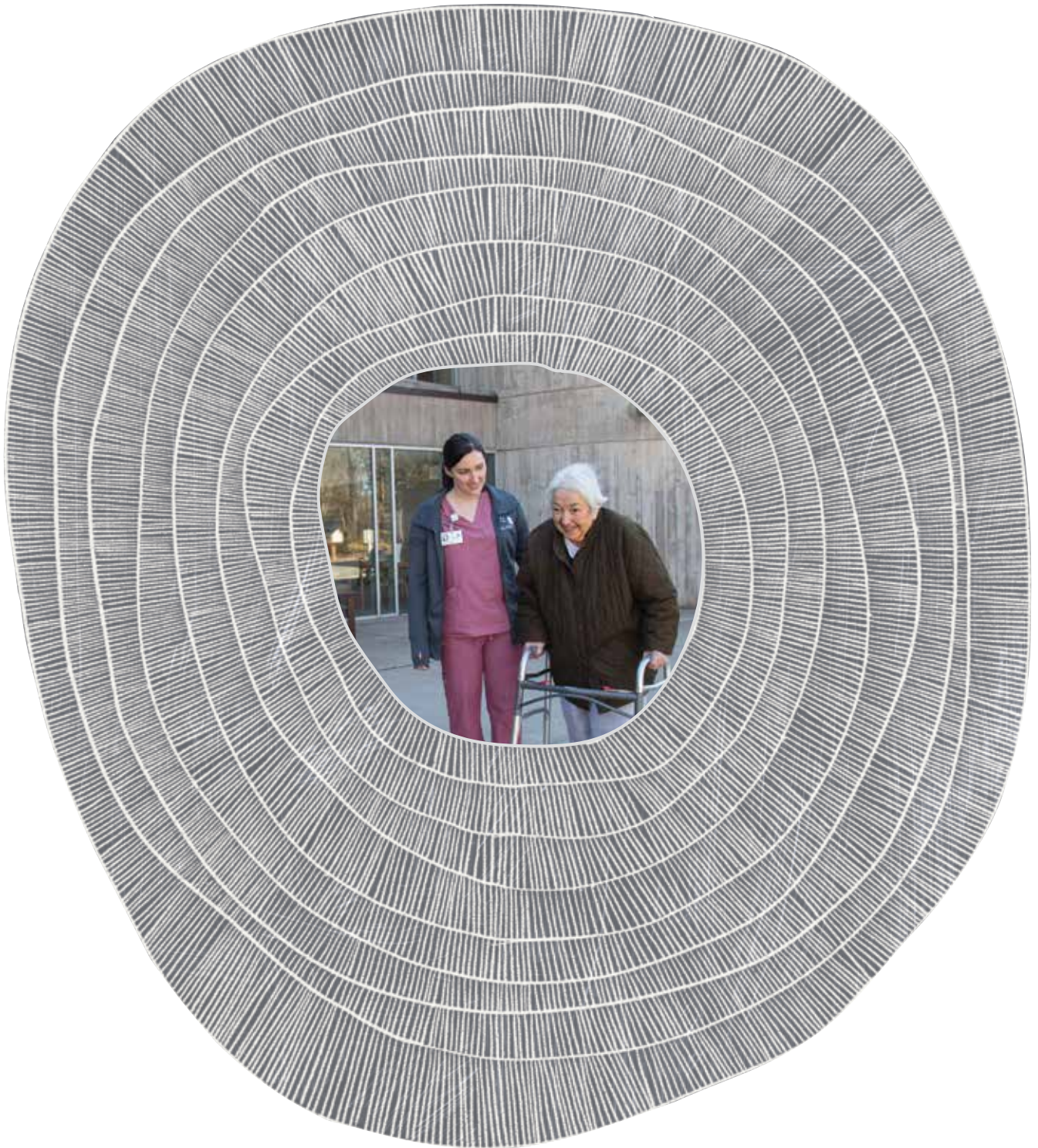
