

Life Enrichment Programs at McLean

Your week at-a-glance

SATURDAY, JULY 30

10:00 AM	NETFLIX: ODD ANIMAL FRIENDSHIPS (ATWATER)
10:15 AM	FRIENDSHIP DAY STORIES, MEMORIES AND COLORING (CHAPEL CROSSING)
11:00 AM	FAMOUS FRIEND DUOS (ABERNETHY/SKYVIEW GREAT ROOM)
2:00 PM	BINGO (KOOPMAN ROOM)
3:30 PM	SCENIC AMERICAN ROAD TRIP VIDEOS (ALL NEIGHBORHOODS)

SUNDAY, JULY 31

10:30 AM	VIRTUAL SERVICES (ABERNETHY/SKYVIEW GREAT ROOM)
11:00 AM	VIRTUAL SERVICES (KOOPMAN ROOM)
11:15 AM	ICE CREAM WORD GAMES (CHAPEL CROSSING)
2:00 PM	STYLINGS OF SINATRA AND BENNETT BY EAST CHICAGO JOE (LIVING ROOM)
3:30 PM	NETFLIX: IS IT CAKE (ALL NEIGHBORHOODS)

MONDAY, AUGUST 1

9:30 AM	VISITS WITH FATHER TERRY (ALL NEIGHBORHOODS)
10:00 AM	MORNING VISITS (CHAPEL CROSSING)
10:30 AM	IN2L CHAIR YOGA (SKYVIEW/ABERNETHY GREAT ROOM)
10:30 AM	DOG DAYS OF SUMMER STORIES AND GAMES (CHAPEL CROSSING)
11:00 AM	EXERCISE (KOOPMAN ROOM)
11:15 AM	IN2L SIT AND STRETCH CHAIR EXERCISE (ATWATER)
11:15 AM	READING ROUNDTABLE "ROUTE 66" (SKYVIEW/ABERNETHY GREAT ROOM)
1:00 PM	THIS DAY IN HISTORY VISITS (CHAPEL CROSSING)
2:00 PM	GUESS THE CELEBRITIES AND ANAGRAMS (KOOPMAN ROOM)
2:00 PM	BINGO (CHAPEL CROSSING)
3:00 PM	IN2L VIRTUAL OCEAN SIDE RELAXATION (ATWATER)
3:30 PM	CREATIVE COLORING (CHAPEL CROSSING)
3:30 PM	THE BRUSH STROKE (CRAFT ROOM)

TUESDAY, AUGUST 2

9:30 AM	MORNING CHAT (KOOPMAN ROOM)
10:15 AM	EXERCISE (KOOPMAN ROOM)
10:00 AM	SUMMERTIME BINGO (CHAPEL CROSSING)
10:45 AM	FAITH AND FRIENDS MEETING (MEDIA CENTER)
11:00 AM	NAMASTE (ATWATER QUIET ROOM)
11:00 AM	IN2L CLASSIC TV ANDY GRIFFITH SHOW (ATWATER)
11:00 AM	FUN AND GAMES (KOOPMAN ROOM)
11:00 AM	IN2L ALL ABOUT CATS SLIDE SHOW AND TRIVIA (ABERNETHY/SKYVIEW GREAT ROOM)
1:00 PM	IN2L SIT AND STRECTH CHAIR EXERCISE (ABERNETHY/SKYVIEW GREAT ROOM)
1:15 PM	POKENO (ATWATER)
1:30 PM	FUN AND GAMES ON THE PATIO (CHAPEL CROSSING)
2:00 AM	GUESS WHO? (ATWATER)
2:00 PM	STORYTIME WITH ANN (ABERNETHY/SKYVIEW GREAT ROOM)

2:00 PM POKENO (KOOPMAN ROOM)
3:00 PM STRANGE BUT TRUE FACTS (ATWATER)
3:00 PM MOVIE OF THE WEEK: STATE FAIR (KOOPMAN ROOM)
3:00 PM ALL ABOUT AUGUST (CHAPEL CROSSING)
3:30 PM LET'S REMINISCE (ATWATER)

