

Life Enrichment Programs at McLean

Your Week-at-a-glance

McLean

SATURDAY, JANUARY 22

10:15 AM	WORD GAMES (CHAPEL CROSSING)
10:30 AM	MORNING STRETCH (ATWATER)
11:00 AM	MUSIC BINGO (ATWATER)
1:30 PM	BINGO (KOOPMAN ROOM)
3:00 PM	MOVIE: MY DOG SKIP (KOOPMAN ROOM)
3:30 PM	WORD GAME (ATWATER)

SUNDAY, JANUARY 23

10:30 AM	VIRTUAL RELIGIOUS SERVICE: FIRST CONGREGATIONAL CHURCH, SIMSBURY (ABERNETHY/SKYVIEW GREAT ROOM)
11:00 AM	SING-A-LONG (ATWATER)
1:30 PM	SYMPHONY MUSIC BY THE WHEELER'S (KOOPMAN ROOM)

MONDAY, JANUARY 24

10:00 AM	MORNING VISITS (ATWATER)
10:30 AM	GENTLE STRETCH (ABERNETHY/SKYVIEW GREAT ROOM)
10:45 AM	FINISH THE SONG TITLE (CHAPEL CROSSING)
11:00 AM	COMPLETE THE COMMON PHRASES (ABERNETHY/SKYVIEW GREAT ROOM)
11:00 AM	EXERCISE (KOOPMAN ROOM)
1:00 PM	MUSIC WITH MARTHA (ATWATER)
1:00 PM	GIANT CROSSWORD PUZZLE (ABERNETHY/SKYVIEW GREAT ROOM)
2:00 PM	RESIDENT COUNCIL (CRAFT ROOM)
3:00 PM	SLIDE SHOW AERODROME (ABERNETHY/SKYVIEW GREAT ROOM)
3:15 PM	LET'S PLAY DOMINOS (CHAPEL CROSSING)
3:15 PM	BALLOON TOSS (ATWATER)

TUESDAY, JANUARY 25

10:00 AM	PUZZLE FUN (SKYVIEW DAY ROOM)
10:30 AM	50'S TRIVIA (CHAPEL CROSSING)
11:00 AM	FOOD JINGO (CHAPEL CROSSING)
11:00 AM	NAMASTE (ATWATER)
11:00 AM	EXERCISE (KOOPMAN ROOM)
1:30 PM	GAME SHOW TRIVIA (ABERNETHY/SKYVIEW GREAT ROOM)
1:30 PM	BOTTOM'S UP CARD GAME (ATWATER)
1:30 PM	WHAT MOVIE AM I? (CHAPEL CROSSING)
2:00 PM	FINISHING 50'S SONG LYRICS (ATWATER)
3:00 PM	RICK STEVES TRAVEL TO ITALY (ABERNETHY/SKYVIEW GREAT ROOM)
3:00 PM	FEATURED MOVIE OF THE WEEK: "JAILHOUSE ROCK" (KOOPMAN ROOM)
3:15 PM	FAMOUS MOVIE QUOTES (CHAPEL CROSSING)
3:15 PM	LET'S PLAY RUMMICUBE! (SKYVIEW DAY ROOM) (continued...)

WEDNESDAY, JANUARY 26

9:00 AM	COMMUNION AND BLESSINGS (ALL NEIGHBORHOODS)
10:00 AM	HAPPY NEWS VISITS (CHAPEL CROSSING)
10:15 AM	EXERCISE WITH NOODLES (KOOPMAN ROOM)
10:30 AM	LIGHT & LIVELY EXERCISE WITH SANDY (ABERNEHTY/SKYVIEW GREAT ROOM)
10:30 AM	WINTER HANG-SNOWMAN (CHAPEL CROSSING)
11:00 AM	ANTS! WORD GAME (KOOPMAN ROOM)
11:00 AM	GUESS THE 50'S WORDS (ABERNETHY/SKYVIEW GREAT ROOM)
11:00 AM	IN2L: CLASSIC TV DICK VAN DYKE (ATWATER)
1:30 PM	BOTTOM'S UP CARD GAME (ATWATER)
2:00 PM	OUR NORTHERN NEIGHBORS (KOOPMAN ROOM)
2:00 PM	FINISH THE LYRICS (ATWATER)
2:00 PM	BINGO (ABERNETHY/SKYVIEW DINING ROOM)
2:30 PM	AFTERNOON STROLLS (CHAPEL CROSSING)
3:00 PM	PARIS! (ATWATER)
3:15 PM	BEST TRAVEL DESTINATIONS IN THE WORLD (ABERNETHY/SKYVIEW GREAT ROOM)
3:15 PM	SNOWFLAKE CREATIONS (CHAPEL CROSSING)

THURSDAY, JANUARY 27

10:00 AM	ANALOGIES QUIZ (ABERNETHY/SKYVIEW GREAT ROOM)
10:00 AM	THIS DAY IN HISTORY (CHAPEL CROSSING)
10:15 AM	CROSSWORD PUZZLE (KOOPMAN ROOM)
10:30 AM	WORDS STARTING WITH J (ABERNETHY/SKYVIEW GREAT ROOM)
10:30 AM	ALL ABOUT MOZART (CHAPEL CROSSING)
11:00 AM	GENTLE EXERCISE WITH LAURA (ABERNETHY GREAT ROOM)
1:45 PM	ROOT BEER FLOATS AND SOCK HOP MEMORIES (CHAPEL CROSSING)
2:00 PM	REMINISCING WITH JASMINE (ABERNETHY/SKYVIEW GREAT ROOM)
2:00 PM	SMALL GROUP BOARD GAMES (KOOPMAN ROOM)
3:00 PM	MOVIE OF YOUR CHOICE (KOOPMAN ROOM)
3:00 PM	ARMCHAIR TRAVEL TO THE CARIBBEAN (CHAPEL CROSSING)
3:00 PM	SNOWBALL TOSS (ATWATER)
3:30 PM	MUSIC WITH MARTHA (ABERNETHY/SKYVIEW GREAT ROOM)

FRIDAY, JANUARY 28

10:30 AM	NOODLE HOCKEY (ABERNETHY/SKYVIEW GREAT ROOM)
10:30 AM	BIOGRAPHY OF JACKSON POLLOCK (CHAPEL CROSSING)
10:30 AM	BALLOON BADMINTON (ATWATER)
11:00 AM	READ ABOUT THE 50'S (ATWATER)
11:00 AM	USA HISTORY AND CULTURE (ABERNETHY/SKYVIEW GREAT ROOM)
11:00 AM	EXERCISE (KOOPMAN ROOM)
11:15 AM	ARTIST WORD SEARCH (CHAPEL CROSSING)
1:30 PM	LEFT, RIGHT, CENTER DICE GAME (ATWATER)
2:00 PM	50'S TRIVIA (ATWATER)
2:00 PM	ARM CHAIR TRAVEL TO AFRICA (ABERNETHY/SKYVIEW GREAT ROOM)
2:00 PM	MUSIC WITH MARTHA (KOOPMAN ROOM)
2:00 PM	CERAMICS (CRAFT ROOM)
3:00 PM	BIG BAND CONCERT: BENNY GOODMAN (ATWATER)
3:00 PM	FEATURED MOVIE OF THE WEEK: "JAILHOUSE ROCK" (ABERNETHY/SKYVIEW GREAT ROOM/CHAPEL CROSSING)