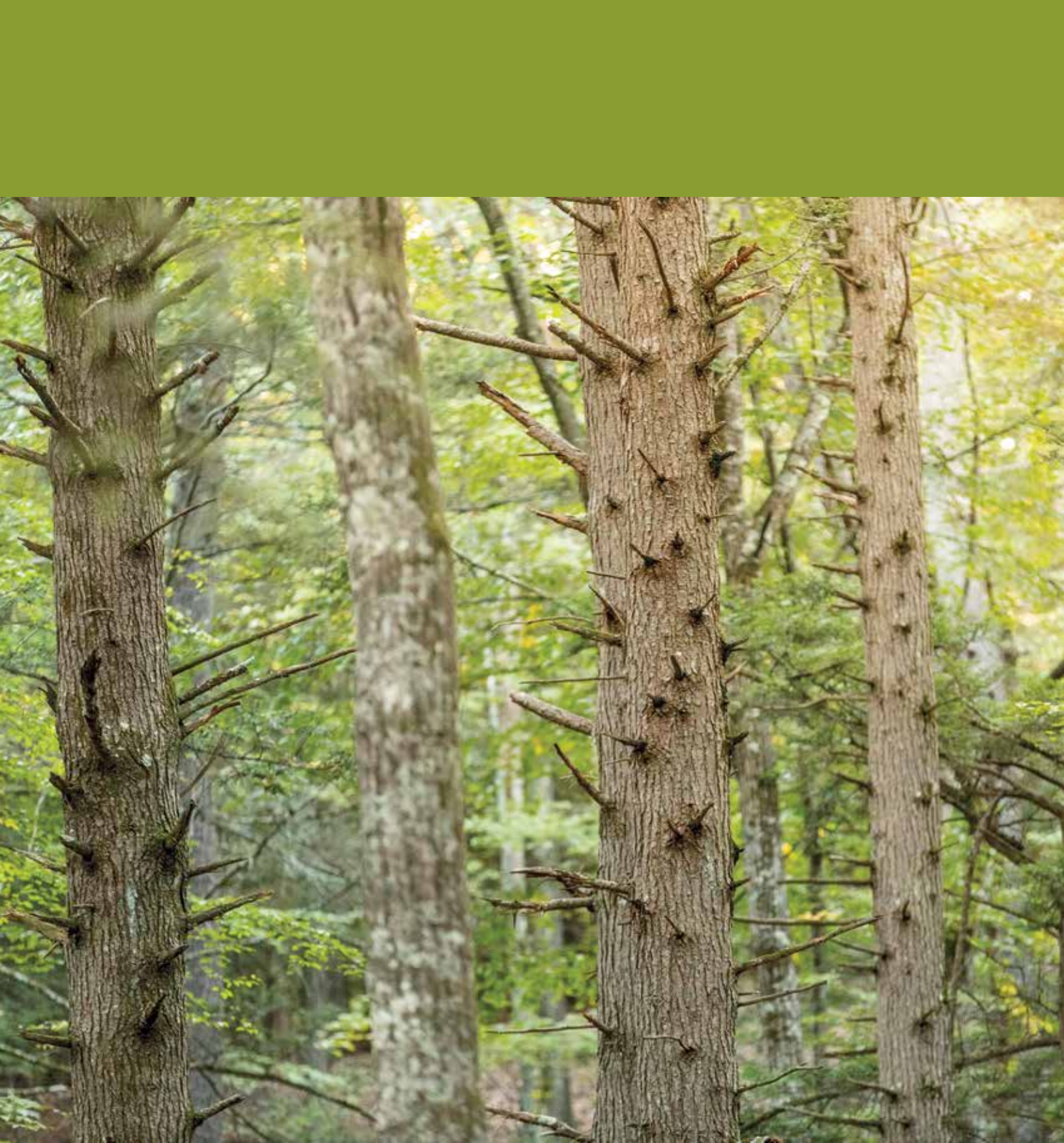


