

# The Village Dining News

## Sunday, December 4th • National Cookie Day

Decorate Your Own Cookie in The Pines

## Tuesday, December 6th • Gazpacho Day

Gazpacho Soup at Lunch and Dinner

## Wednesday, December 7th • Open House • 1-3pm

Open House in The Pines

## Thursday, December 8th • National Brownie Day

Brownie Sundaes for Dessert at Dinner

## Sunday, December 11th • Have a Bagel Day

Bagels at Breakfast

## Monday, December 12th • Ambrosia Day

Ambrosia for Dessert at Dinner

## Tuesday, December 13th • Chef Pop Up • 2pm

Chef Pop Up in The Pines

## Wednesday, December 14th • Dining Forum • 1:30pm

Food Forum in the Round Dining Room

## Thursday, December 15th

Village Holiday Dinner in The Garmany

## Tuesday, December 20th • National Sangria Day

Karen Flores's Famous Sangria at Dinner

## Wednesday, December 21st • Fried Shrimp Day

Fried Shrimp at Dinner

## Thursday, December 29th • Birthday Night

Birthday Night at Dinner

## Saturday, December 31st • New Year's Eve

## The Pines Restaurant - Lunch Menu

Hours: 11:30 am–1:00 pm Monday - Saturday

- **Soup Du Jour**  
*Small (8 oz.) or Large (12 oz.)*
- **Flame Grilled Burgers Made to Order**  
*Served on a Toasted Kaiser Roll with a Pickle. Your Choice of Cheese, Lettuce, Tomato, Sliced Onion, Ketchup, Mustard, Mayo*
- **Beef, Turkey, Impossible, Veggie Grilled Sandwiches**  
*Choose from our Cold Case and Have Chef Grill or Panini Press. Served on a Toasted Roll with a Pickle*
- **All Beef Hot Dog**  
*Your Choice of Diced Onion, Ketchup, Mustard, Relish*
- **Balsamic Grilled Chicken Breast**  
*Your Choice of Cheese, Lettuce, Tomato, Mustard, Mayo*
- **Classic Grilled Cheese**  
*Your Choice of American, Cheddar, Swiss, or Provolone, White Wheat, Rye, or Gluten Free Bread. Lettuce, Tomato, Bacon*

### Sides

*Onion Rings, French Fries, House Made Chips*

### Beverages

*Fountain Soda (Coke, Diet Coke, Ginger Ale, Orange, Root Beer)  
Minute Maid Juice (Orange, Cranberry, Apple, Lemonade)*

## The Goodrich Map/ Location/Abbreviation Key



### The Goodrich

- CAS Creative Arts Studio
- CON Conference Room
- FC Fitness Center
- M Massage
- GL Goodrich Lobby
- PAC Garmany Performing Arts Center
- Pines Pines Restaurant
- RD Round Dining Room
- TER Bordonaro Terrace
- EC Exercise Center

### The Burkholder

- BR Burkholder Restaurant
- CR Card Room
- GQ Grouse & Quail
- H Harbor Room

### HR Hartford Room

- LC Library Connector
- RN Reading Nook
- TR The Refuge

### The Health Center

- CC Carling Chapel
- HC Health Center



# The Village Newsletter

BOUNDLESS

December 2022

## From the Desk of the Director ...

December is a month filled with celebrations.

This year Hanukkah begins the evening of December 18. The word Hanukkah means “dedication.” The holiday commemorates the triumph of a band of rebel Jews known as the Maccabees in reclaiming their temple from the Greek-Syrians. The temple required a holy light to burn inside at all times, but the Jews had only enough oil for one night. Incredibly, the light burned for eight days. Hanukkah lasts for eight nights to commemorate how long the holy light burned.

Christmas is celebrated on December 25. The holiday celebrates the birth of Jesus Christ, who Christians believe is the son of God. The name is a joining of “Christ” and “mass,” which means the holy mass (supper, celebration, or festival) of Christ.

Beginning December 26 and lasting for seven days, Kwanzaa is a celebration of community, family, and culture, established as a means to help African Americans reconnect with their African roots and heritage.

Season's Greetings

Happy Hanukkah

Merry Christmas

Joyous Kwanzaa

Happy Holidays

Whatever you may say or celebrate – we wish everyone joy and happiness!

