

January 19, 2022



Dear McLean Patients, Residents, and Families,

We are writing to keep you informed on our current COVID-19 status. Since yesterday's letter, we have two new COVID-19 positive employees. One person is a member of our dining team, and the second person does not work on any neighborhood. Contact tracing is still occurring and anyone who had a potential exposure will be notified. Both are currently isolating at home.

We wanted to share with you, beginning on January 1, 2022, we have had one resident who had tested positive. We have had 37 staff members who have tested positive, 26 recovered, and 11 are still isolating at home. Please see our cumulative data and mitigating strategies below.

As a reminder, the next Family Council meeting will occur next Wednesday, January 26 at 10:30 a.m. (please note it is a different time of day). More information will be emailed next week.

Based on the Department of Public Health's guidance, we will continue our staff testing to occur every five to seven days and our resident testing will occur once a week at this time.

We continue to welcome visitation, but please remember there is a risk of entering the building when we have an outbreak. If you believe you are at higher risk, i.e., you or someone you are caring for is not vaccinated and/or has underlying health issues, please consider not visiting at this time. We would be happy to arrange a virtual visit instead.

Due to high transmission rates in our county, please consider testing before visiting. If you have had direct exposure to a newly COVID-19 positive person, please test before you visit. If you test positive, do not visit. If you, or anyone that visits McLean, should test positive within 14 days of visiting us, please call the nursing supervisor right away.

A mask needs to be worn into the building and a KN95 mask must be worn at all times while in the building (provided near the Well Screen machine). Social distancing must be maintained from the resident you are visiting and from all other residents and all staff.

David Bordonaro
President

Lisa Clark
Vice President, Administrator of the Health Center

Cumulative data below is from March 2020 to January 19, 2022
 Positive cases are noted based on a resident's home neighborhood

	Positive	Last positive case reported on:	Recovered	Deaths
Total for Assisted Living	19	1/3/22	17	2
Total for Skilled Nursing	39	12/30/21	32	7
Total for Employees	111	1/19/22	100	

Mitigating Strategies

Our staff remains vigilant in appropriate screening, PPE usage and hand hygiene. Our mitigating strategies continue to be in effect. You will find these listed below:

Regarding visitation:

- Consider getting tested before you visit to ensure you are not bringing the virus into the building.
- Visitors must wear tight-fitting masks into our building and be screened at the front entrance of our health center. Please bring your driver's license or photo ID. Also, please do not visit if you are not feeling well and be sure to abide by all travel guidelines, found here: <https://portal.ct.gov/coronavirus/travel>.
- Regardless of vaccination status, everyone will wear a KN95 mask at all times while inside our building (in all inside visitation locations including the resident's room). They are located at the Well Screen machine when you walk in.
- This also means that food and drink will not be allowed during visits.
- Social distancing (defined as being 6 feet apart) must be maintained from the resident you are visiting and from all other residents and all staff.
- If you, or anyone that visits McLean, should discover you are COVID-19 positive within 14 days of visiting us, please call the nursing supervisor right away so we can take the appropriate actions immediately to assess the potential exposure and implement the necessary isolation protocols to stop potential spread.
- Visitors must follow the core principles of infection prevention during any visit.
 - Visitors who have a positive viral test for COVID-19, symptoms of COVID-19, or currently meet the criteria for quarantine, should not enter the facility.
 - Hand hygiene (use of alcohol-based hand rub is preferred)
 - Face covering or mask (covering mouth and nose)
 - Social distancing, at least six feet between people, in accordance with CDC guidance
- Small group activities, as well as socially distanced larger groups, are occurring on all neighborhoods. The Abernethy and Pfirman Dining Rooms may need to be closed on certain days or times due to staffing levels. We are doing our best to keep this to a minimum.
- The Beauty Salon / Barber Shop is open for residents not under isolation protocols.

- Unvaccinated residents who have had a direct COVID-19 exposure or a resident who tests positive for COVID-19, will have compassionate care visits for 14 days.
- A health screening process is in place at our entrance for all essential personnel entering the building and for those who are visiting residents.
- The appropriate personal protective equipment (PPE) is available and worn by all staff while on campus.
- Enhanced cleaning process with approved products used and an increased focus on touched surfaces remains top priority.
- Masks are provided to all residents to wear when out of their room, when they have visitors in their room, and if engaged with their care team (with the exception of face care, taking medications or eating).
- Internal campaigns and audits for infection control practices have been implemented to reinforce consistent and effective preventative measures.
- Medical appointments via telemedicine are encouraged whenever possible.
- COVID-19 testing of staff follows the current Department of Public Health requirements. We will follow isolating protocols should any resident receive a positive test result and will implement additional testing and cohorting strategies.