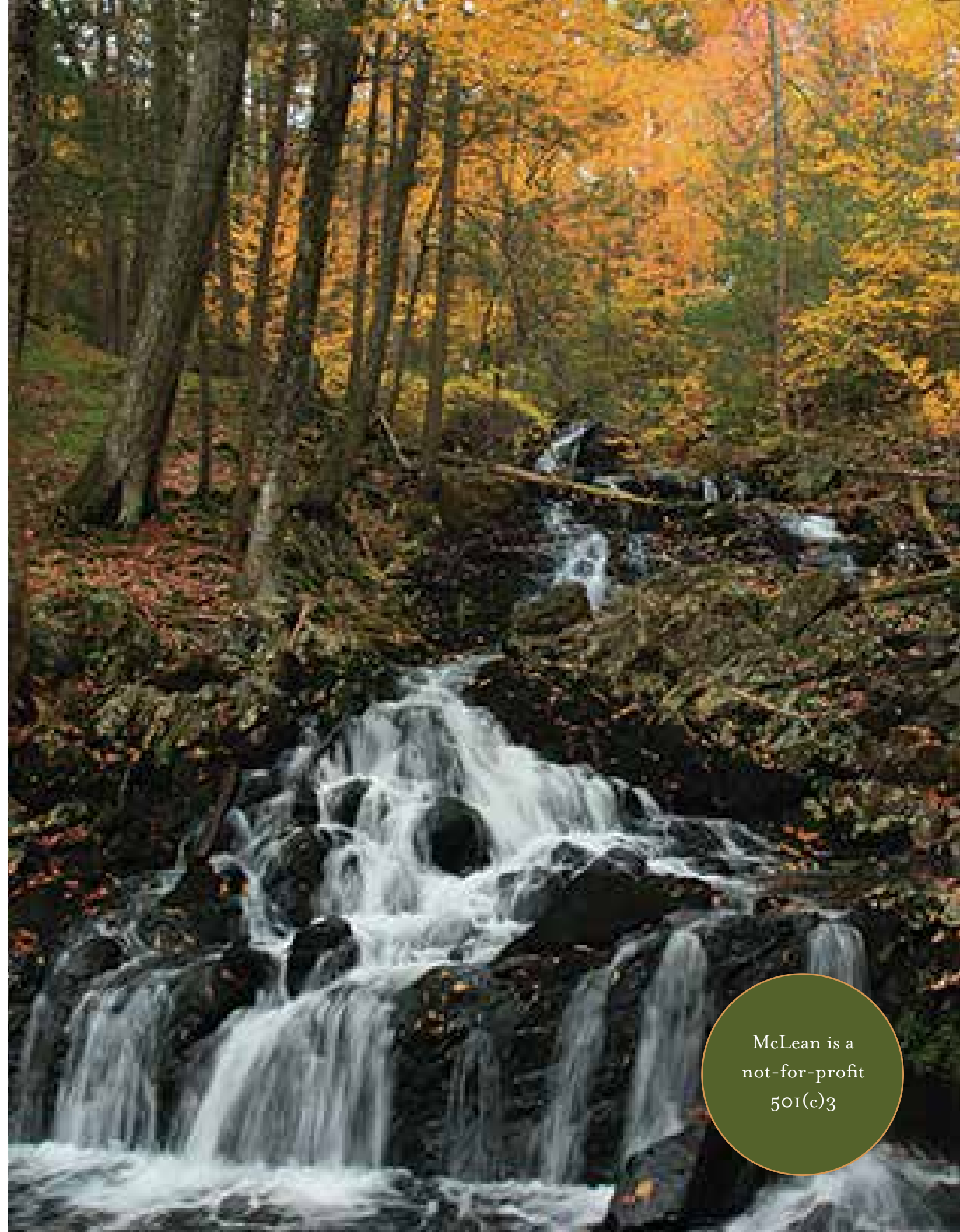
Dear friends & supporters,

What makes a community? It is each of us and all of us. It is friends, families, and neighbors all willing to lend a hand and help each other. We see that feeling of community and support for McLean every day. Support comes in many forms – volunteering to help, writing a check, lending a hand, or even a simple wave or smile.

I am amazed by the spirit of generosity and graciousness I see directed toward McLean, whether on the McLean campus, at the McLean Game Refuge, or just around town. The smiles and friendliness shine through and they are noticed. It is clear to me that McLean reaches so many of our friends and neighbors, and affects their lives in a positive way. It is because of each of you that McLean is able to make that happen.