*Megan Gill*

Megan Gill, Director of McLean Village

## Village Events

- > **Wednesdays 1:00pm** - Campus Update (PAC)/ Virtual
- > **Thursday, December 1st: 6:30pm** Wine Tasting Event (PAC) (RSVP)
- > **Monday, December 6th: 2:00pm** Jeff The Plant Guy (CAS)
- > **Thursday, December 8th 11:00am** - Conversations Continued with Lyn (TR)
- > **12:30pm** - Meet & Greet Local Faith Leaders (PAC)
- > **Sunday, December 11th: 2:00pm** Holiday Extravaganza (PAC)
- > **Tuesday, December 13th: 4:00pm** UHart President's College Professor Kat Owens: *Why We Need to Get a Grip on Plastic Pollution* (PAC)
- > **Wednesday, December 14th** First Church Women's Praise Choir (PAC)
- > **Thursday, December 15th** Village Holiday Dinner (PAC)
- > **Monday, December 19th 1:00pm** - Podiatrist (TR) (Appointment Sign Up available at Goodrich Lobby)
- > **7:00pm** - Granby High School Chamber Singers (PAC)
- > **Tuesday, December 20th 1:00-4:00pm** - Village Holiday House Tours
- > **4:00pm** - Holiday Happy Hour with Marketing (GL)
- > **Thursday, December 22nd: 4:00pm** Simsbury High School Holiday Cabaret Singers (GL)
- > **Thursday, December 29th: 1:00pm** Village Family & Friends Holiday Gathering (GL)
- COMING IN JANUARY 2023**
- > **Thursday, January 5th: 10:00am-12:00pm** - Wadsworth Museum Docent Tour (RSVP)
- > **4:00pm** - Music by Just Friends (PAC)
- > **Tuesday, January 10th: 4:00pm** Music by Mass Conn Fusion (PAC)
- > **Thursday, January 12th: 7:00pm** Playland Productions - "On A First Name Basis" (PAC)
- > **Wednesday, January 18th: 4:00pm** Cello & Piano Duo (PAC)