Circle of Care

2022 ANNUAL IMPACT REPORT



Your gift supports those who
give care and those who receive it.



“My mother was in a serious accident, and we never thought she would walk again. At McLean, every effort was made to give the very best care, even during the challenges of COVID-19. My mother loves her caregivers and they were so devoted to her rehabilitation. We are so grateful that she is coming home.”
- **Martha Ramos** (see her mother Irene King on the cover)

Dear Friends,

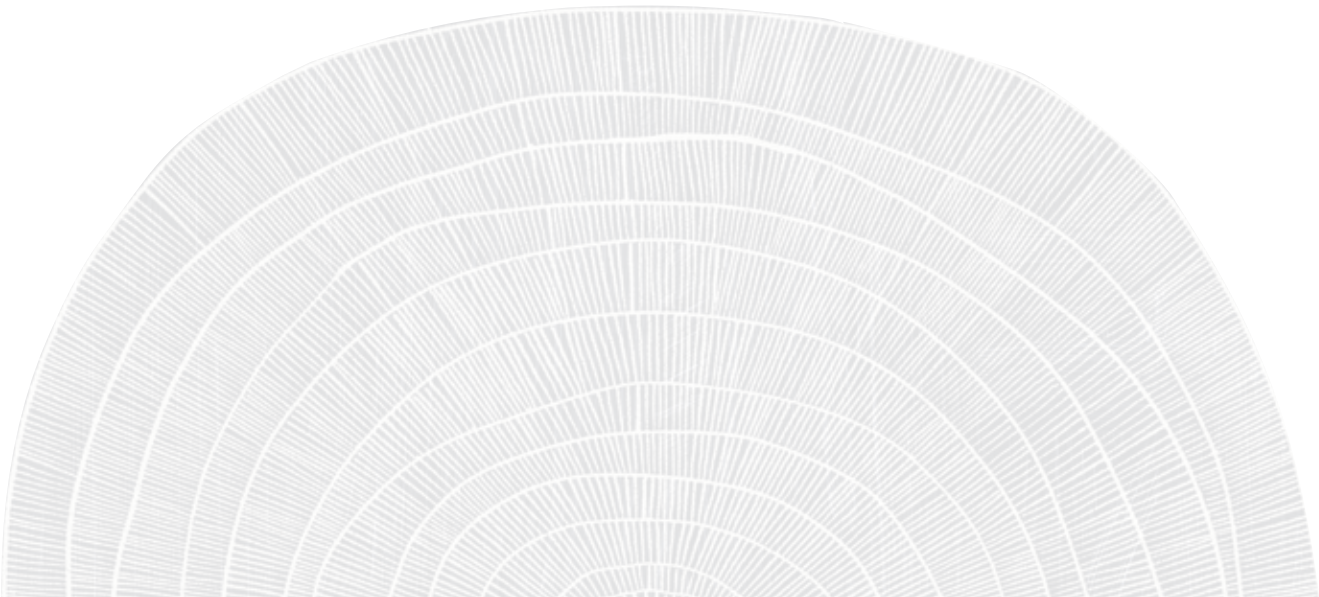
Each day unfolds with new opportunities at McLean to heal, to connect, to collaborate with our community, to create solutions for the challenges we face, and to express our gratitude for each person in our circle of care. Residents, patients, families, staff, volunteers, and generous supporters are an impactful, mighty team. Each of you is a champion for our work at the Health Center, the Village, the Game Refuge, and in our community.

This report celebrates the generous donors and volunteers who are partners in our mission. It showcases the positive impact you have had on the lives of so many and will give you a glimpse of our staff’s devotion to their work and the people we serve.

The impact of Senator McLean’s philanthropy is thriving and growing, and I am looking ahead with great optimism to the innovations we will make for the benefit of those entrusted to our care. Thank you for choosing to support McLean – the good keeps growing.

Lisa Clark

Lisa Clark
President, McLean



The Senator McLean Legacy Society

Legacy gifts are made by individuals who put McLean in their will or make McLean a beneficiary of their trust. We are grateful to our McLean Legacy Society donors and gratefully acknowledge their generosity and compassionate foresight.

