

The Village Dining News

March 12
"Let's Wok" Pop-Up Restaurant at the Pines from 11:30 AM to 1:30PM.

March 18
Sloppy Joe Day. Come down to the Pines for a gourmet Sloppy Joe.

March 19
"Cluck and Utter" Pop-Up Restaurant at the Pines from 11:30AM to 1:30PM

March 27
"Sabor Latina" Pop-Up Restaurant theme at dinner at the Burkholder Restaurant.

March 31
Easter-themed menu for Brunch at the Burkholder.



The Pines Restaurant - Lunch Menu

Hours: 11:30 am–1:30 pm Monday - Saturday

- **Soup Du Jour**
Small (8 oz.) or Large (12 oz.)
- **Flame Grilled Burgers Made to Order**
Served on a Toasted Kaiser Roll with a Pickle. Your Choice of Cheese, Lettuce, Tomato, Sliced Onion, Ketchup, Mustard, Mayo
- **Beef, Turkey, Impossible, Veggie Grilled Sandwiches**
Choose from our Cold Case and Have Chef Grill or Panini Press. Served on a Toasted Roll with a Pickle
- **All Beef Hot Dog**
Your Choice of Diced Onion, Ketchup, Mustard, Relish
- **Balsamic Grilled Chicken Breast**
Your Choice of Cheese, Lettuce, Tomato, Mustard, Mayo
- **Classic Grilled Cheese**
Your Choice of American, Cheddar, Swiss, or Provolone, White Wheat, Rye, or Gluten Free Bread. Lettuce, Tomato, Bacon


Sides
Onion Rings, French Fries, House Made Chips

Beverages
Fountain Soda (Coke, Diet Coke, Ginger Ale, Orange, Root Beer) Minute Maid Juice (Orange, Cranberry, Apple, Lemonade)

Wednesday night dinners will be served in the Burkholder Restaurant and in the Pines.

Sunday Brunch is served in the Burkholder Restaurant. On Sundays, the Pines will be open 7am–7pm, however, 2pm–7pm is for Grab and Go Only.

The Goodrich Map/ Location/Abbreviation Key




The Goodrich
CAC Creative Arts Center
CON Conference Room
FC Fitness Center
M Massage
GL Goodrich Lobby
PAC Garmany Performing Arts Center
Pines Pines Restaurant
RD Round Dining Room
TER Bordonaro Terrace
EC Exercise Center

The Burkholder
BR Burkholder Restaurant
CR Card Room
GQ Grouse & Quail
H Harbor Room

HR Hartford Room
LC Library Connector
RN Reading Nook
TR The Refuge

The Health Center
CC Carling Chapel
HC Health Center





The Village Newsletter

BOUNDLESS

March 2024

FROM THE DESK OF THE DIRECTOR

March is full of events and celebrations!

- **Daylight savings time on March 10th**
 - Don't forget to set your clocks ahead one hour! Some people like to credit Benjamin Franklin as the inventor of daylight savings time, when he wrote in a 1784 essay about saving candles, "Early to bed, early to rise makes a man healthy, wealthy, and wise." But that was meant more as satire than a serious consideration.
- **St. Patrick's Day on March 17th**
 - St. Patrick's Day originated to observe the death of St. Patrick, the patron saint of Ireland. The holiday has evolved into a celebration of Irish culture with parades, special foods, music, dancing, drinking, and a whole lot of green. On St. Patrick's Day, "Everyone is a little Irish!"
- **Welcome Spring on March 19th**
 - It's spring again – a time of rebirth as the natural world wakes up and revives after going dormant in the winter months. In spring, our days start getting longer, flowers begin to bloom, and warmer weather allows us to spend more time enjoying the outdoors.
- **Easter on March 31st**
 - The word Easter is linked to an ancient pagan celebration of the spring equinox. In Christianity, the day is dedicated to observing the resurrection of Jesus Christ and is celebrated around the same time of the Jewish Passover. Today's Easter traditions come from a blend of Christian themes and ancient pagan celebrations. Easter decorations such as eggs, bunnies, and sweets are all pre-Christian spring symbols.

Megan Gill

Megan Gill, Director of McLean Village



Village Highlights

Monday, March 4th
2:00pm in the Garmany Performing Arts Center. North of Forty: Inspiring Stories of Older Athletes, presented by the book's author, Lauren Hurst.

Tuesday March 5th
7:30pm in The Garmany Performing Arts Center. Mulcahy's Irish Dancers

Saturday, March 9th
2:00pm in the Garmany Performing Arts Center. McLean Presents: Ryu Circus – Chinese pole, acrobatics, and juggling. Sign up in the book required.

Sunday, March 17th
2:00pm in the Garmany Performing Arts Center McLean Presents: "The Sound of Music" Musical Revue. Directed by Michael Yachanin.


Tuesday, March 19th
2:00pm in the Garmany Performing Arts Center. UHART Presidents' College: "Give Me Your Hand, Celtic Trio" with Dee Hansen, Eric Hansen, & Neal Humphreys.