Auxiliary Gift Shop Hours:  
Tuesdays and Thursdays from 10-12

# December 2022

McLeanCare.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Village Events Hotline</b> 860-658-3939 (Please Call for Daily Updates and Activities)</p> <p><b>Campus Update</b> Wednesdays 1:00 (PAC/Virtual)</p>				<p>10:00 Muscle Toning (EC) <b>I</b></p> <p>10:00 Parkies and Friends (PAC)</p> <p>11:00 Hooks &amp; Needles (GL)</p> <p>2:00 Yoga for Strength (EC)</p> <p>6:30 Wine Tasting Event (PAC) (RSVP)</p>	<p>10:30 Scrabble (GL) <b>2</b></p> <p>1:00 Movie: Miracle on 34th Street (PAC)</p>	<p>2:00 Van Departs (GL) for Farmington Valley Symphony Orchestra (RSVP) <b>3</b></p>
<p><b>4</b></p>	<p>9:00 Muscle Toning (EC) <b>5</b></p> <p>10:00 Mindful Chi (EC)</p> <p>11:15 Guided Meditation Study (CON)/Virtual</p> <p>1:00 Cardio Drumming (EC)</p> <p>1:30 Bean Bag Toss (PAC)</p>	<p>10:00 Muscle Toning (EC) <b>6</b></p> <p>11:00 Music Appreciation Group (CON)</p> <p>1:00 Bridge (2nd Floor Goodrich Lounge)</p> <p>2:00 Jeff the Plant Guy (CAS)</p> <p>2:00 Yoga for Strength (EC)</p>	<p>9:00 Muscle Toning (EC) <b>7</b></p> <p>10:00 Mindful Chi (EC)</p> <p>1:00 Campus Update (PAC)/Virtual</p> <p>1:30 Great Courses (CON)</p>	<p>10:00 Muscle Toning (EC) <b>8</b></p> <p>11:00 Hooks &amp; Needles (GL)</p> <p>11:00 Conversations Continued w/ Lyn (TR)</p> <p>12:30 Meet &amp; Greet Local Faith Leaders (PAC)</p> <p>2:00 Yoga for Strength (EC)</p> <p>6:00 M &amp; M Series: A Day in the Life of an Assisted Living Resident (RSVP)(PAC)</p>	<p>9:30 Ladies' Coffee (RD) <b>9</b></p> <p>10:30 Sew It Seams (CAS)</p> <p>1:00 Movie: Scrooge (PAC)</p>	<p>3:15 Van Departs (GL) for Lessons and Carols at Trinity Episcopal Church <b>10</b></p>
<p>2:00 Holiday Extravaganza (PAC) <b>11</b></p>	<p>9:00 Muscle Toning (EC) <b>12</b></p> <p>10:00 Mindful Chi (EC)</p> <p>11:15 Guided Meditation Study (CON)/Virtual</p> <p>1:00 Cardio Drumming (EC)</p>	<p>10:00 Muscle Toning (EC) <b>13</b></p> <p>1:00 Mexican Train (CR)</p> <p>2:00 Yoga for Strength (EC)</p> <p>4:00 UHart Kat Owens: Why We Need to Get a Grip on Plastic Pollution (PAC)</p>	<p>9:00 Muscle Toning (EC) <b>14</b></p> <p>10:00 Mindful Chi (EC)</p> <p>11:00 Cribbage (CR)</p> <p>1:00 Campus Update (PAC)/Virtual</p> <p>1:30 Dining Forum (RD)</p> <p>2:30 Great Courses (CON)</p> <p>4:00 First Church Women's Praise Choir (PAC)</p>	<p>10:00 Muscle Toning (EC) <b>15</b></p> <p>11:00 Hooks &amp; Needles (GL)</p> <p>2:00 Yoga for Strength (EC)</p> <p>2:15-3:30 Drop In &amp; Talk w/ Ann Pavano (CON)</p> <p>5:00 Village Holiday Dinner (PAC)</p>	<p>9:30 Men's Coffee (RD) <b>16</b></p> <p>10:30 Scrabble (GL)</p> <p>11:00 Book Club (CAS)</p> <p>1:00 Movie: Four Christmases (PAC)</p>	<p><b>17</b></p>
<p><b>Hanukkah Begins at Sundown</b> <b>18</b></p>	<p>9:00 Muscle Toning (EC) <b>19</b></p> <p>10:00 Mindful Chi (EC)</p> <p>11:00 History Club (PAC)</p> <p>11:15 Guided Meditation Study (CON)/Virtual</p> <p>1:00 Cardio Drumming (EC)</p> <p>1:00 Podiatrist (RSVP) (TR)</p> <p>1:30 Molkky (PAC)</p> <p>7:00 Granby High School Chamber Singers (PAC)</p>	<p>10:00 Muscle Toning (EC) <b>20</b></p> <p>11:00 Music Appreciation Group (CON)</p> <p>1:00 Bridge (2nd Floor Goodrich Lounge)</p> <p>1:00-4:00 Village Holiday House Tours</p> <p>2:00 Yoga for Strength (EC)</p> <p>4:00 Holiday Happy Hour with Marketing (GL)</p>	<p>9:00 Muscle Toning (EC) <b>21</b></p> <p>10:00 Mindful Chi (EC)</p> <p>1:00 Campus Update (PAC)/Virtual</p> <p>1:30 Great Courses (CON)</p>	<p>10:00 Muscle Toning (EC) <b>22</b></p> <p>11:00 Hooks &amp; Needles (GL)</p> <p>2:00 Yoga for Strength (EC)</p> <p>4:00 Simsbury High School Cabaret Singers (GL)</p>	<p>11:00 Holiday Party and Games with Kim (PAC) <b>23</b></p> <p>1:00 Movie: White Christmas (PAC)</p>	<p><b>24</b></p>
<p><b>Christmas</b> <b>25</b></p>	<p><b>Office Closed for Holiday</b> <b>26</b></p> <p><b>Kwanza Begins</b></p>	<p>10:00 Muscle Toning (EC) <b>27</b></p> <p>1:00 Mexican Train (CR)</p> <p>2:00 Yoga for Strength (EC)</p>	<p>9:00 Muscle Toning (EC) <b>28</b></p> <p>10:00 Mindful Chi (EC)</p> <p>11:00 Cribbage (CR)</p> <p>1:00 Campus Update (PAC)/Virtual</p> <p>1:30 Great Courses (CON)</p>	<p>10:00 Muscle Toning (EC) <b>29</b></p> <p>11:00 Hooks &amp; Needles (GL)</p> <p>1:00 Village Family and Friends Holiday Gathering (GL)</p> <p>2:00 Yoga for Strength (EC)</p>	<p>1:00 Movie: An Affair to Remember (PAC) <b>30</b></p>	<p><b>31</b></p>