

Life Enrichment Programs at McLean

Your week at-a-glance

SATURDAY, AUGUST 13

2:00 PM BINGO (KOOPMAN ROOM)

SUNDAY, AUGUST 14

10:30 AM VIRTUAL SERVICES (ABERNETHY/SKYVIEW GREAT ROOM)
11:00 AM VIRTUAL SERVICES (KOOPMAN ROOM)
11:15 AM ICE CREAM WORD GAMES (CHAPEL CROSSING)
2:00 PM CARROLL SISTERS CELTIC FIDDLERS (LIVING ROOM-ALL NEIGHBORHOODS)

MONDAY, AUGUST 15

9:30 AM VISITS WITH FATHER TERRY (ALL NEIGHBORHOODS)
9:30 AM MORNING VISITS (EVERGREEN WALK)
9:30 AM MORNING CHAT (KOOPMAN ROOM)
10:15 AM EXERCISE FOR THE MIND (KOOPMAN ROOM)
10:30 AM EXERCISE HOEDWON (SKYVIEW/ABERNETHY GREAT ROOM)
11:00 AM SEATED SELF-CARE STRETCHING WITH PAHLA B. (ATWATER)
11:00 AM FUN AND GAMES (KOOPMAN ROOM)
11:15 AM FINISH THE SONG TITLE (CHAPEL CROSSING)
2:00 PM BINGO (CHAPEL CROSSING)
3:00 PM IN2L VIRTUAL OCEAN SIDE RELAXATION (ATWATER)
3:30 PM COLOR ME HAPPY (CHAPEL CROSSING)

TUESDAY, AUGUST 16

9:30 AM MORNING CHAT (KOOPMAN ROOM)
10:15 AM EXERCISE (KOOPMAN ROOM)
**10:30 AM AT YOUR SERVICE WITH ALAN DEVALERIO, FORMER WHITE HOUSE BUTLER
(LIVING ROOM-ALL NEIGHBORHOODS)**

2:00 PM STORYTIME WITH ANN (ABERNETHY/SKYVIEW GREAT ROOM)
2:00 PM POT LUCK QUIZ (CHAPEL CROSSING)
2:00 PM ANDREA BOCELLI – BELIEVE (ATWATER)
3:00 PM SCATTEGORIES (KOOPMAN ROOM)
3:30 PM MOVIE OF THE WEEK: GREASE (KOOPMAN)
3:30 PM APPLES TO APPLES (ATWATER)

WEDNESDAY, AUGUST 17

9:30 AM COMMUNION AND BLESSINGS (ALL NEIGHBORHOODS)
10:15 AM EXERCISE WITH WEIGHTS (KOOPMAN ROOM)
10:30 AM FAITH AND FRIENDS (MEDIA ROOM)
10:30 AM ROCKIN' CHAIR DANCING EXERCISE (SKYVIEW/ABERNETHY BLUEROOM)
11:00 AM FUN AND GAMES (KOOPMAN ROOM)
11:00 AM MEN'S GROUP (KOOPMAN ROOM)
11:00 AM IN2L SWING TIME (ATWATER)
11:15 AM TRIVIA TREASUERS ON THE WHITE BOARD (SKYVIEW/ABERNETHY GREAT ROOM)
1:30 PM FINISH THE LYRICS (CHAPEL CROSSING)
2:00 PM POKENO GAME (ATWATER)
2:00 PM BINGO (ABERNETHY/SKYVIEW DINING ROOM)

2:00 PM	CHI GONG/HAI CHI WITH KIM (KOOPMAN ROOM)
3:00 PM	ROOM VISITS (KOOPMAN ROOM)
3:00 PM	IN2L GUESS THE COST OF CARS THROUGH THE DECADES (ATWATER)
3:00 PM	GEOGRAPHY TRIVIA (KOOPMAN ROOM)

THURSDAY, AUGUST 18

9:30 AM	MORNING CHAT (KOOPMAN ROOM)
10:00 AM	ROOM VISITS (EVERGREEN WAY)
10:15 AM	EXERCISE (KOOPMAN ROOM)
10:30 AM	BOGGLE (CHAPEL CROSSING)
11:00 AM	FUN AND GAMES (KOOPMAN ROOM)
11:00 AM	GENTLE EXERCISE (ABERNETHY/SKYVIEW GREAT ROOM)
11:00 AM	FUN AND GAMES (KOOPMAN ROOM)
1:30 PM	WHO? WHAT? WHEN? (CHAPEL CROSSING)
1:30 PM	PAINT YOUR OWLS (CRAFT ROOM)
2:00 PM	WORD IN A WORD (ABERNETHY/SKYVIEW GREAT ROOM)
3:30 PM	WORLD TRIVIA (CHAPEL CROSSING)
3:30 PM	MICHAEL BUBLE LIVE IN ROME CONCERT (ATWATER)

FRIDAY, AUGUST 19

9:30 AM	MORNING CHAT (KOOPMAN ROOM)
10:15 AM	EXERCISE (KOOPMAN ROOM)
10:30 AM	TRIVIA TREASURES (CHAPEL CROSSING)
10:30AM	THIS DAY IN HISTORY (ATWATER)
11:00 AM	FUN AND GAMES (KOOPMAN ROOM)
1:30 PM	BALLOON TOSS (ATWATER)
1:30 PM	SIGHTS AND SOUNDS OF TENESSEE (CHAPEL CROSSING)
2:00 PM	CERAMICS (CRAFT ROOM)
3:00 PM	MAKE 'EM LAUGH (ATWATER)
3:00 PM	IN2L TRAVEL GREECE (ABERNETHY/SKYVIEW GREAT ROOM)
3:30 PM	CLASSIC MUSIC– JACOB’S PIANO (KOOPMAN ROOM/CHAPEL CROSSING)