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Adrienne Allen
Juliette Anderson
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Marcus Bassevitch
W. Mason Beekley
Howard Berg
Joseph Bidwell
Julia Bonczek
Raymond Bonczek
Eleanor Bradley
Raymond Bradley
Florence Bredahl
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Kathy Yocius

Our legacy of caring for people
and nature is a testament to
Senator George P. McLean.



estate gifts

John D. Burkholder

John continued his parents’ legacy of philanthropy with a very generous bequest to McLean. His service to our country and joy for life are beautifully illustrated in this message from his niece Kory Burkholder: “On February 6th we lost our Uncle John. He was a one-of-a-kind kinda guy, his infectious laugh, his sense of humor and his thoughtfulness. He served in Vietnam, flying his helicopter to save wounded troops which were under heavy ground fire. He was recognized by President Johnson for it. He lived to the beat of his own drum, always feeding his adventurous spirit. He was a character and we will miss him dearly. May your spirit be at rest.”

Top photo: Peter Burkholder (left) and John Burkholder (right).

Porter H. and Elizabeth Y. Downey

McLean donors since 1987, the Downeys’ provided an estate gift which demonstrates an extraordinary commitment to our mission. Their legacy will help provide the very best compassionate care.

Middle photo: Elizabeth Y. Downey (left) and Porter H. Downey (right)

Stanley Walczewski

“Make the most of this day. You’ll never see it again!” was Stan’s motto. His legacy gift supports our Memory Care Volunteer program, sustaining the important work that benefitted from the positive impact of his volunteerism and spirit of giving. Stan’s gift will help us provide ongoing support to our memory care families.

Bottom photo: L to R, Dylan Souza (Stan’s grandson) Stan Walczewski, Lisa Souza (Stan’s daughter).



Game Refuge

This past year, the McLean Game Refuge focused on expanding and improving its ongoing initiatives and developing new partnerships. Game Refuge staff and conservation partners added over 500 new species to the wildlife sanctuary's all-species database, expanding the baseline data necessary for research and conservation. A portion of this work was made possible by a grant from the Lower Farmington and Salmon Brook Wild and Scenic Coordinating Committee to conduct a botanical inventory. Among the new finds were numerous uncommon species, such as American cranberry and round-leaved sundew, and one very rare lichen called the eastern water fan. It has only been reported in New England fewer than five times.

In July, former Game Refuge Forest Ranger interns traveled from across the country to reunite and celebrate the program's fifth year. Thanks in large part to the generosity of the Garmany Fund at the Hartford Trust for Public Giving, the Game Refuge has been able to provide this internship where students develop sophisticated ecological perspectives that lead them to careers at local, state, and national environmental entities.

Among new partnerships developed this year, two stand out. The first is with the American Chestnut Foundation (ACF), which works to restore American chestnut trees to the eastern landscape following their near extinction in the early 20th century from a fungal pathogen. The president of the Connecticut chapter of the ACF worked with Game Refuge staff to identify surviving chestnut trees, hand-pollinate them with the help of Eversource, and collect the nuts for planting in regional restoration test sites. The second partnership of note is with a growing collection of conservation organizations in the Farmington River watershed. This community of conservationists is working to address common environmental concerns, starting with the decline of eastern hemlock trees. They are working with the help of the Connecticut Agricultural Experiment Station to explore the use of tiny beetles to combat the spread of the invasive hemlock woolly adelgid insect which has wrought devastation on the hemlock forests of the region. Their hope is that hemlock restoration is only the first of many projects on which to collaborate.

CONSERVATION

Endowed Funds & Trusts

Donors leave a legacy with endowed gifts and trusts, ensuring that McLean will be positioned to provide care for future generations. We are deeply grateful to the following families for their vision and support.

