

The Village Dining News

- November 2
National Deviled Egg Day
- November 3
International Menu Day
- November 4
National Candy Day
- November 5
National Chinese Food Day
- November 6
National Nachos Day
- November 9
Chef Pop Up in the Pines at 2pm
- November 10
National Vanilla Cupcake Day
- November 11
National Sundae Day
- November 13
National Indian Pudding Day
- November 15
Dining Forum in the PAC at 1:30pm
- November 16
Chef Spotlight
- November 17
Homemade Bread Day
- November 18
National Cider Day
- November 23
Thanksgiving Day
- November 25
National Parfait Day
- November 26
National Cake Day
- November 27
National Bavarian Cream Pie Day
- November 29
National Chocolate Day
- November 30
Birthday Dinner

The Pines Restaurant - Lunch Menu

Hours: 11:30 am–1:30 pm Monday - Saturday

- Soup Du Jour**
Small (8 oz.) or Large (12 oz.)
- Flame Grilled Burgers Made to Order**
Served on a Toasted Kaiser Roll with a Pickle. Your Choice of Cheese, Lettuce, Tomato, Sliced Onion, Ketchup, Mustard, Mayo
- Beef, Turkey, Impossible, Veggie Grilled Sandwiches**
Choose from our Cold Case and Have Chef Grill or Panini Press. Served on a Toasted Roll with a Pickle
- All Beef Hot Dog**
Your Choice of Diced Onion, Ketchup, Mustard, Relish
- Balsamic Grilled Chicken Breast**
Your Choice of Cheese, Lettuce, Tomato, Mustard, Mayo
- Classic Grilled Cheese**
Your Choice of American, Cheddar, Swiss, or Provolone, White Wheat, Rye, or Gluten Free Bread. Lettuce, Tomato, Bacon

Sides
Onion Rings, French Fries, House Made Chips

Beverages
Fountain Soda (Coke, Diet Coke, Ginger Ale, Orange, Root Beer) Minute Maid Juice (Orange, Cranberry, Apple, Lemonade)

Wednesday night dinners will be served in the Burkholder Restaurant and in the Pines.

Sunday Brunch is served in the Burkholder Restaurant. On Sundays, the Pines will be open 7am–7pm, however, 2pm–7pm is for Grab and Go Only.

The Goodrich Map/ Location/Abbreviation Key



The Burkholder

BR Burkholder Restaurant
CR Card Room
GQ Grouse & Quail
H Harbor Room

HR

Hartford Room
LC Library Connector
RN Reading Nook
TR The Refuge

The Health Center

CC Carling Chapel
HC Health Center

The Goodrich
CAC Creative Arts Center
CON Conference Room
FC Fitness Center
M Massage
GL Goodrich Lobby
PAC Garmany Performing Arts Center
Pines Pines Restaurant
RD Round Dining Room
TER Bordonaro Terrace
EC Exercise Center



The Village Newsletter

BOUNDLESS

November 2023

FROM THE DESK OF THE DIRECTOR

Grateful vs. Thankful

As the air takes on a crisp feel and the leaves change, we prepare to celebrate the holiday of Thanksgiving.

At this time of year, we are often asked to share what we are “grateful or thankful” for. Aren’t they the same thing? Actually, no!

The Oxford Dictionary defines the word grateful as “showing an appreciation of kindness.” This is where the difference lies; being thankful is a *feeling*, and being grateful is an *action*.

We may be thankful for our family or beautiful weather. We show gratitude by sharing a kind word or helping someone.

May your November be filled with warm thoughts of the many things you are thankful for, as well as filled with giving and receiving acts of gratitude.

Megan Gill

Megan Gill, Director of McLean Village



Village Highlights

Thursday, November 2

2:00 p.m. "The Sound Bath Experience" with Alisa Picerno: Enjoy an immersive experience for stress reduction and relaxation. This one-hour sound bath uses gongs, authentic Tibetan singing bowls, crystal bowls, wind chimes, drums, monochord, and a variety of other percussion instruments, to transport you to a place of inner peace. In the PAC.

Monday, November 6

4:00 p.m. The Connecticut State Troubadour: Tom Callinan brings his gift of song and storytelling. Refreshments will be served. In the Grouse & Quail.

Friday, November 10

10:30 a.m. Veterans Salute: Join our resident and staff veterans for a ceremony celebrating our military servicemen and servicewomen. In the PAC.

Saturday, November 11

4:00 p.m. McLean Presents: Sandy Hackett with Lisa Miller. Comedian Sandy Hackett, son of Buddy Hackett, brings us his comedy show! Along with his wife, singer-songwriter Lisa Miller, Sandy will bring laughter and music to entertain and delight. Don't miss this headline performer! In the PAC, sign up in the book required.

