Life Enrichment Programs at McLean Your week at-a-glance

SATURDAY, NOVEMBER 19

10:45 AM NEW ENGLAND FACES AND FACTS (CHAPEL CROSSING)

11:30 AM A WORD ABOUT THANKSGIVING (ABERNETHY/SHYVIEW GREAT ROOM)

2:00 PM BINGO (KOOPMAN ROOM)

SUNDAY, NOVEMBER 20

10:30 AM VIRTUAL SERVICES (KOOPMAN ROOM, CHAPEL

CROSSING)

11:30 AM WORD SCRAMBLE (ABERNETHY/SHYVIEW GREAT ROOM)

11:15 AM MUSIC TRIVIA (CHAPEL CROSSING)

2:00 PM CELTIC FIDDLERS (LIVING ROOM) (ALL NEIGHBORHOODS)

MONDAY, NOVEMBER 21

9:30 AM MORNING VISIT WITH FATHER TERRY (ALL NEIGHBORHOODS)

10:15 AM TAI CHI (KOOPMAN ROOM)

10:30 AM GIANT CROSSWORD (ABERNETHY/SHYVIEW GREAT ROOM)

11:00AM WHO? WHAT? WHERE? (KOOPMAN ROOM)

11:15 AM WALKING CLUB (ABERNETHY/SHYVIEW GREAT ROOM)

11:30 AM GENTLE EXERCISE (CHAPEL CROSSING)

1:00 PM NAIL SALON DAY WITH DIANE WHITTEMORE & CO. (CRAFT ROOM)

1:30PM GRATITUDE CHAIN (SKYVIEW DAYROOM)

1:30 PM BALLOON TOSS (ATWATER)

3:30 PM TRAVELOGUE: HAWAII (CHAPEL CROSSING/KOOPMAN ROOM)

TUESDAY, NOVEMBER 22

10:15 AM SEATED ZUMBA - EXERCISE (KOOPMAN ROOM)

11:00 AM REMINISCE AND REMEMBERING (CHAPEL CROSSING)

1:00 PM MUSICAL THEATER SINGING (KOOPMAN ROOM)

1:30 PM COLOR ME HAPPY (ATWATER)

2:00 PM STORYTIME WITH ANN (ABERNETHY/SKYVIEW GREAT ROOM)

3:00 PM TOSS-N-TALK (CHAPEL CROSSING)
3:30 PM PUZZLETIME! (CHAPEL CROSSING)

WEDNESDAY, NOVEMBER 23

9:30 AM COMMUNION AND BLESSINGS (ALL NEIGHBORHOODS)

10:00 AM ROOM VISITS (EVERGREEN WAY)

10:15 AM EXERCISE FOR EVERY BODY (KOOPMAN ROOM)

10:30 AM THANK(FUL) CATEGORIES (ABERNETHY/SKYVIEW GREAT ROOM)

11:00 AM FAVORITE JEOPARDY CATEGORIES (KOOPMAN ROOM)

11:00 AM BLACK OUT POETRY (CHAPEL CROSSING)

11:00 AM TAI CHI (ABERNETHY/SKYVIEW GREAT ROOM)
1:00 PM BEAN BAG FOOTBALL (CHAPEL CROSSING)

1:30 PM READING CLUB: NOVEL EXCERPT – BLACK BEAUTY (ATWATER)

2:00 PM BINGO (ABERNETHY/SKYVIEW DINING ROOM)

THURSDAY, NOVEMBER 24 THANKSGIVING

10:15 AM SIT AND STRETCH (KOOPMAN ROOM)

11:00 AM WORD IN A WORD (ABERNETHY/SKYVIEW GREAT ROOM)

1:30 PM MINDFUL COLORING (CRAFT ROOM)

FRIDAY, NOVEMBER 25

10:30AM TOSS AND TALK (CHAPEL CROSSING)
11:00 AM INK SOCIETY (CHAPEL CROSSING)

1:30 PM KARAOKE (ABERNETHY/SKYVIEW GREAT ROOM)