Jean Berg Fund for Reminiscing
Raymond & Eleanor Bradley Fund
Helen Cichon Trust
Faith Collins Trust
Ostrom and Alice T. Enders Home Care Fund
Charles R. & Margaret H. Lindberg Fund
Sorenson Media Center Fund
David Thornton Fund for Home Care

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Bill Selig Jewelers
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New England Patriots Charitable
Foundation
Residence Inn
Linda Rivera

Scholarship Funds

Staff benefit from scholarships to further their health care education. Our thanks to the following donors for enabling us to continue to learn and provide the very best care for our residents.

Maureen M. Ellis Scholarship Fund for Nursing Education
John C. Heminway Fund for Education
McLean Auxiliary Scholarship
Roy Family Fund for Education

Diane Rutter
Saybrook Fish House
Miriam Schreiber
Simsbury Garden Club
Marianne Stevenson
Super Cellar Warehouse Liquors of Avon
The North House
Valley Home and Garden Centre
Carol Verrastro
Wadsworth Atheneum
Wise Old Dog
Pamela Wright

"From the moment we met Connor at the trail head we were learning new things about the forest and the preserve's history. Connor identified plants and trees I'd been walking past for 30 years that I now have a new understanding of and appreciation for. I'll never see the forest quite the same way again."

- **Mike Ryan**, online auction winner of the
Game Refuge Tour with director Connor Hogan

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William W. Bitterli 1939-2022



“The care my father received at McLean’s Evergreen Way neighborhood was top notch. The staff, to a person, was friendly and engaging — they all seem to love their work. The mood of the place is upbeat and the setting in the woods very calming, though his condition was serious. As we approached the Thanksgiving holiday and numerous grandkids wanted to visit him, the staff remained warm and accommodating to our family mayhem. What a wonderful experience at a trying time.”
-Bill Bitterli

post acute care

*Indicates consecutive donors for 10 years or more



“Thank you for everything you and the other wonderful staff and volunteers did to plan, create, and host the beautiful “Lights of Hope” service. What a lovely ceremony! So much thought, work, and attention to detail obviously went into it. I loved the music, the reflections on grief, the reading of the names, the candle lighting ceremony, and the gorgeous quilt. I also loved seeing the wonderful hospice nurses again. They truly were lights of hope to my mother, me, and my family during the heartbreaking month that my mom was dying. Thanks to them, my mother died peacefully and comfortably at home.”

- Carol Barnes, Hospice family member of
Margaret Hickman Barnes (1922-2021)

McLean’s Hospice program served 164 families throughout the Farmington Valley, Bloomfield, Windsor, and West Hartford, providing compassionate, personalized, meaningful care at home, in assisted living and skilled nursing settings. We focus on the physical, emotional, and social well-being of our patients and support for their families.

Thirty-five trained hospice volunteers provided companionship to patients in the form of conversation, reading, listening to music together, wheelchair rides, and simply being there with a quiet presence. Gifts from generous donors enabled the hospice team to provide therapeutic massages for patients.

Our bereavement program touched approximately 250 family members, maintaining the support and connection offered to hospice families. The Lights of Hope memorial service is an opportunity for families, care givers, and friends to gather and remember. Each year, volunteers create a beautiful quilt with a personalized square celebrating each life.

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Brian Youmans
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Heidi Zacchera

hospice program

*Indicates consecutive donors for 10 years or more



memory care

McLean understands that dementia can be a very isolating journey, for the diagnosed individuals and for their caregivers. We want them to know they are not alone on this journey. Our Memory Care initiatives provide resources for over 50 residents, their families, and members of the community.

Groups such as GAP (Giving Alzheimer's Purpose) and the Community Café meet monthly to provide support, social interaction, and engagement for individuals living with early-stage dementia and their caregivers. These groups, along with our in-house and drive-up dementia lending libraries, are further supported by our Community Action Plan with the Alzheimer's Association. Additionally, McLean's Alzheimer's Caregiver Support Group meets in person and virtually so that caregivers can share ideas, express their feelings, and learn about advances in research and advocacy in a caring and understanding environment.

