

March 30, 2021



Dear Residents, Patients and Families,

We hope you are well as we send our weekly update on the health and safety of our campus. Spring is here and for those families who are celebrating Passover or Easter this week, we wish you all the best for a very safe and happy holiday. If you are interested in taking your loved one off-campus to celebrate, please speak to the nursing supervisor for details.

We continue to gradually and thoughtfully open our campus to our residents and visitors. Our health center residents are enjoying the fresh air and sights of spring as they spend time outdoors, visiting with each other in the courtyard. They are also enjoying our newly redecorated living room as they have opportunities to safely enjoy this space during their scheduled time slots.

All neighborhoods in our health center are continuing with small group activities and small group dining with appropriate masking and social distancing. We are continuing to test skilled nursing and assisted living staff weekly and will keep you posted on any positive test results.

We have great news to share! We are expanding our visiting opportunities! Please see the attached visitation and online scheduling guidelines to learn more! As of today, the positivity rate for Hartford County remains below 10% and our resident vaccination rate is over 70%. This is welcome news for vaccinated residents who wish to share a hug with their family and friends during their scheduled visit! We would like to remind you that face masks must be worn into our building and during visits.

Jennifer Caldwell, our new scheduler, is available to answer any questions or concerns regarding our online scheduling system. Jennifer is also available if you prefer to book your visit through her directly and she can be reached at 860-658-3733 or [jennifer.caldwell@mcleancare.org](mailto:jennifer.caldwell@mcleancare.org).

Just a reminder that packages delivered to the health center are no longer being held for three days. If you are dropping off food, please label the bag or container to indicate this. If it is something that is perishable (will melt or get warm quickly), you can call the receptionist to let them know. We will continue to launder all clothing before we deliver it to residents.

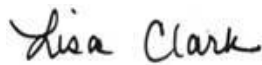
Our Luminaria Night is scheduled for Monday, April 5. Thank you for helping us to commemorate our year-long journey through the pandemic by sending along your messages of hope and reflection for the luminaria bags. These battery-operated candles will be lit in our courtyard at 4:00 pm and will light the night in unity and remembrance. Residents will be able to see the beautiful display through the health center windows. We will be creating a slideshow of the evening and each luminaria to share with you!

We thank you for your continued support.

Be well,



David Bordonaro  
President



Lisa Clark  
Vice President, Administrator of the Health Center

## Visitation Guidelines and Scheduling

**Beginning Monday, April 5, 2021**, we are able to offer up to three visits on each of our neighborhoods daily! Scheduled times are 10:30-11:30 a.m.; 1:30-2:30 p.m. and 3:30-4:30 p.m. Two guests at a time are allowed in a resident's single room. If a resident would like more than two visitors, their visit will be held in the Pfirman Dining Room. If a resident lives in a double room, all visits must be held in the Pfirman Dining Room. You may begin scheduling these visits tomorrow, March 31.

As a reminder, all visits **MUST** be scheduled. Visitors must wear tight-fitting masks and be screened at the front entrance of our health center. Appropriate face mask coverings will be provided for your visit, as well as any additional PPE required. Please bring your driver's license or photo ID. Also, please do not visit if you are not feeling well and be sure to abide by all travel guidelines, found here: <https://portal.ct.gov/coronavirus/travel>.

*Remember: Food and pets are not allowed per CT DPH guidelines.*

Upon arriving in the McLean parking lot, all visitors are asked to call the front desk receptionist at 860-658-3700. The receptionist will confirm that all visitors have arrived and will confirm the time of the scheduled visit. If the timing is correct, they will be advised to come in and proceed with the Well Screen machine. If they are too early, they will be asked to wait until approximately 10 minutes prior to the appointment to come inside to the Well Screen machine.

All visitors must be educated in the core principles of infection prevention and then they may proceed directly to their loved one's room or outside to the Pfirman Dining Room.

To book your in-person visit online, follow the steps below:

- Click on this Link: <https://mcleancare.simplybook.me/v2>, which can also now be accessed on the home page of [McLeanInspiredLiving.org](http://McLeanInspiredLiving.org).
- This will direct you to the McLean home page, scroll all the way to the bottom, click on Family Site and then click on the link for SimplyBookMe, or click on the link to "safely schedule a visit" on the green pop up square with coronavirus updates!
- Click on "Book Now" and then on the specific neighborhood.
- Indicate the type of visit you want from the choices presented.
- Click on the available time that works for you.

During your first visit to this site, you will be asked to create an account with a password. After you have selected a time, you will receive a confirmation email. Should your requested time be unavailable, we will reach out to you with other options. Please limit your request to "one type" of request weekly, to allow as many family visits as possible.

**Note:** *Compassionate care visits continue to be arranged through the nursing staff after completing our clinical review. These are for significant changes in condition or end of life.*

### Mitigating Strategies

Our staff remains vigilant in appropriate screening, PPE usage and hand hygiene.

Our mitigating strategies continue to be in effect. You will find these listed below:

- Inside visits, small group activities, including small group dining occur on all neighborhoods.
- End of life and compassionate care visits continue to be scheduled for all neighborhoods after clinical review.
- Visitors must follow core principles of infection prevention during any visit.
- The Beauty Salon / Barber Shop is open.
- We are working with our pharmacy partners and the Department of Public Health to provide staff and residents with any future COVID-19 vaccinations.
- A health screening process is in place at our entrance for all essential personnel entering the building and for those who have scheduled visits.
- Personal Protective Equipment (PPE) is available and worn by all staff while on campus.
- Enhanced cleaning process with approved products used and an increased focus on touched surfaces remains top priority.
- Masks are provided to all residents to wear when out of their room or if engaged with their care team (with the exception of face care, taking medications or eating).
- Regular audits are conducted by the CT Department of Public Health, National Guard and CDC to survey our infection control practices. Internal campaigns and audits have been implemented to reinforce consistent and effective preventative measures.
- Medical appointments via telemedicine are encouraged whenever possible.
- COVID-19 testing of staff follows the Governor's executive orders and we are currently working with state assigned partners. All staff will test once weekly per CMS recommendations. We will follow isolating protocols should any resident receive a positive test result and implement additional testing and cohorting strategies.

**Cumulative data** below is from March 2020 to March 30, 2021

Positive cases are noted based on a resident's home neighborhood

	Positive	Last positive case reported on:	Recovered	Deaths
<b>Assisted Living</b>				
Robinson	1		1	
Atwater	1		1	
Abernethy	16	1/13/21	14	2 (1 at other facility)
Total for Assisted Living	18		16	2
<b>Skilled Nursing</b>				
Evergreen Way (post-acute)	13	1/6/21	11	2 (1 at other facility)
Chapel Crossing	2	1/14/21	2	
Skyview Terrace	21	1/4/21	16	5
Total for Skilled Nursing	36		29	7
<b>Employees</b>	46	3/26/21	45	