# McLean Presents

Made Possible by The Richard P. Garmany Fund at the Hartford Foundation for Public Giving



# Iroha Trio

Saturday, January 20 | 2:00 p.m.

This classical instrumental group features piano, violin, and cello. Musical selections at this performance will include Mahler's guartet, Fauré's piano trio, and Brahms' piano trio No. 1 in B major (Op. 8).



# Sheryl Faye Is Queen Elizabeth II

Sunday, January 28 | 2:00 p.m.

Sheryl Faye's one-woman shows bring famous women's lives to life, to help audiences understand the profound and positive impact these women have made in history. Join us for her latest presentation as she "becomes" Her Majesty Queen Elizabeth II.



# **Wendy Gerbier**

Saturday, February 10 | 2:00 p.m.

Wendy Gerbier, mezzo-soporano, is recognized as a United States National Anthem Ambassador. Come enjoy her captivating three-octave range that radiates a vibrant warmth.



# Grease Musical Revue

Sunday, February 18 | 2:00 p.m.

Grease is the word! Come back to "Rydell High" and rock to the sounds of this enduringly popular musical.

All Shows take place in the Garmany Performing Arts Center. All events are free and open to the public, but an RSVP is required. Residents can sign up in the book in the Goodrich Lobby.

# The Pines Restaurant - Lunch Menu

Hours: 11:30 am-1:30 pm Monday - Saturday

## Soup Du Jour

Small (8 oz.) or Large (12 oz.)

#### Flame Grilled Burgers Made to Order

Served on a Toasted Kaiser Roll with a Pickle. Your Choice of Cheese, Lettuce, Tomato, Sliced Onion, Ketchup, Mustard, Mayo

#### Beef, Turkey, Impossible, Veggie Grilled Sandwiches

Choose from our Cold Case and Have Chef Grill or Panini Press. Served on a Toasted

#### All Beef Hot Dog

Your Choice of Diced Onion, Ketchup, Mustard, Relish

#### Balsamic Grilled Chicken Breast

Your Choice of Cheese, Lettuce, Tomato, Mustard, Mayo

## Classic Grilled Cheese

Your Choice of American, Cheddar, Swiss, or Provolone, White Wheat, Rye, or Gluten Free Bread. Lettuce, Tomato, Bacon

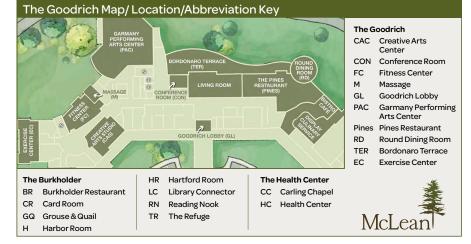
#### Sides

Onion Rings, French Fries, House Made Chips

Fountain Soda (Coke, Diet Coke, Ginger Ale, Orange, Root Beer) Minute Maid Juice (Orange, Cranberry, Apple, Lemonade)

Wednesday night dinners will be served in the Burkholder Restaurant and in the Pines.

Sunday Brunch is served in the Burkholder Restaurant. On Sundays, the Pines will be open 7am-7pm, however, 2pm-7pm is for Grab and Go Only.







# The Village Newsletter

BOUNDLESS

January 2024

## FROM THE DESK OF THE DIRECTOR

#### Happy New Year!

Please join me in welcoming NexDine Hospitality to the McLean campus. We are happy to have them as our new partner, and look forward to a fresh take on our dining program. The NexDine leaders look forward to meeting all of you, and working together with our wonderful McLean dining team to provide an exceptional dining experience. Special thanks to Karen, Thomas, Chris and their teams for all they have done and continue to do for our residents during the transition.

I want to say thank you to our dining team for the incredible holiday party last month. From the decorations to the fabulous food, everything was top notch. The team did a fantastic job.

I'm unable to decide on just one New Year's resolution for 2024! If you're having trouble too, here are a few things you might want to explore – and they're all right here on our campus!

- · Try a fitness class
- Work out in our state-of-the-art gym
- Join the poker group
- Try one of the many creative arts opportunities
- Give Molkky a try

Wishing everyone a healthy and happy 2024.

Megan Gill

Megan Gill, Director of McLean Village



# Village Highlights

## Saturday, January 6

6:30 pm in the PAC. Join us as we live stream Asylum Hill Congregational Church's "Boar's Head and Yule Log Festival."

## Thursday, January 18

2:00 pm in the PAC. New Britain Museum of American Art. Docent Jackie Fastaia presents a virtual tour of the museum.

## Tuesday, January 23

2:00 pm in the PAC. University of Hartford's Presidents' College: Trials That Shaped America, presented by David Goldenberg.