We also offer a social-model Adult Day Program, Monday through Friday, which provides stimulating activities and peer companionship for individuals with dementia, as well as offers a respite for their caregivers. Also, this past year, over 100 people attended free seminars offered as part of our "McLean & Me" educational series, on topics such as Memory Care, Navigating Insurance, and A Day in the Life of a Resident.

McLean is proud to facilitate ways for those with dementia, their caregivers, and their loved ones to share their experiences, concerns, and support for one another.

Memorial Gifts

Janice Amidon

David Amidon

Rose Antiuk

Jill Chanapai

Gayle and Bill Gemetro

Patricia Klaje

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Carol Verrastro

Margaret Diachenko

Deborah Boone

Janice Gyngell

Kathleen Sharpe

Italo DiFronzo

Carol DiFronzo



Boundless Wellness

opened the new state-of-the-art gym in the Goodrich in August 2022. Eighty-three Village residents and 24 staff members are benefiting from this holistic focus on health and well-being. Thanks to generous donations from donors who wanted to recognize and support our staff, additional weight equipment was added to the gym to keep us strong and healthy!

Meals on Wheels



The McLean Meals on Wheels program makes an enormous difference in people's lives. Through the dedicated service of 75 community and McLean resident volunteers, it provides daily support to the health and well-being of residents in the towns of East Granby, Avon, Canton, Granby, and Simsbury.

Meals are prepared fresh each weekday morning in McLean's Independent Living kitchen and consist of a complete hot meal, a cold meal, drinks, and dessert items. This important program helps fight the threat of hunger and provides much-needed contact for homebound seniors who live alone.

Meals on Wheels fees are based on a sliding scale, with many recipients paying a greatly reduced fee. Support for this program comes from McLean, area towns, community groups, and individual donors. In 2022, contributions funded \$191,753, two-thirds of the cost of this important service.

home care

McLean is committed to serving patients in their homes. In 2022 our team cared for 564 clients in Avon, Bloomfield, Canton, Collinsville, East Granby, Farmington, Granby, North Canton, North Granby, Simsbury, Tariffville, Unionville, Weatogue, West Granby, West Hartford, West Simsbury, and Windsor.

"I am very grateful for McLean Home Care, the nurses and aides are wonderful. The best thing about hospice home care was having the counselors for me and my husband. It could not have been better for every member of the family; my husband was able to talk alone with our children. We had that time together.

When you are at home, the person you love is with you."

- Penny Putnam, Village resident

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The Family of Donald and Beatrice
Heywood

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The Family of Donald and Beatrice
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Charles Black

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Auxiliary

The McLean Auxiliary is 164 members strong, and despite the challenges of the past few years has made a positive impact on the life of our residents. We value this partnership with the Auxiliary, and deeply appreciate its generous gifts.

- **Angel Hearts** program gave 130 Health Center residents a special Valentine's gift
- Donated \$200 to our **Meals on Wheels** program
- Provided snack box treats for Health Center **staff**
- **\$1,500 scholarship** awarded to the child of an employee
- **\$6,175 in grants** awarded to McLean programs
- Annual **Membership** Drive & Social returned in October 2022
- **Veterans Day Flowers** delivered to all McLean veterans
- Bake sale **fundraiser** and pop-up gift shop sales returned December 2022
- **Holiday cards** with a \$5 gift certificate for the Gift Shop given to 120 Health Center residents



gratitude

Richard P. Garmany Fund at Hartford Foundation for Public Giving

Since 2011, the charitable funds directed to McLean by Richard's good friend David Polk have enhanced the lives of our residents and the stewardship of the Game Refuge. A recent grant will provide innovative programming at the Garmany Performing Arts Center in the Goodrich Building over the next three years, enhancing the availability and variety of arts performances for our residents and the community.

Generosity from the Garmany Fund allows the Game Refuge to have five summer interns and retain one of the rangers for the period of September through May. Funding for a graduate student fellowship brings expertise and resources to the Game Refuge team.