March 2024

McLeanCare.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Village Events Hotline 860-658-3939 (Please Call for Daily Updates and Activities)</div> <div>Campus Update Wednesdays 1:00 (PAC/Virtual)</div>					<div>11:00 Mahjong (GQ)</div> <div>1:00 Movie: “The Best Exotic Marigold Hotel” (PAC)</div> <div>Strength Training for the Older Adult, presented by University of Hartford physical therapy students (HR)</div> <div>4:00 smART Reception “Through My Eyes” by Eric Lohse (CAC)</div>	<div></div>
<div></div>	<div>2:00 “North of Forty: Inspiring Stories of Older Athletes” presented by the book’s author, Lauren Hurst (PAC)</div> <div>7:00 Poker at the Round Tables (GL)</div>	<div>1:00 Mexican Train (CR)</div> <div>2:00 Music Makers (PAC)</div> <div>2:00 Jeff the Plant Guy (KR)</div> <div>7:30 Mulcahy’s Irish Dancers (PAC)</div>	<div>10:00 – 12:00 Village Gift Shop (GQ)</div> <div>1:00 Campus Update (PAC/Virtual)</div> <div>1:30 How to Protect Yourself from Scams with officer Jamie Ball of the Simsbury police department (PAC)</div> <div>2:30 Great Courses: Museum Masterpieces (HR)</div> <div>4:00 Happy Hour (GQ)</div>	<div>9:45 Parkies & Friends (HR)</div> <div>11:00 Hooks N Needles (GL)</div> <div>1:00 Scrabble (CR)</div> <div>2:00 Environmental Action Community and Third Act CT with Dr. Davida Foy Crabtree (PAC)</div>	<div>9:30 Ladies’ Coffee (RD)</div> <div>10:00-11:15 Dementia Caregiver Support with Ann (CR)</div> <div>1:00 Mahjong (GQ)</div> <div>1:00 Movie “The Secret Garden” (PAC)</div>	<div>2:00 McLean Presents: Ryu Circus Chinese Pole, Acrobatics, and Juggling (PAC)</div> <div>Sign up in book required.</div>
<div>Spring Forward! Set your clocks ahead for Daylight Savings Time</div>	<div>10:30 “Doodlefest” with Ray Andrews (HR) Sign up in the book required.</div> <div>1:30 Bean Bag Toss (HR)</div> <div>7:00 Poker at the Round Tables (GL)</div>	<div>2:00 Music Makers (PAC)</div> <div>11:30-1:30 "Let's Wok" Pop-Up (Pines)</div>	<div>10:00 – 12:00 Village Gift Shop (GQ)</div> <div>1:00 Campus Update</div> <div>2:30 Great Courses: Museum Masterpieces (HR)</div> <div>4:00 Happy Hour with the Music Makers (GQ)</div>	<div>11:00 Conversations Continued with Lyn (HR)</div> <div>11:00 Hooks N Needles (GL)</div>	<div>11:00 Book Club (HR)</div> <div>11:00 Catholic Mass (CC)</div> <div>1:00 Mahjong (GQ)</div> <div>1:00 Movie: “Chocolat” (HR)</div>	<div></div>
<div>2:00 McLean Presents: “The Sound of Music” Musical Revue directed by Michael Yachanin (PAC) Sign up in book required.</div>	<div>11:00 History Club (HR)</div> <div>1:00 Podiatrist (TH) Appointments required.</div> <div>7:00 Poker at the Round Tables (GL)</div>	<div>1:00 Mexican Train (CR)</div> <div>2:00 Music Makers (GQ)</div> <div>2:00 UHART Presidents' College: Give Me Your Hand, Celtic Trio (PAC) Sign up in the book required.</div> <div>11:30-1:30 "Cluck & Utter" Pop-Up (Pines)</div>	<div>10:00 – 12:00 Village Gift Shop (GQ)</div> <div>1:00 Campus Update (PAC/Virtual)</div> <div>1:30 Dining Forum (PAC)</div> <div>2:30 Great Courses:Museum Masterpieces (HR)</div> <div>4:00 Happy Hour (GQ)</div>	<div>11:00 Hooks N Needles (GL)</div> <div>1:00 Scrabble (CR)</div>	<div>9:30 Men’s Coffee (RD)</div> <div>1:00 Mahjong (GQ)</div> <div>1:00 Movie: “Where the Crawdads Sing” (PAC)</div>	<div></div>
	<div>11:00 Exercise with Golf Pro Ken Doyle (EC)</div> <div>1:30 Molkky (HR)</div> <div>7:00 Poker at the Round Tables (GL)</div>	<div>2:00 Music Makers (PAC)</div>	<div>10:00 – 12:00 Village Gift Shop (GQ)</div> <div>1:00 Campus Update (PAC/Virtual)</div> <div>1:30 Podiatrist (TH) Appointments required.</div> <div>2:30 Great Courses: The Nature of Earth: Geology (HR)</div> <div>4:00 Happy Hour (GQ)</div>	<div>11:00 Hooks N Needles (GL)</div> <div>2:15-3:45 Drop-in Hours with Ann (CR)</div>	<div>1:00 Mahjong (GQ)</div> <div>1:00 Movie: “Barbie” (PAC)</div>	
<div>Happy Easter!</div>						