

June 15, 2021



Dear Residents, Patients and Families,

We hope you are well as we send this week's update on the health and safety of our campus.

We continue to welcome inside and outside visitors to all neighborhoods and are thrilled to see so many familiar faces around our campus once again. We understand how difficult and confusing the transition is with visitation; however, please only use your designated visitation area at this time. **Please do not use the common areas such as the courtyard, living room, day rooms, or Pfirman Dining Room for visiting at this time.** These areas are for residents only.

Residents are participating in small group activities and are enjoying the use of our amenities, including the dining rooms and barber shop/salon. Residents are required to wear masks when they are moving from one location to another.

As of this week, we will no longer have the drop-off table at our entrance. You may bring items (including clothes/laundry) directly to a resident's private room, and for those who live in a semi-private room, please deliver items, labeled with resident's name, to the nursing station. If an item is perishable, please alert staff.

We are finally starting to see some of those "blue skies ahead!" With McLean's encouraging progress and Connecticut's significant decrease in COVID-19 cases, we feel we can now discontinue this weekly update to our families, residents and staff. Please be assured, however, we will keep the lines of communication open with everyone and will provide updates for any policy or procedure changes, if we have a positive case to report, or we have a "cluster" of residents and/or staff with respiratory symptoms.

Please join us tomorrow for the next Family Council meeting: Wednesday, June 16th at 2:00 p.m. The link to join the meeting is below.

[Join Microsoft Teams Meeting](#)

+1 860-241-5262 Conference ID: 293 990 335#

As you make your plans to visit McLean, please refer to the updated guidelines and information, which are attached to this letter. We appreciate your continued partnership as we enforce these rules for the safety of our community. This includes wearing a tight-fitting mask correctly, as you enter the Health Center and make your way to your visitation location. We also ask for your patience if you arrive during our 3 p.m. staff shift change, when we experience increased activity at our entryway Well Screen machine.

Wishing all of our McLean dads a very Happy Father's Day. As always, please reach out to us with any questions.

Be well,

David Bordonaro
President

Lisa Clark
Vice President, Administrator of the Health Center

Visitation Guidelines and Scheduling

- A tight-fitting mask must be worn on our campus until you reach your visitation area. Appropriate face masks will be provided for your visit if necessary, as well as any additional PPE required.
- Don't forget your driver's license. All that enter must complete the health screening process at our entryway.
- All visitors must review the **Visitor's Guide** which reviews the Core Infection Control Guidelines. This guide can be found on our website, scroll to the bottom of the home page to the Family Site, and click on the Visitor's Guide.
- Please do not mingle or use the common areas, such as the living room, courtyard, day rooms, Pfirman Dining Room, etc. These are areas exclusively for residents at this time. Please maintain social distancing with staff and residents as you travel to and from the entrance to your visitation area. Please go out the front door for a walk or visit if you wish.
- Families/friends are unable to join their loved one for resident activities at this time.
- Our café is open for grab and go food and beverages. If all parties visiting and the resident are fully vaccinated, they can enjoy food and beverages together, in the visitation areas only and in accordance with your loved one's diet.
- If the positivity and/or transmission rates increase and if we have one positive resident or employee, these guidelines will change. As always, we will communicate any updates with you.
- See instructions below for accessing the SimplyBookMe system