WEDNESDAY, AUGUST 3

9:30 AM COMMUNION AND BLESSINGS (ALL NEIGHBORHOODS)
10:15 AM STRETCH YOUR MUSCLES (KOOPMAN ROOM)
10:30 AM SIT AND BE FIT (CHAPEL CROSSING)
10:30 AM LIVELY CHAIR DANCING EXERCISE (SKYVIEW/ABERNETHEY GREAT ROOM)
11:00 AM MEN'S GROUP (KOOPMAN ROOM)
11:00 AM STRETCH YOUR MIND (KOOPMAN ROOM)
11:00 AM THIS DAY IN HISTORY, WORDS IN WORD (SKYVIEW/ABERNETHEY GREAT ROOM)
11:00 AM IN2L CLASSIC TV DICK VAN DYKE (ATWATER)
11:15 AM SIT AND BE FIT (CHAPEL CROSSING)
1:30 PM SPORTS JINGO (ATWATER)
2:00 PM IN2L VIRTUAL FAMILY FEUD GAME (ATWATER)
2:00 PM BINGO (ABERNETHEY/SKYVIEW DINING ROOM)
2:00 PM CHI GONG/HAI CHI WITH KIM (KOOPMAN ROOM)
2:00 PM ROOM VISITS (ROBINSON)
3:00 PM TRAVEL TRIVIA (KOOPMAN ROOM)
3:00 PM TABLE BALL (ATWATER)
3:30 PM SING-ALONG WITH US (KOOPMAN ROOM)

THURSDAY, AUGUST 4

9:30 AM MORNING CHAT (KOOPMAN ROOM)
10:15 AM CROSSWORD PUZZLE (KOOPMAN ROOM)
10:30 AM ART APPRECIATION AND INTERPRETATION (CHAPEL CROSSING)
10:30 AM RESIDENT ONE-ON ONE (COMPUTER TIME)
11:00 AM SYMPHONY HALL CHOPIN (ATWATER)
11:00 AM GENTLE EXERCISE (ABERNETHEY/SKYVIEW GREAT ROOM)
1:30 PM DOMINOS (CHAPEL CROSSING)
2:00 PM CARDIO DRUMMING (KOOPMAN ROOM)
2:00PM WHO SANG THAT? (ABERNETHEY/SKYVIEW GREAT ROOM)
2:30 PM BEACH BALL TOSS (ATWATER)
3:00 PM HORSE WORD SEARCH FUN (CHAPEL CROSSING)
3:00 PM BOGGLE (KOOPMAN ROOM)
3:30 PM MUSIC WITH MAGGIE (ATWATER)

FRIDAY, AUGUST 5

9:30 AM MORNING CHAT (KOOPMAN ROOM)
10:00 AM ALL ABOUT HORSES (CHAPEL CROSSING)
10:15 AM EXERCISE (KOOPMAN ROOM)
10:15 AM DAILY CHRONICLE/POKENO (ATWATER)
10:30 AM IN2L THROUGH THE DECADES CHAIR EXERCISE (SKYVIEW/ABERNETHEY GREAT ROOM)
10:30 AM BOGGLE (CHAPEL CROSSING)
11:00 AM FUN AND GAMES (KOOPMAN ROOM)
11:00 AM POKENO (ABERNETHEY/SKYVIEW GREAT ROOM)
1:00 PM FUNNY PHOTO VISITS (CHAPEL CROSSING)
1:00 PM IN2L TRAVEL ARGENTINA (ABERNETHEY/SKYVIEW GREAT ROOM)

1:30 PM	MUSIC WITH MARTHA (KOOPTMAN ROOM)
2:00 PM	CERAMICS (CRAFT ROOM)
3:00 PM	VIRTUAL MUSEUM (ATWATER)
3:00 PM	MOVIE OF THE WEEK: STATE FAIR (SKYVIEW GREAT ROOM/CHAPEL CROSSING)
3:30 PM	HIT THE BULLSEYE (ATWATER)
3:30 PM	IN2L WEDDING MEMORIES AND TRIVIA (ATWATER)
