

March 9, 2021



Dear Residents, Patients and Families,

We hope you are well as we send our weekly update on the health and safety of our campus.

It is with happy hearts that we let you know we are COVID-19 free! There have been NO new resident or employee cases to report for a full two weeks.

This is a long-awaited day and we are so pleased to be able to lift some of our mitigating strategies. We are continuing to test skilled nursing and assisted living staff weekly and will keep you posted on any positive test results.

With news that the CDC has released updated guidelines for fully vaccinated people, we wanted to shed some light on the factors that guide us as a health care community. We follow guidance from our local health agencies, including the State of CT Department of Public Health, as it relates to safe practices for our community. We do expect to receive additional guidance from our local partners based on the newly released CDC guidelines. However, at this time, there has been no change to visitation policies for health care communities or communal senior living.

Our health center has resumed small group activities and small group dining with appropriate masking and social distancing. Our Beauty Salon/Barber Shop is also set to open, serving our residents on Tuesdays, Wednesdays and Saturdays to start. Appointments are being made in anticipation of getting everyone back on a regular schedule.

And of course, we are scheduling indoor visits! As a reminder, all visits MUST be scheduled. Visitors must wear masks and be screened at the front entrance of our Health Center. Any additional PPE required for your visit will be provided for you. Please bring your driver's license or photo ID. Also, please do not visit if you are not feeling well and be sure to abide by all travel guidelines, found here: <https://portal.ct.gov/coronavirus/travel>.

*Remember: Food and pets are not allowed per CT DPH guidelines.*

While we are so pleased to welcome our families to visit, we have implemented a new process. Please be advised of the following:

*Going forward, all McLean visitors, upon arriving in the McLean parking lot, are asked to call the front desk receptionist at McLean, 860-658-3700. The receptionist will confirm that all visitors have arrived and will confirm the time of the scheduled visit. If the timing is correct, they will be advised to come in and proceed with the Well Screen machine. If they are too early, they will be asked to wait until approximately 10 minutes prior to the appointment to come inside to the Well Screen machine.*

To book your in-person visit online follow the steps below:

- Click on this Link: <https://mcleancare.simplybook.me/v2>.
- This will direct you to the McLean Healthcare page of SimplyBookMe!
- Click on “Book Now” and then on the specific neighborhood.
- Indicate the type of visit you want from the choices presented.
- Click on the available time that works for you.

During your first visit to this site, you will be asked to create an account with a password. After you have selected a time, you will receive a confirmation email. Should your requested time be unavailable, we will reach out to you with other options. Please limit your request to “one type” of request weekly, to allow as many family visits as possible.

*Note: Compassionate care visits are arranged through the nursing staff after completing our clinical review.*

Please contact Kathy Cookson with any questions or concerns regarding this online scheduling system. Kathy is also available if you prefer to book your visit through her directly and she can be reached at [kathy.cookson@mcleancare.org](mailto:kathy.cookson@mcleancare.org) or 860-658-3725.

As we continue to acknowledge our year-long journey through the pandemic with commemorative events and activities on our campus, we thank all who have written their special messages of reflection and hope on a luminaria bag. Towards the end of the month, we will schedule an evening to light up the night! Keep a lookout for an email with the date.


Our staff is engaged and ready for any possible upcoming changes as we remain “McLean Strong” both on and off our campus. We will of course communicate any updates to our McLean policies as they occur. Thank you for your patience as we work together with our local health agencies on the very best way to safely and effectively incorporate any adjustments to our safety measures.

Please call us with any questions. We thank you for your support.

Be well,



David Bordonaro  
President



Lisa Clark  
Vice President, Administrator of the Health Center

**Mitigating Strategies**

Our staff remains vigilant in appropriate screening, PPE usage and hand hygiene. Our mitigating strategies continue to be in effect. You will find these listed below:

- We are working with our pharmacy partners and the Department of Public Health to provide staff and residents with any future COVID-19 vaccinations.
- Inside visits have resumed. End of life and compassionate care visits continue to be scheduled after clinical review.
- Small group activities, including small group dining, have resumed.
- The Beauty Salon / Barber Shop is open.
- A health screening process is in place at our entrance for all essential personnel entering the building and for those who have scheduled visits.
- Personal Protective Equipment (PPE) is available and worn by all staff while on campus.
- Enhanced cleaning process with approved products used and an increased focus on touched surfaces remains top priority.
- Masks are provided to all residents to wear when out of their room or if engaged with their care team (with the exception of face care, taking medications or eating).
- Regular audits are conducted by the CT Department of Public Health, National Guard and CDC to survey our infection control practices. Internal campaigns and audits have been implemented to reinforce consistent and effective preventative measures.
- Medical appointments via telemedicine are encouraged whenever possible.
- COVID-19 testing of staff follows the Governor’s executive orders and we are currently working with state assigned partners. All staff will test once weekly per CMS recommendations. We will follow isolating protocols should any resident receive a positive test result and implement additional testing and cohorting strategies.

**Cumulative data** below is from March 2020 to March 9, 2021.

Positive cases are noted based on a resident’s home neighborhood.

	Positive	Last positive case reported on:	Recovered	Deaths
<b>Assisted Living</b>				
Robinson	1		1	
Atwater	1		1	
Abernethy	16	1/13/21	14	2 (1 at other facility)
Total for Assisted Living	18		16	2
<b>Skilled Nursing</b>				
Evergreen Way (post-acute)	13	1/6/21	11	2 (1 at other facility)
Chapel Crossing	2	1/14/21	2	
Skyview Terrace	21	1/4/21	16	5
Total for Skilled Nursing	36		29	7
<b>Employees</b>	44	2/18/21	44	