

March 23, 2021



Dear Residents, Patients and Families,

We hope you are well as we send our weekly update on the health and safety of our campus.

At this time, we remain COVID-19 free. This is wonderful news as our COVID-free status allows us to gradually and thoughtfully continue to open our campus to our residents and visitors. Beginning today, our health center residents will be able to enjoy the warm weather with sunshine on their faces as they spend time and visit with each other outside in our courtyard.

Our newly redecorated living room has opened this week and each neighborhood will have an opportunity to enjoy the refreshed space during their scheduled time slots.

All neighborhoods in our health center are continuing with small group activities and small group dining with appropriate masking and social distancing. We are continuing to test skilled nursing and assisted living staff weekly and will keep you posted on any positive test results.

We would like to acknowledge a brief mention on the 5pm news last night. Channel 3 misreported a "hit gas line at a nursing home." This is incorrect. The incident that occurred happened on the construction site of The Goodrich building in our independent living section of our campus. A piece of machinery accidentally hit an underground gas line, causing a gas leak. Local emergency officials arrived immediately and the leak was repaired quickly. McLean leadership was on site and all Burkholder residents remained safe inside their apartments. There was no impact to our health center and our health center residents.

As of today, the positivity rate for Hartford County remains below 10% and our resident vaccination rate is over 70%. This is welcome news for vaccinated residents who wish to share a hug with their family and friends during their scheduled visit! We would like to remind you that face masks must be worn into our building and during visits.

As the CDC continues to release updated guidelines for fully vaccinated people, we will share any additional news, including from the State of CT Department of Public Health, as it relates to safe practices for our community.

Please see the information on the next page regarding visitation guidelines and our online scheduling system. Jennifer Caldwell, our new scheduler, is available to answer any questions or concerns regarding this system. Jennifer is also available if you prefer to book your visit through her directly and she can be reached at 860-658-3733 or [jennifer.caldwell@mcleancare.org](mailto:jennifer.caldwell@mcleancare.org).

It's not too late to have your special message written on a luminaria bag! Help us commemorate our year-long journey through the pandemic by sending along your messages of hope and reflection to Carlene Rhea, [carlene.rhea@mcleancare.org](mailto:carlene.rhea@mcleancare.org) and we will write your message on a bag. We are keeping our eye on the weather next week to schedule an evening to light up the night! Keep a lookout for an email with the date.

We thank you for your support.

Be well,



David Bordonaro  
President



Lisa Clark  
Vice President, Administrator of the Health Center

## Visitation Guidelines and Scheduling

As a reminder, all visits MUST be scheduled. Visitors must wear tight-fitting masks and be screened at the front entrance of our health center. Appropriate face mask coverings will be provided for your visit, as well as any additional PPE required. Please bring your driver's license or photo ID. Also, please do not visit if you are not feeling well and be sure to abide by all travel guidelines, found here: <https://portal.ct.gov/coronavirus/travel>.

*Remember: Food and pets are not allowed per CT DPH guidelines.*

*Going forward, all McLean visitors, upon arriving in the McLean parking lot, are asked to call the front desk receptionist at 860-658-3700. The receptionist will confirm that all visitors have arrived and will confirm the time of the scheduled visit. If the timing is correct, they will be advised to come in and proceed with the Well Screen machine. If they are too early, they will be asked to wait until approximately 10 minutes prior to the appointment to come inside to the Well Screen machine.*

To book your in-person visit online, follow the steps below:

- Click on this Link: <https://mcleancare.simplybook.me/v2>.
- This will direct you to the McLean Healthcare page of SimplyBookMe!
- Click on "Book Now" and then on the specific neighborhood.
- Indicate the type of visit you want from the choices presented.
- Click on the available time that works for you.

During your first visit to this site, you will be asked to create an account with a password. After you have selected a time, you will receive a confirmation email. Should your requested time be unavailable, we will reach out to you with other options. Please limit your request to "one type" of request weekly, to allow as many family visits as possible.

*Note: Compassionate care visits are arranged through the nursing staff after completing our clinical review.*

### Mitigating Strategies

Our staff remains vigilant in appropriate screening, PPE usage and hand hygiene.

Our mitigating strategies continue to be in effect. You will find these listed below:

- We are working with our pharmacy partners and the Department of Public Health to provide staff and residents with any future COVID-19 vaccinations.
- End of life and compassionate care visits continue to be scheduled for all neighborhoods after clinical review.
- Inside visits, small group activities, including small group dining have resumed on all neighborhoods.
- The Beauty Salon / Barber Shop is open.
- A health screening process is in place at our entrance for all essential personnel entering the building and for those who have scheduled visits.
- Personal Protective Equipment (PPE) is available and worn by all staff while on campus.
- Enhanced cleaning process with approved products used and an increased focus on touched surfaces remains top priority.
- Masks are provided to all residents to wear when out of their room or if engaged with their care team (with the exception of face care, taking medications or eating).
- Regular audits are conducted by the CT Department of Public Health, National Guard and CDC to survey our infection control practices. Internal campaigns and audits have been implemented to reinforce consistent and effective preventative measures.
- Medical appointments via telemedicine are encouraged whenever possible.
- COVID-19 testing of staff follows the Governor's executive orders and we are currently working with state assigned partners. All staff will test once weekly per CMS recommendations. We will follow isolating protocols should any resident receive a positive test result and implement additional testing and cohorting strategies.

Cumulative data below is from March 2020 to March 23, 2021

Positive cases are noted based on a resident's home neighborhood

	Positive	Last positive case reported on:	Recovered	Deaths
<b>Assisted Living</b>				
Robinson	1		1	
Atwater	1		1	
Abernethy	16	1/13/21	14	2 (1 at other facility)
Total for Assisted Living	18		16	2
<b>Skilled Nursing</b>				
Evergreen Way (post-acute)	13	1/6/21	11	2 (1 at other facility)
Chapel Crossing	2	1/14/21	2	
Skyview Terrace	21	1/4/21	16	5
Total for Skilled Nursing	36		29	7
<b>Employees</b>	45	3/11/21	45	