

# The Village Newsletter

July 2022

# McLean

## From the Desk of the Director . . .

Hello! I am happy and pleased to report – The Goodrich building will officially open on July 11th.

I want to thank each and every Village resident for their patience and understanding during the construction process. From noise to dust, large trucks and fences, a lot that has happened over the past 2 years and we now have a beautiful addition to the campus which allows us to expand and grow the offerings to all of you. We can't wait for our first group in the Garmany Performing Arts Center or having Jeff the Plant Guy in the Arts and Crafts room!

I ask that you all continue to be understanding as we begin the next phase of the project with the renovation of spaces in the Burkholder. As I receive a more specific timeline it will be shared with everyone. Please do not hesitate to see Chris or I with any questions concerning the renovation and be sure to join the Wednesday Campus News Call every Wednesday at 1:00 for the latest updates.

Be sure to join everyone each Thursday afternoon starting July 21st for a Village Social Hour. This is a fun way for everyone to meet the new residents, as well as reconnect with your neighbors.

*Megan Gill*

Megan Gill, Director of McLean Village



### Ann Pavano Drop in Hours

In The Goodrich • July 28th • 2:15-3:30pm

## Village Events for July 2022

- > **Mondays beginning July 18th:**  
Boundless Wellness Q & A (FS) Please join Kim in the fitness studio to learn about new fitness offerings.
- > **Tuesdays beginning July 19th: 11:00am**  
Village Binder Reminder (CON). A review of the resident handbook.
- > **Wednesdays: 1:00pm**  
Campus News Weekly Call  
(Dial 860-658-8279 Enter Code: 3333)
- > **Thursdays beginning July 21st: 2:00pm**  
Resident Social Hour (GL). Come to the lobby for a light snack and meet your new neighbors and reacquaint with your friends.
- > **Tuesday, July 5th: 4:00pm**  
Patriotic Music with Tom Callinan (BL)
- > **Tuesday, July 12th: 2:00pm**  
Jeff The Plant Guy (AC)
- > **Thursday, July 14th: 11:00am**  
Conversations Continued with Lyn (CON)  
**2:00pm** - Dottie Kirk's 100th Birthday Bash (Pines)
- > **Monday, July 18th: 1:00pm**  
Podiatrist (WR) (Appointment Sign Up available in Copy Alcove)  
**2:00pm** - Meet the Chef (Pines)
- > **Tuesday, July 19th: 4:30-5:30pm**  
Village Happy Hour (VER)
- > **Tuesday, July 26th: 4:30pm**  
Music with Jodette & Alex (PAC)