As always, thank you for all you do. I promise to do my best to reflect your generosity for us back to the community.

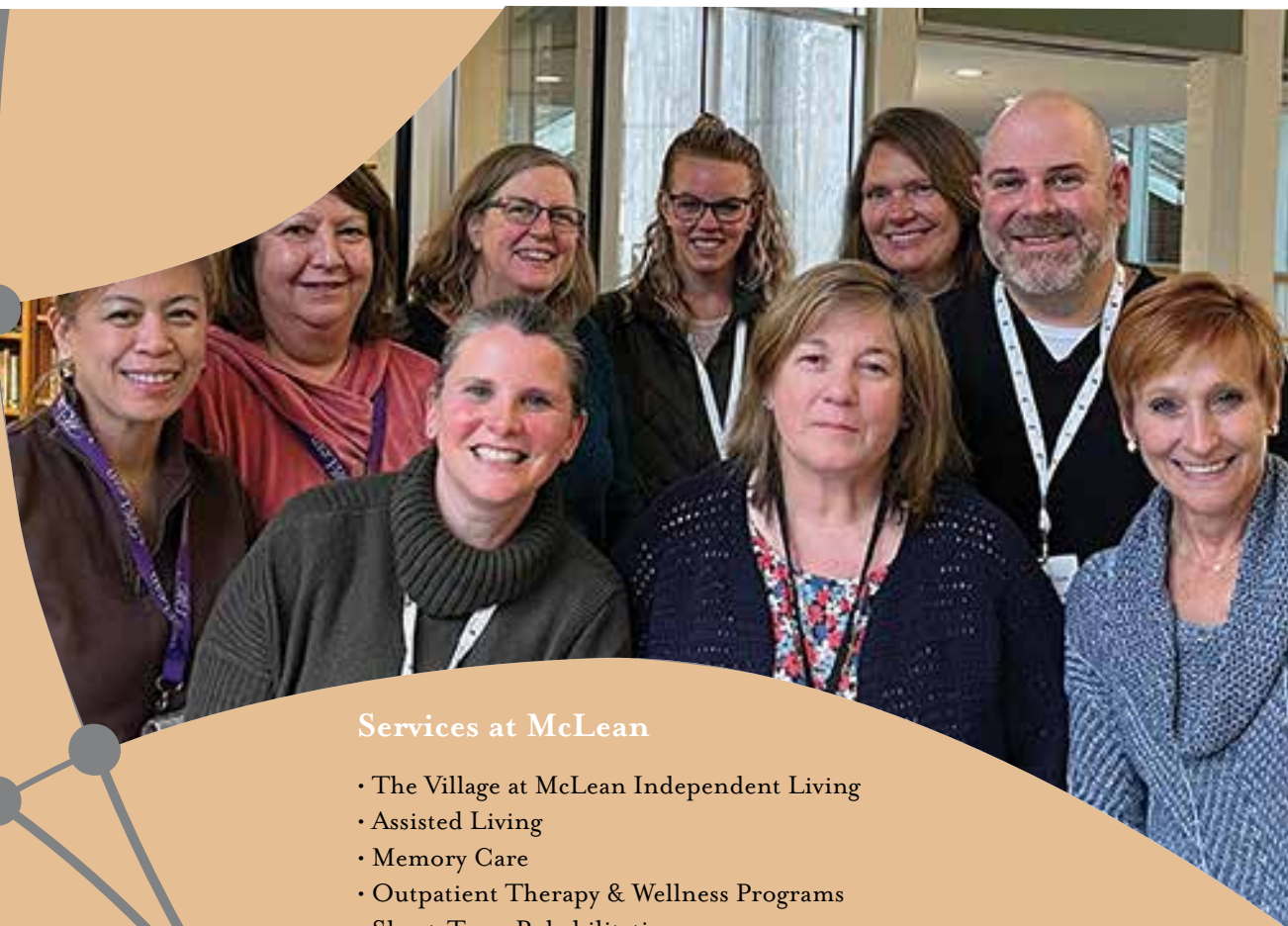
Michael R. Paine
Chair, Board of Trustees



McLean is a
not-for-profit
501(c)3



75 Great Pond Road
Simsbury, CT 06070



Services at McLean

- The Village at McLean Independent Living
- Assisted Living
- Memory Care
- Outpatient Therapy & Wellness Programs
- Short-Term Rehabilitation
- Long-Term Care
- Home Care & Hospice
- Meals on Wheels
- Adult Day Program
- Game Refuge



860.658.3700
McLeanCare.org