The Richard P. Garmany Fund support includes a generous donation to benefit our staff. McLean is deeply grateful for these leadership gifts and Richard P. Garmany's legacy which protects valued natural resources and enriches our lives.

community impact

McLean's commitment to our community includes subsidizing care and housing for those in need.

- **\$1,898,000** in Skilled Nursing Care for 30 residents
- **\$23,640** committed to Cottage rental subsidies
- **Tesone House** hospice cottage is available free of charge for families of residents, so they can be close by
- Charitable funds provide **personal needs for patients** on Medicaid
- One third of the cost of **Adult Day Services** for memory care attendees is covered by McLean
- Vehicle and charitable donations to the **Simsbury Fire District**
- **Student** experiential learning partnerships with area schools.
- Partnership with **FAVARH** - The Arc of the Farmington Valley, Inc. to maintain our facilities

Gifts in Honor of

Sally Albrecht

David Drumm

David J. Bordonaro

Carmon Community Funeral Homes

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Engaging Life Enrichment activities serve all neighborhoods and interests!

Morning Chat, Koopman Room
Gentle Exercise on Chapel Crossing
Music by Maggie on Atwater
Giant Crossword in Skyview Great Room
Pet Visits by Toby
Ceramics in the Craft Room
Eucharistic Minister Visits on all neighborhoods
Shabbat, Koopman Room
Musical Entertainment in the Living Room
Jeff the Plant Guy in the Greenhouse
Trivia with Judy Fitzgerald
Tabletop Games on Chapel Crossing

McLean Golf Tournament

The 32nd tournament at Hop Meadow Country Club, paired with our online auction, was very successful, raising approximately \$60,000 for the McLean Home Care and Hospice programs. Special thanks to our Golf Committee, generous sponsors, golfers, auction donors, and bidders!

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Sorenson Media Center

In 1986, Wesley T. Sorenson had the foresight to establish an endowed fund to create a program to acquire and maintain audio visual equipment for the benefit of McLean residents and the community.

One defined purpose was to “provide opportunities through audio-visual equipment for patients and families to communicate over distance during a time when communications are usually strained and limited because of illness or confinement.” With this legacy, our staff was able to pivot during the COVID pandemic and provide these exact resources for our residents. Skype, Facetime, and Zoom provided a meaningful connection, thanks to the philanthropic leadership of the Sorenson family. The Sorenson Media Center also assists residents on a daily basis with accessing entertainment, music, and games. The staff assists with computer and cell phone training, provides assistive technology, and meets each person’s needs with an individualized, respectful approach.

The Sorenson-Pearson Family Foundation continues to support this visionary fund.



To our generous supporters,

I hope this letter finds you and your family well. McLean has been very busy over the last year. As everyone is aware, COVID fundamentally changed everything we do each day, yet our commitment to the well-being of our community has not faltered.

In 2022 President David Bordonaro retired after 20 years of impactful service. I thank him and wish him and his family well. We hired a new president, Lisa Clark, who is leading us in our mission with skill and dedication. We completed construction and welcomed new residents to the Goodrich Building. We continued to renovate and upgrade other buildings and residences within the McLean campus.

I cannot thank the entire Board of Trustees enough for their hard work to make sure that we live up to the high standards of the Senator’s will, as well as making sure that we are setting up McLean for continued success and positive impact on our community. As a result of this hard work, we are well positioned and financially stable for the future.