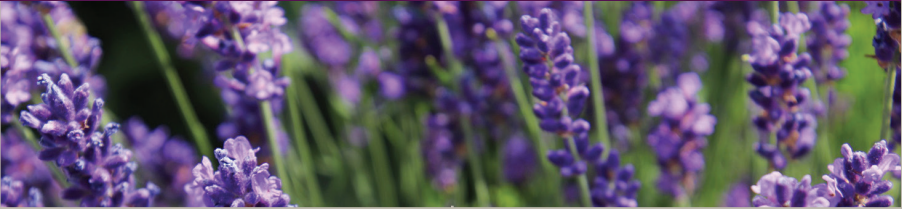




Auxiliary Gift Shop Hours:  
Tuesdays and Thursdays from 10-12

# July 2022

McLeanInspiredLiving.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Wednesday Weekly Campus Update Call Call: 860-658-8279 Enter Code: 3333					9:30 Shopping Shuttle (RSVP) 10:30 Scrabble (HR) 1:00 Movie (HR)	
3	Office Closed  4	9:30 Strength & Balance (HR) 12:30 Fit Beats Cardio Drumming Class (HR) 4:00 Patriotic Music with Tom Callinan (BL)5	9:30 Enerchi (HR) 11:00 Cribbage (CR) 1:00 Campus News Call 1:30 GC Comparative Religion (HR)6	9:30 Strength & Balance (HR) 11:00 Hooks & Needles (BL) 11:00 Gardening Club Meeting (HR)7	9:30 Shopping Shuttle (RSVP) 10:30 Sew It Seams (HR) 1:00 Movie (HR)8	9
 10	9:30 Enerchi (FS) 1:30 Molkky (PAC)11	9:30 Strength & Balance (FS)12 12:30 Fit Beats Cardio Drumming Class (FS) 1:00 Mexican Train (CR) 2:00 Jeff The Plant Guy (AC) 4:30 Conference Room Reserved	9:30 Enerchi (FS)13 11:00 Cribbage (CR) 10:30- 12 Blood Pressure Clinic with Kim (WR) 1:00 Campus News Call 1:30 GC Comparative Religion (CON)	9:30 Strength & Balance (FS)14 11:00 Hooks & Needles (GL) 11:00 Conversations Continued with Lyn (CON) 2:00 Dottie Kirk's 100th Birthday Bash (Pines)	9:30 Shopping Shuttle (RSVP) (Departs from GL)15 9:30 Ladies Coffee (RD) 11:00 Book Club (PAC) 1:00 Movie (CON)	16
17	9:30 Enerchi (FS)18 11:00 Boundless Wellness Q & A with Kim (FS) 1:00 Podiatrist (WR) (Sign-up available in copy alcove) 2:00 Meet the Chef (Pines)	9:30 Strength & Balance (FS)19 11:00 Village Binder Reminder (CON) 12:30 Fit Beats Cardio Drumming Class (FS) 4:30 Village Happy Hour (VER)	9:30 Enerchi (FS)20 11:00 Cribbage (CR) 1:00 Campus News Call 1:30 GC Comparative Religion (CON)	9:30 Strength & Balance (FS)21 11:00 Hooks & Needles (GL) 2:00 Resident Social Hour (GL)	9:30 Shopping Shuttle (RSVP) (Departs from GL)22 10:30 Scrabble (GL) 1:00 Movie (CON)	23
 24	9:30 Enerchi (FS)25 11:00 Boundless Wellness Q & A with Kim (FS) 1:30 Bean Bag Toss (PAC)	9:30 Strength & Balance (FS)26 11:00 Village Binder Reminder (CON) 11:00 Rosary (CC) 12:30 Fit Beats Cardio Drumming Class (FS) 1:00 Mexican Train (CR) 4:30 Music with Jodette & Alex (PAC)	9:30 Enerchi (FS)27 11:00 Cribbage (CR) 1:00 Campus News Call 1:30 Dining Forum (Pines) 3:00 GC Comparative Religion (CON)	9:30 Strength & Balance (FS)28 11:00 Hooks & Needles (GL) 2:00 Resident Social Hour (GL) 2:15-3:30 Drop In & Talk with Ann Pavano (WR)	9:30 Shopping Shuttle (RSVP) (Departs from GL)29 9:30 Men's Coffee (RD) 10:30 Sew It Seams (AC) 1:00 Movie (CON)	 30
31	9:30 Enerchi (FS)1 11:00 Boundless Wellness Q & A with Kim (FS)  AUGUST	9:30 Strength & Balance (FS)2 11:00 Village Binder Reminder (CON) 12:30 Fit Beats Cardio Drumming Class (FS) 2:00 Jeff The Plant Guy (AC) 4:30 Conference Room Reserved	3	 4	5	6



# The Village Dining News

## Friday, July 1st • National Gingersnap Day Celebration

## Monday, July 4th • 12:30-2pm • Hours for Burkholder Restaurant

Enjoy a Picnic Style Buffet Menu

## Sundays, July 17th - 31st

Upscale Brunch Menu

## July 13th, 20th & 27th

Complimentary Cheese Plate with the Purchase of Glass of Wine

## Wednesday, July 20th • Residents' Birthday Celebration

Join us in Celebrating the July Birthdays Special Menu for Residents with a Birthday in July as Well as Cake and Ice Cream for All



All Dining Services events will be held at the Burkholder Restaurant during dinner hours unless otherwise noted. Reservations are appreciated and can be made by calling the Reservations Line at 860- 658-3773.

### Casual Café Menu

Service Available from  
9 a.m. - 3 p.m. Monday - Friday  
11:30 a.m. - 1:00 p.m. Saturday

- **Soup Du Jour**
  - **Garden Salad with Grilled Chicken**  
*Served with Your Favorite Dressing*
  - **Classic Grilled Cheese and Tomato Sandwich**  
*Made with Your Choice of American, Swiss or Cheddar Cheese on White or Wheat Bread*
  - **Grilled Chicken Caesar Wrap**  
*Marinated Grilled Chicken Breast, Romaine Lettuce, Parmesan Cheese, with Caesar Dressing in a Wrap*
  - **Sandwich Special of the Week**  
*Ask Your Server About Today's Sandwich Special*
  - **Omelet Special of the Week**  
*Ask Your Server About Today's Omelet Special*
- Sandwiches Served with a Choice of Potato Chips or Fruit Cup**
- Beverages**
- Assorted Juices and Milk
  - Perrier Water (Sparkling or Still)
  - Iced Tea with Lemon

### Location/Abbreviation Key

#### The Burkholder

BL	Burkholder Lobby
BR	Burkholder Restaurant
CR	Card Room
GQ	Grouse & Quail Pub
H	Harbor Room
HR	Hartford Room
LC	Library Connector
RN	Reading Nook
TR	The Refuge

#### The Goodrich

AC	Arts & Crafts – The Glen
CON	Conference Room
FS	Fitness Studio
GL	Goodrich Lobby
PAC	Garmany Performing Arts Center
Pines	Pines Restaurant
RD	Round Dining Room
VER	Veranda
WR	Wellness Room

#### The Health Center

CC	Carling Chapel
HC	Health Center