



McLean

# Health Center Family Newsletter

*An Inspired Monthly Collection of News, Updates  
and Activities for Our Residents and Their Families*

September 2022

## Dear Families,

Happy September Everyone!

For some of us this marks the end of the summer and others the beginning of a new season and fresh start. Either way let us all meet the new month with renewed focus on our loved ones that live here with us at McLean and do our very best to help them be safe, healthy and happy.

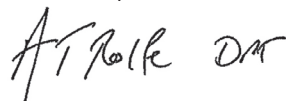
As Labor Day approaches we also want to recognize ALL our employees who have worked so tirelessly during these difficult days of Covid to keep your loved ones safe and happy. We are so grateful.

We here at McLean are excited to continue to welcome new faces, friends and families. Our new independent building, The Goodrich, is quickly filling with many new community members since its opening on July 11th.

September is the month of balance, peace, generosity and indulgence. May you all enjoy it's riches.

Please know that our doors are always open to you, we welcome your questions and or feedback at any time.

Sincerely,



Anne Rolfe  
Nursing Home Administrator



Ann Pavano  
Director of Assisted Living and Resident Resources

## Health Center Events September 2022

- > **Thursday, September 1st: 3:30pm**  
Music with Maggie Carchrie (Chapel Crossing)
- > **Sunday, September 4th: 2:00pm**  
Greater Hartford Society Ensemble (Living Room)
- > **Monday, September 5th: 2:00pm**  
Iconic Movie Music with John Brighenti (Living Room)
- > **Tuesday, September 6th: 10:45am**  
Faith and Friends Meeting (Media Room)
- > **Wednesday, September 7th**  
**11:00am:** Men's Group (Koopman Room)  
**12:00pm:** Skyview/Abernethy BBQ (Courtyard)
- > **Thursday, September 8th**  
**10:30am:** Revisit with Reborns (Atwater/Chapel Crossing)  
**3:00pm:** Presentation by the CT Historical Society: "Katherine Hepburn: From Hartford to Hollywood" (Koopman Room)
- > **Sunday, September 11th: 2:00pm**  
Dave Eberly (Living Room)
- > **Tuesday, September 13th: 11:00am**  
Rosary (Chapel)
- > **Wednesday, September 14th: 2:00pm**  
JP Entertainment (Living Room)
- > **Thursday, September 15th: 2:00pm**  
Jolly Trolley (All Neighborhoods)
- > **Sunday, September 18th: 2:00pm**  
Songs from the 60s' Up to Today's Hits with the Mass-Conn-Fusion Duo (Living Room)
- > **Tuesday, September 20th: 2:00pm**  
Music with Maggie Carchrie (Atwater)
- > **Wednesday, September 21st: 11:00am**  
Men's Group (Koopman Room)
- > **Thursday, September 22nd: 2:00pm**  
Songs for All Ages by Jeffrey Folmer (Living Room)
- > **Sunday, September 25th: 2:00pm**  
Classic Piano Music by Ruiko Wheeler (Koopman Room)
- > **Monday, September 26th: 2:00pm**  
Existential Blues with Tom Stankus (Living Room)
- > **Tuesday, September 27th: 11:00am**  
Rosary (Chapel)
- > **Friday, September 30th: 3:00pm**  
Music with Maggie Carchrie (Atwater)

# Health Center Life Enrichment Highlights

## Goodrich Update

### Grand Opening Celebration

Saturday, October 1st 9:00am - 12:00pm



## COVID-19 Update

No update is a good Update when it comes to COVID-19 Policies! Mandatory masking and social distancing during visits policy still remains.

Thank you all for your care with each other.

## Enjoy Your Lending Library

Benefitting our community and the friends and family of Memory Care at McLean. Funded in part by the Alzheimer Association.

*Lending Library located in the courtyard and in front of the Health Center.*



## Dining Highlights

### Thursday, September 1st • Gyro Day

Gyros for lunch

### Friday, September 2nd • National Bacon Day

Bacon for breakfast

### Monday, September 5th • National Cheese Pizza Day

Pizza for lunch

### Thursday, September 8th • All Employee BBQ

McLean Fall Fest

### Friday, September 9th • National I Love Food Day

Lunch feature homestyle favorites

### Saturday, September 10th • National Hot Dog Day

Hot dog for dinner

### Tuesday, September 13th • National PB Day

PB cookies at lunch

### Wednesday, September 14th • Cream Filled Donut Day

Complimentary Boston Cream Donuts at Senator's Café

### Thursday, September 15th • National Linguini Day

Tuscan shrimp linguini at lunch

### Saturday, September 17th • Apple Dumpling Day

Apple dumplings for dessert at lunch

### Saturday, September 24th • Cherries Jubilee Day

Traveling Cherries jubilee in Pfirman dining room at lunch

### Monday, September 26th • Key Lime Pie Day

Key lime pie at lunch

### Wednesday, September 28th • International Night

### Thursday, September 29th • Coffee Day

Complimentary coffee at the Senator's Café

