

Dear Residents, Patients and Families,

We hope you are well as we send our weekly update on the health and safety of our campus.

We continue to be COVID-19 free. This is a testament to the diligent hard work put in by our amazing staff and their dedication to being "McLean Strong" on and off our campus.

We successfully completed all of the scheduled COVID-19 vaccine clinics for our residents and staff this past weekend. We will work with our pharmacy partners and the Department of Public Health to provide staff and residents with any future COVID-19 vaccinations. To continue on with our work of protecting our precious community, our mitigating strategies, found below, will remain in effect until all test results are in and all are negative through March 8.

Until we achieve all negative test results for the two full weeks, we are only booking virtual visits. You can schedule your virtual visit online by following the steps below:

- Click on this Link: https://mcleancare.simplybook.me/v2.
- This will direct you to the McLean Healthcare page of SimplyBookMe!
- Click on "Book Now" and then on the specific neighborhood.
- Select "virtual visit" from the choices presented.
- Click on the available time that works for you.

If this is your first visit to this site, you will be asked to create an account with a password. After you have selected a time, you will receive a confirmation email. Should your requested time be unavailable, we will reach out to you with other options. Please limit your request to one visit weekly, to allow as many family visits as possible.

Please contact Kathy Cookson with any questions or concerns regarding this online scheduling system. Kathy is also available if you prefer to book your visit through her directly and she can be reached at kathy.cookson@mcleancare.org or 860-658-3725. Compassionate care visits are arranged through the nursing staff after receiving physician approval.

As we mentioned in our previous communication, we will be acknowledging our year-long journey through the pandemic with events and activities on our campus that highlight our strength and resiliency, mourn those we've lost, and focus our hopeful eyes on a bright future. Keep a lookout for an email update on the luminaria bag project!

We are not alone in our reflection of the year gone by. We are joining LeadingAge CT, a membership organization dedicated to serving older adults, by taking part in their #oneyearstronger initiative to recognize our year of caring, compassion, and community.

Throughout our nation, we have been fighting alongside our health care partners. Even though our focus has been on our residents living on our campus, we know there has been tremendous effort, sacrifice and hope among other frontline workers and protectors of the aging. #oneyearstronger reflects the journeys of us all and celebrates the strength we've found together. Follow us on Facebook [McLean Life Plan Community] as we share the latest photos of our own events and activities to commemorate this important moment in time.

Thank you for your support.

Be well,

David Bordonaro

President

Lisa Clark

Lisa Clark

Vice President, Administrator of the Health Center

Mitigating Strategies

Our staff remains vigilant in appropriate screening, PPE usage and hand hygiene. Our mitigating strategies continue to be in effect. You will find these listed below:

- We are working with our pharmacy partners and the Department of Public Health to provide staff and residents with any future COVID-19 vaccinations.
- Inside visits have been suspended. End of life and compassionate care visits are being scheduled with physician approval.
- Small group activities, including small group dining, have been suspended.
- The Beauty Salon / Barber Shop are temporarily closed.
- A health screening process is in place at our entrance for all essential personnel entering the building and for those who have scheduled visits.
- Personal Protective Equipment (PPE) is available and worn by all staff while on campus.
- Enhanced cleaning process with approved products used and an increased focus on touched surfaces remains top priority.
- Masks are provided to all residents to wear when out of their room or if engaged with their care team (with the exception of face care, taking medications or eating).
- Regular audits are conducted by the CT Department of Public Health, National Guard and CDC to survey our infection control practices. Internal campaigns and audits have been implemented to reinforce consistent and effective preventative measures.
- Medical appointments via telemedicine are encouraged whenever possible.
- COVID-19 testing of staff follows the Governor's executive orders and we are currently working with state assigned partners. All staff will test once weekly per CMS recommendations. We will follow isolating protocols should any resident receive a positive test result and implement additional testing and cohorting strategies.

Cumulative data below is from March 2020 to March 2, 2021.

Positive cases are noted based on a resident's home neighborhood.

	Positive	Last positive case reported on:	Recovered	Deaths
Assisted Living				
Robinson	I		I	
Atwater	I		I	
Abernethy	16	1/13/21	14	2 (I at other facility)
Total for Assisted Living	18		16	2
Skilled Nursing				
Evergreen Way (post-acute)	13	1/6/21	II	2 (I at other facility)
Chapel Crossing	2	1/14/21	2	
Skyview Terrace	21	1/4/21	16	5
Total for Skilled Nursing	36		29	7
Employees	44	2/18/21	44	