Thursday, November 16

2:00 p.m. Spotighting Great Women Artists in the Wadsworth Collection: Join Goodrich Resident Deb Carey in the PAC for a virtual tour of artwork on display at the Athenaeum.



November 2023

McLeanCare.org

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



2:00 McLean Presents: "Once Upon a Mattress" Musical Revue.
Directed by Michael Yachanin
(Sign up in the book required.)



4:00 The Connecticut Troubadour Tom Callinan. Live music with refreshments. (GQ)
7:00 Poker at the Round Tables (GL)

1:30 Beanbag Toss (HR)
7:00 Poker at the Round Tables (GL)

11:00 History Club (PAC)
1:00 Podiatrist (appointment required) (TH)
7:00 Poker at the Round Tables (GL)

1:30 Molkky(HR)
7:00 Poker at the Round Tables(GL)

10:30-12:00 Shuttle to Vote
(departing from GL)
1:00 Mexican Train (CR)
2:00 Music Makers (PAC)

2:00 U. of Hartford President's College: "Trials That Shaped America: The Rosenberg Case" with David Goldenberg (PAC)
(Sign up in the book required.)
2:00 Music Makers (GQ)

1:00 Mexican Train (CR)
2:00 Music Makers (PAC)
4:00 Happy Hour and Trivia with Jesse (GQ)

2:00 Music Makers (PAC)
4:00 Design & Wine Holiday Ornament Making (CAC)
(Sign up in the book required.)

10:00-12:00 Village Gift Shop (GQ) **1**
1:00 Campus Update (PAC /Virtual)
2:30 Great Courses: Great American Bestsellers (HR)
4:00 Happy Hour (GQ)

9:45 smART Reception (CAC) **8**
10:00-12:00 Village Gift Shop (GQ)
1:00 Campus Update (PAC/Virtual)
2:30 Great Courses: Great American Bestsellers (HR)
4:00 Happy Hour (GQ)

10:00-12:00 Village Gift Shop (GQ) **15**
1:00 Campus Update (PAC/Virtual)
1:30 Dining Forum (PAC)
2:30 Great Courses: Great American Bestsellers (HR)
4:00 Happy Hour (GQ)
6:00 M&M Series: The Conversation Project (PAC)
(Sign up with Marketing by 11/14 required.)

10:00-12:00 Village Gift Shop (GQ) **22**
11:00 Yasmin (CON)
1:00 Campus Update (PAC/Virtual)
2:30 Great Courses: Great American Bestsellers (HR)
4:00 Happy Hour (GQ)

10:00-12:00 Village Gift Shop (GQ) **29**
11:00 Transitions Support Group with Yasmin Bagley (CON)
1:00 Campus Update (PAC/Virtual)
1:30 Podiatrist (appointment required) (TH)
2:30 Great Courses: Great American Bestsellers (HR)
4:00 Happy Hour (GQ)

10:00 Parkies & Friends (HR) **2**
10:30 Non- Denominational Hymn Sing (Carling Chapel)
11:00 Hooks & Needles (GL)
1:00 Scrabble (CR)
2:00 Sound Bath Experience with Alisa Picerno (PAC)

11:00 What Matters Most? Conversations with Lyn (HR) **9**
11:00 Hooks & Needles (GL)
2:00 Chef Pop Up in the Pines

10:30 Non- Denominational Hymn Sing (Carling Chapel) **16**
11:00 Hooks & Needles (GL)
1:00 Scrabble (CR)
2:00 Spotlighting Great Women Artists in the Wadsworth Collection: a virtual tour (PAC)

Happy Thanksgiving **23**
Offices Closed

10:30 Non- Denominational Hymn Sing (Carling Chapel) **30**
11:00 Hooks & Needles (GL)

1:00 Mahjong (GQ) **3**
1:00 Movie: "All Hands on Deck" (PAC)

9:30 Ladies' Coffee (RD) **10**
10:30 Veterans Salute (PAC)
11:00 Catholic Service (Carling Chapel)
1:00 Movie: "Saving Private Ryan"

1:00 Mahjong (GQ) **17**
1:00 Movie: "The Book Club 2"

9:30 Men's Coffee (RD) **24**
11:00 Catholic Service (Carling Chapel)
1:00 Movie: "Planes, Trains, and Automobiles"(PAC)
1:00 Mahjong (GQ)

Village Events Hotline 860-658-3939
(Please Call for Daily Updates and Activities)
Campus Update
Wednesdays
1:00 (PAC/Virtual)



4:00 McLean Presents: **11**
Sandy Hackett with Lisa Miller.
Live comedy and music. (PAC)
(Sign up in book required.)



Resident Tech Support w/ Jennifer Alexander is available by appointment.
Call 860-658-3734 to schedule.