

Life Enrichment Programs at McLean

Your week at-a-glance

SATURDAY, OCTOBER 23

10:00 AM	“DEM BONES DICE GAME” (CHAPEL CROSSING)
10:00 AM	ALL ABOUT HALLOWEEN AND CONVERSATION (ATWATER)
11:00 AM	BALLOON BADMINTON (ATWATER)
11:00 AM	PAINTING OUR CLAY ART (SKYVIEW DAY ROOM)
1:30 PM	BINGO (KOOPMAN ROOM)
3:00 PM	TRAVELOGUE (ABERNETHY/SKYVIEW GREAT ROOM)

SUNDAY, OCTOBER 24

10:30 AM	SING-A-LONG (ATWATER)
10:15 AM	VIDEO: RICK STEVES' NEW ENGLAND IN THE FALL (CHAPEL CROSSING)
10:45 AM	RECORDED: ST. CATHERINE'S CATHOLIC MASS (ABERNETHY/SKYVIEW)
1:30 PM	“CLASSIC MELODIES FOR HAPPY MEMORIES” – THE SONGS YOU USED TO LOVE BY DUNCAN BABCOCK (KOOPMAN ROOM)
3:00 PM	PICK A MOVIE (KOOPMAN ROOM)

MONDAY, OCTOBER 25

9:15 AM	MORNING VISITS (ATWATER)
9:30 AM	MORNING CHAT (KOOPMAN ROOM)
10:15 AM	EXERCISE (KOOPMAN ROOM)
10:30 AM	REMINISCE THROUGH ART WITH TRISH (CHAPEL CROSSING)
10:30 AM	WITCH WARMUPS (ABERNETHY/SKYVIEW GREAT ROOM)
11:00 AM	HALLOWEEN GHOST STORIES (ABERNETHY/SKYVIEW GREAT ROOM)
1:00 PM	MUSIC WITH MARTHA (ATWATER)
1:30 PM	CANDY CORN CRAFT (ABERNETHY/SKYVIEW GREAT ROOM)
1:45 PM	RESIDENT COUNCIL (CRAFT ROOM)
2:00 PM	MUSIC WITH MARTHA (KOOPMAN ROOM)
3:00 PM	EARTH ODYSSEY (ABERNETHY/SKYVIEW GREAT ROOM)
3:15 PM	ART APPRECIATION (CHAPEL CROSSING)

TUESDAY, OCTOBER 26

9:30 AM	MORNING CHAT (KOOPMAN ROOM)
9:30 AM	DAILY PUZZLES (CHAPEL CROSSING)
10:15 AM	EXERCISE (KOOPMAN ROOM)
10:00 AM	GIVING BACK: TREAT BAG CREATIONS (ABERNETHY/SKYVIEW GREAT ROOM)
10:30 AM	FUN WITH TRIVIA (CHAPEL CROSSING)
11:00 AM	NAMASTE (ATWATER)
1:45 PM	BINGO (CHAPEL CROSSING)
1:30 PM	POKENO (ATWATER)
1:30 PM	RESIDENT COUNCIL (KOOPMAN ROOM)
2:00 PM	STORYTIME WITH ANN (ABERNETHY/SKYVIEW GREAT ROOM)
2:30 PM	BOTTOM'S UP CARD GAME (ATWATER)
3:30 PM	GIVING BACK: TREAT BAG CREATIONS (CHAPEL CROSSING)
3:30 PM	RUMMICUBE (ABERNETHY/SKYVIEW DAY ROOM)

WEDNESDAY, OCTOBER 27

9:00 AM	COMMUNION AND BLESSINGS (ALL NEIGHBORHOODS)
9:30 AM	MORNING CHAT (KOOPMAN ROOM)
10:15 AM	EXERCISE WITH STRETCH BANDS (KOOPMAN ROOM)
10:30 AM	HAUNTED HANGMAN (CHAPEL CROSSING)
10:30 AM	LIGHT & LIVELY CHAIR EXERCISE (ABERNETHY/SKYVIEW GREAT ROOM)
11:00 AM	HISTORY OF CHOCOLATE (KOOPMAN ROOM)
11:00AM	JOGGIN' YOUR NOGGIN TRIVIA (ABERNETHY/SKYVIEW GREAT ROOM)
1:15 PM	CRAFT (KOOPMAN ROOM)
2:00 PM	BINGO (ABERNETHY/SKYVIEW DINING ROOM)
3:00 PM	CONNECT (ATWATER)
3:15 PM	VIDEO: RICK STEVES' NEW ENGLAND IN THE FALL
3:30 PM	DO YOU BELIEVE IN GHOSTS? (ABERNETHY/SKYVIEW DINING ROOM)
3:30 PM	SPOOKY STORIES (CHAPEL CROSSING)

THURSDAY, OCTOBER 28

9:30 AM	MORNING CHAT (KOOPMAN ROOM)
10:00 AM	CRANIUM CRUNCHES (ABERNETHY//SKYVIEW GREAT ROOM)
10:15 AM	CROSSWORD PUZZLE (KOOPMAN ROOM)
10:30 AM	EARTH ODYSSEY (ATWATER)
11:00 AM	GENTLE EXERCISE WITH KIM (ABERNETHY/SKYVIEW GREAT ROOM)
1:30 PM	ENJOY ACCORDION MUSIC BY DAVID GOCLOWSKI (KOOPMAN ROOM)
3:00 PM	LET'S PLAY MOLLKEY (KOOPMAN ROOM)
3:15 PM	HALLOWEEN INSTRUMENTAL MUSIC WITH FIREPLACE (ATWATER)
3:30 PM	MUSIC WITH MARTHA (ABERNETHY/SKYVIEW GREAT ROOM)
3:30 PM	CROSSWORD PUZZLE (CHAPEL CROSSING)

FRIDAY, OCTOBER 29

9:30 AM	MORNING CHAT (KOOPMAN ROOM)
10:15 AM	EXERCISE (KOOPMAN ROOM)
10:00 AM	GIVING BACK: TREAT BAG CREATIONS (ABERNETHY/SKYVIEW GREAT ROOM)
10:30 AM	GIVING BACK: TREAT BAG CREATIONS (CHAPEL CROSSING)
11:00 AM	SHORT STORY: TRICK OR TREAT TRADITIONS (ABERNETHY/SKYVIEW GREAT ROOM)
1:00 PM	MUSIC WITH MARTHA (ATWATER)
1:30 PM	CERAMICS (CRAFT ROOM)
2:00 PM	MUSIC WITH MARTHA (KOOPMAN ROOM)
3:00 PM	AFTERNOON MOVIE: ABBOTT AND COSTELLO MEET FRANKENSTEIN (ABERNETHY/ SKYVIEW GREAT ROOM)
3:30 PM	LET'S PLAY UNO (CHAPEL CROSSING)
