

Comprehensive Memory Care and Support



Personalized Care on a Higher Level

Watching someone you love progress through the stages of memory loss takes an emotional and physical toll on everyone involved. Finding trusted Alzheimer's and dementia care in a place that feels like home, as well as education and support for loved ones, is a top priority.

With McLean you can rest assured that your loved one will receive the highest quality memory care. Unlike most traditional memory care communities in Connecticut, we believe in a less inhibiting, more enriching approach to memory care. Our philosophy, coupled with cutting-edge technology, can enhance your loved one's abilities and empower them to lead an engaging, fulfilling life.

Assisted Living Memory Care

Every day, McLean residents and team members bond like a close-knit family. Your loved one will be cared for by a highly trained care team and CNAs certified in dementia care by the Alzheimer's Association.

Residents are surrounded by the familiar, smiling faces of a care team that takes the time to really get to know them on a personal level and helps them stay active. Our Life Enrichment staff plans activities that take residents' interests into careful consideration. The stability and experience of our team helps ensure a higher level of continuity, care, and service that promotes dignity, independence, and respect.

Licensed nursing team members are on site 24/7. A wellness nurse oversees daily care for residents in an intimate, secure neighborhood with beautiful outdoor living spaces where residents bond, share, and enjoy a family feeling. A Program Director and the experienced Life Enrichment team keep residents stimulated and engaged in meaningful activities that recognize their individual passions. In addition, three restaurant-style meals are served daily.

Call **860-658-3718**
for more information or
to schedule a tour.



McLean's Assisted Living was the very first recipient of the Purple Flag accreditation in the State of Connecticut, in recognition of outstanding dementia care. The Purple Flag for Dementia Care program is a collaboration of the Institute for Senior Living Education, the Connecticut Assisted Living Association, and the Connecticut chapter of the Alzheimer's Association, with the overall goal of achieving a higher quality of life for persons with dementia.



McLean
Assisted Living

The Support You Need and Deserve



Day Program

This social-model adult day program provides a comfortable introduction to McLean's engaging lifestyle and gives caregivers respite throughout the day. Our Day Program is available Monday through Friday, 9:00 a.m. – 3:00 p.m., and includes a morning snack and delicious chef-prepared lunch. You choose the days that work best for you. **Call 860-658-3718** for more information.

Memory Care Volunteers

Our specially trained volunteers provide individualized social support and companionship to those needing memory care, and respite for caregivers, in a home setting. This program was developed in partnership with the Alzheimer's Association. Training is available twice a year. **Call 860-658-3941** to learn more about the contributions of our volunteers or how you can request a volunteer.

For the Memory Care Patient

- **Giving Alzheimer's Purpose (GAP): An Early Stage Social Engagement Program**

Get active and get connected with McLean, the Alzheimer's Association, and others with early stage Alzheimer's. The GAP group at McLean was created in cooperation with a grant made possible through the Connecticut chapter of the Alzheimer's Association. **Call 860-658-3941** for more information.

- **Community Café**

A memory care initiative originally developed in the Netherlands has been adapted as special programming at McLean, giving people with early stage Alzheimer's and dementia and their caregivers a place to come together for social interaction, engagement, and friendly support. **Call 860-658-3941** for the next meeting date and to register.

For the Caregiver

- **Caregiver Support**

McLean offers a number of support groups for caregivers. For questions, please **call 860-658-3941**.

Alzheimer's Caregiver Support Group at McLean, led by Margaret Crane, LCSW, ACHP-SW

McLean Health Center Craft Room
75 Great Pond Road, Simsbury, CT 06070
First Tuesday of every month | 1:00-2:30 p.m.
Call 860-658-3941 to register.

Alzheimer's Caregiver Support Group at McLean, led by Ann Pavano

Held virtually
Every other Friday | 10:15 – 11:00 a.m.
Call 860-658-3941 to register.

- **Caregiver Education**

McLean is proud to be a resource for the community and offers valuable educational seminars and presentations in partnership with the Alzheimer's Association and health care professionals. Please check McLeanCare.org or **call 860-658-3941** to find out about our upcoming events. Most are by registration, but are free and open to the public.