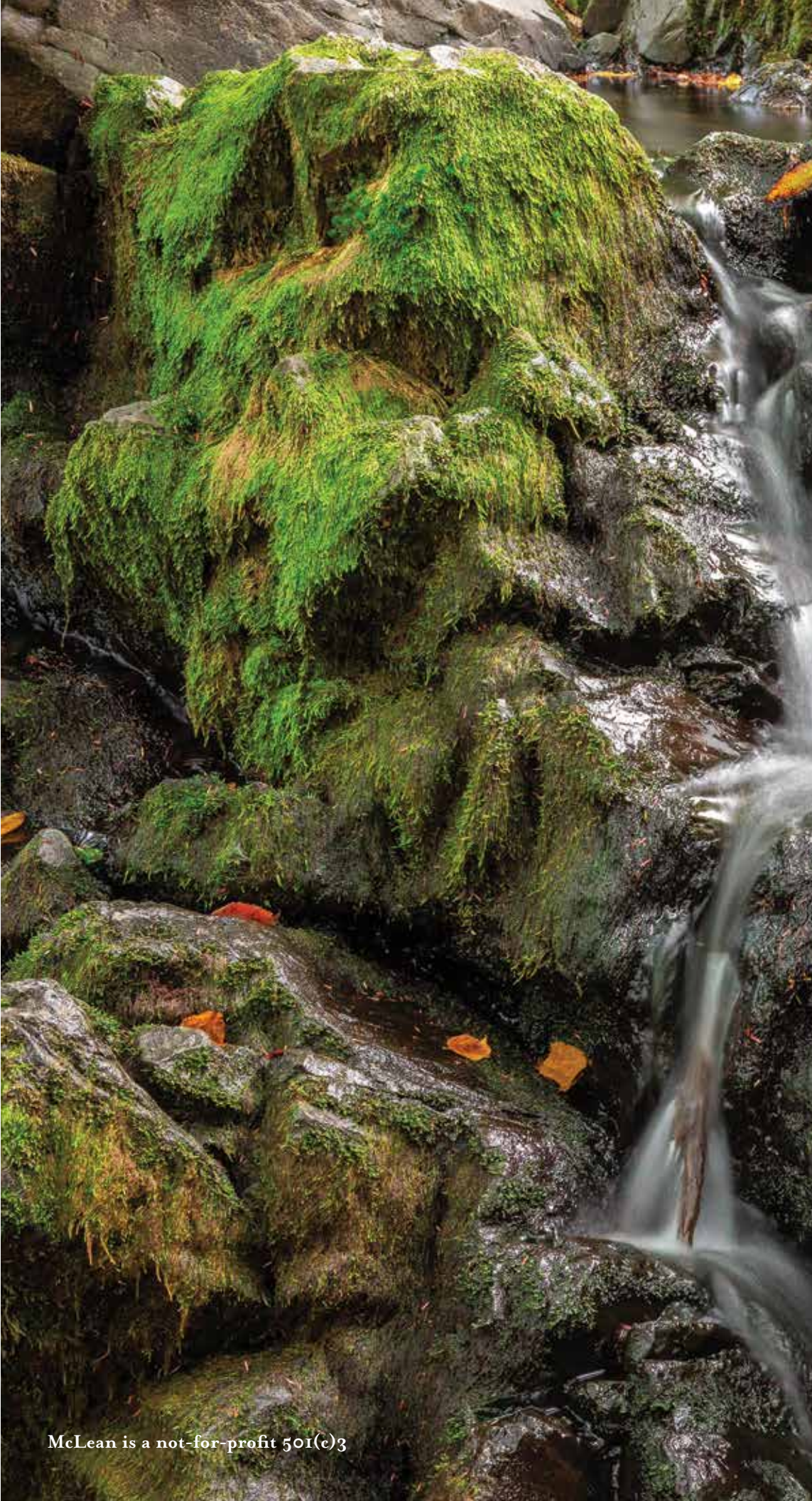
I wish you and your family nothing but the best going forward. Know that the staff and Trustees are committed to meeting and exceeding the Senator’s high standards.



Michael R. Paine
Chair, Board of Trustees



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If we inadvertently omitted your generosity, please contact the Development office 860.658.3702



75 Great Pond Road
Simsbury, CT 06070



Bettering the lives of our residents, their families, team members and the community we serve.

Services at McLean

- The Village at McLean Independent Living
- Assisted Living
- Memory Care Assisted Living
- Post-Acute Care
- Outpatient Therapy & Wellness Programs
- Short-Term Rehabilitation
- Long-Term Care
- Home Care & Hospice
- Meals-on-Wheels
- Adult Day Program



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