	private rooms	semi-private rooms
Inside visits <i>Fully</i> vaccinated resident and <u>all</u> visitors in the group	<ul style="list-style-type: none"> ● pre-scheduling is no longer needed ● open to receive as many visitors as they wish ● no limits on length of time for visits ● no masks required in the room ● no social distancing is required in the room ● can enjoy food or beverages together 	<ul style="list-style-type: none"> ● pre-scheduling is required for these visits ● use the SimplyBookMe system to schedule ● these will be booked in a private visitation area or outside ● open to receive as many visitors as they wish ● no masks required in visitation areas ● no social distancing is required in the visitation areas ● can enjoy food or beverages together
Inside visits Unvaccinated resident and/or any unvaccinated visitor in the group	<ul style="list-style-type: none"> ● two visitors are allowed at one time and social distancing is required ● masks for the residents and visitors are required at all times ● no limits on length of time for visits ● pre-scheduling is no longer needed, <u>unless</u> more than two visitors will be visiting at one time ● use the SimplyBookMe system to schedule a separate visitation area for three or four visitors 	<ul style="list-style-type: none"> ● pre-scheduling is required for these visits ● use the SimplyBookMe system to schedule ● these will be booked in a private visitation area or outside ● up to four visitors are welcome ● social distancing is required ● masks for the residents and visitors are required at all times
Compassionate care/end of life visits	<ul style="list-style-type: none"> ● can occur anytime ● no need to pre-schedule unless we are in an outbreak 	<ul style="list-style-type: none"> ● can occur anytime, whether we are in outbreak status or not ● scheduled through nursing
Outside visits	<ul style="list-style-type: none"> ● there are six separate visitation areas set-up near the circle driveway ● these are first come, first serve ● outside visits will need to be scheduled during an outbreak 	

<p>During an outbreak (a COVID-19 positive staff or resident)</p>	<ul style="list-style-type: none"> • inside visitation will be restricted to compassionate care/end of life only and scheduled with the nursing staff • outside visitation can occur and pre-scheduled through SimplyBookMe • after round one of testing, the non-impacted neighborhoods may be able to reopen • the table for deliveries will return to front entrance for affected neighborhoods
--	--

How to access the SimplyBookMe scheduling system:

Click on this link: <https://mcleancare.simplybook.me/v2>, or it can also be accessed on the home page of McLeanInspiredLiving.org, scroll to the bottom and click on Family Site. Please contact Kathy Cookson at 860-658-3725 or kathy.cookson@mcleancare.org with any questions.

Please bring your driver's license for the Well Screen machine. Also, please do not visit if you are not feeling well and be sure to abide by travel guidelines, found here: <https://portal.ct.gov/coronavirus/travel>

Mitigating Strategies

Our staff remains vigilant in appropriate screening, PPE usage and hand hygiene.

Our mitigating strategies continue to be in effect. You will find these listed below:

- Please refer to the visitation procedures above for current information.
- Visitors must follow core principles of infection prevention during any visit.
- Small group activities, as well as socially distanced larger groups, are occurring on all neighborhoods.
- The resident dining rooms are open, for residents only, with social distancing at this time.
- The Beauty Salon / Barber Shop is open for all residents on all neighborhoods.
- We are working with our pharmacy partners and the Department of Public Health to provide staff and residents with any future COVID-19 vaccinations.
- A health screening process is in place at our entrance for all people entering our building.
- Personal Protective Equipment (PPE) is available and worn by all staff while on campus.
- Masks are provided to all residents to wear when out of their room or if engaged with their care team (with the exception of face care, taking medications or eating).
- Enhanced cleaning process with approved products used and an increased focus on touched surfaces remains top priority.
- Internal audits for infection control practices have been implemented to reinforce consistent and effective preventative measures.
- Medical appointments via telemedicine are encouraged whenever possible.
- COVID-19 testing of staff follows the Governor's executive order. Fully vaccinated staff are not required to test and unvaccinated staff are testing monthly. If we have one positive case (an outbreak), all staff and residents will test once weekly per DPH requirements. We will follow isolating protocols should any resident receive a positive test result and will implement additional testing and cohorting strategies.

Cumulative data below is from March 2020 to June 15, 2021

Positive cases are noted based on a resident's home neighborhood

	Positive	Last positive case reported on:	Recovered	Deaths
Total for Assisted Living	18	1/13/21	16	2
Total for Skilled Nursing	36	1/14/21	29	7
Total for Employees	50	5/19/21	50	