# Wednesday, January 24

6:00 pm in the PAC. McLean & Me Series: Steps to a Successful Surgery. Are you preparing for an upcoming surgery, or wondering about the best way to schedule a procedure? Planning ahead can help ensure that your procedure goes smoothly which can mean that you heal faster. Join our panel of experts to learn about the complete process, from pre-operative preparation to postoperative recovery. Space is limited and RSVP is required by January 22.

Sunday	Monday	Jan	uary 2 (		Friday	McLeanCare.org
Sunday	Monday  1 Happy New Year! Offices Closed	1:00 Mexican Train (CR) 2:00 Jeff the Plant Guy in the Health Center Building	Wednesday  10:00 - 12:00 Village Gift Shop (GQ) 3  1:00 Campus Update (PAC/Virtual)  2:30 Great Courses: "The Metropolitan Museum of Art" (HR)  4:00 Happy Hour in Burkholder Café	Thursday  10:00 Parkies and Friends (HR)  11:00 Hooks N Needles (GL)  1:00 Scrabble (CR)	1:00 Mahjong (HR)  1:00 Movie: "The Greatest Showman" (PAC)  4:00 – 5:30 smART Wine and Cheese Reception featuring Watercolors by Ann Weisel (CAC)	6:30 Asylum Hill Congregational Church's Boar's Head Festival live streaming event (PAC)
7	1:30 Beanbag Toss (HR) 7:00 Poker at the Round Tables (GL)	2:00 Music Makers (PAC)	10:00 – 12:00 Village Gift Shop (GQ) 10 1:00 Campus Update (PAC/Virtual) 2:30 Great Courses: "The Metropolitan Museum of Art" (HR) 4:00 Happy Hour in Burkholder Café	11:00 Conversations Continued with Lyn (HR) 11:00 Hooks N Needles (GL)	9:30 Ladies' Coffee (RD)  10 -11:15 Dementia Caregiver Support Group (CON)  1:00 Movie: "Just Getting Started" (PAC)	13
14	11:00 History Club (PAC) 15 7:00 Poker at the Round Tables(GL)	10:30 Doodle fest (CAC) (Sign up in the book required.) 1:00 Mexican Train (CR) 2:00 Music Makers (PAC)	10:00 – 12:00 Village Gift Shop (GQ) 1:00 Podiatrist (TH) (appointment required) 1:00 Campus Update (PAC/virtual) 1:30 Dining Forum (PAC) 2:30 Great Courses: "The Metropolitan Museum of Art" (HR) 4:00 Happy Hour in Burkholder Café	11:00 Hooks N Needles (GL)  1:00 Scrabble (CR)  2:00 Jackie Fastaia presents a virtual tour of New Britain Museum of American Art (PAC)	11:00 Book Club (HR) 11:00 Catholic Service (CC) 1:00 Mahjong (HR) 1:00 Movie: "A Beautiful Day in the Neighborhood" (PAC)	10:00-12:00 Assisted Living Open House (HC) (shuttle available) 2:00 McLean Presents: Iroha Trio (PAC) (Sign up in book required.)
21	1:30 Molkky (HR) 7:00 Poker at the Round Tables (GL)	2:00 The University of Hartford Presidents' College: Trials That Shaped America – David Goldenberg (PAC) (Sign up in the book required.)	10:00 – 12:00 Village Gift Shop (CQ) 1:00 Campus Update (PAC/Virtual) 1:30 Podiatrist (TH) (appointment required) 2:30 Great Courses: "The Metropolitan Museum of Art" (HR) 4:00 Happy Hour in Burkholder Café 6:00 McLean & Me: Steps to a Successful Surgery (PAC) (Sign up in Marketing required by 1/22)	11:00 Hooks N Needles (GL) 25 2:00 Beverley Brakeman presentation: Adventure After 60: Swim to Alcatraz and Beyond (PAC)	9:30 Men's Coffee (RD)  10:30 Jack Broderick: Portrait Demonstration (HR)  1:00 Mahjong (HR)  1:00 Movie: "The Sting" (PAC)	4:30-9:00 Private party in PAC 27
2:00 McLean Presents:  Sheryl Faye Is Queen Elizabeth II  (PAC) (Sign up in book required.)	7:00 Poker at the Round Tables 29 (GL)	4:00 Design and Wine featuring Wine Glass Painting (CAC) (Sign up in book required.)	10:00 – 12:00 Village Gift Shop (GQ) 1:00 Campus Update (PAC/Virtual) 1:30 Wellness Pop Up: Balance Testing (outside of the PAC) 2:30 Great Courses: "The Metropolitan Museum of Art" (HR) 4:00 Happy Hour in Burkholder Café			Village Events Hotline 860-658-3939 (Please Call for Daily Updates and Activities) Campus Update Wednesdays 1:00 (PAC/Virtual)