



The Support You Need
to *Lead the Life You Love.*



McLean Assisted Living offers residents the opportunity to live their most independent lives, by providing 24-hour support in an enriching and invigorating environment.

Residents receive just the right amount of help they need, empowering each and every one to live on their own terms, in the neighborhood they choose.

How much care is just right for you?*

	Core	Supportive	Enhanced
24-Hour Staffing	Yes	Yes	Yes
Housekeeping	Yes, weekly	Yes, weekly	Yes, weekly
Laundry	Yes, once weekly	Yes, as needed	Yes, as needed
Activities of Daily Living (Scheduled care)			
Bathing	Yes, up to twice weekly	Yes, as needed	Yes, as needed
Dressing	Short-term minimal assist reminders and cueing	Minimal assist reminders and cueing	Up to full assist, as needed
Toileting/Incontinent Care	Reminders and cueing	Additional reminders, cueing and light assist	With assistance, up to total care and catheter care
Dining	Gentle reminders at meal time, but not accompanied to Dining Room	Reminders and cueing in the Dining Room	Assistance with dining
Ambulation Assistance and Escorting	Yes, short-term minimal assist and cueing	Yes	Yes, including lift assistance
Transferring Assistance	Independent up to 1 person assist	Independent up to 1 person assist	Independent up to 2 person assist and/or mechanical lift assistance <i>Fully electric bed must be provided</i>
Medication Management	Yes, including scheduled diabetic management <ul style="list-style-type: none"> • Two daily reminders • Up to ten medications 	Yes, including scheduled diabetic management <ul style="list-style-type: none"> • Three daily reminders • Up to ten medications, including complex crushing and injections 	Yes, including scheduled diabetic management <ul style="list-style-type: none"> • Four or more daily reminders • 10 or more medications, including complex crushing and injections

A variety of medical care and support is available on our campus, including:

- Primary care physician services
- Nursing availability 8 a.m. – 8 p.m.
- Podiatry
- Dentistry
- Ophthalmology
- Audiology
- Physical, occupational and speech therapy
- Geriatric psychology
- Nutrition guidance
- Wellness assessments
- Modified diets
- ...and a variety of additional therapies.

Memory Care

Recognizing that those with mild-to-moderate Alzheimer's disease and other related dementias deserve an enriching and fulfilling lifestyle, our person-centered memory care is provided by specially-trained, consistent staff who understand the importance of choice and independence. Our memory care program is supported by meaningful programs and dedicated volunteers with a focus on personalized attention and care.

** New residents must be deemed chronic & stable by McLean's clinical reviewer, in collaboration with their medical doctor.*

"Mom and I want you all to know how much we appreciate McLean. Each time I visit Dad, *it is truly a good experience.*"

~ FAMILY MEMBER OF ASSISTED LIVING RESIDENT



Three distinctive neighborhoods *provide all the comforts of home...*



The Robinson

Located on the first floor of the Health Center, The Robinson is a beautifully decorated space, featuring a gracious living room with fireplace and café for beverages and snacks, wellness activity space, media nook, patio and raised garden area. Suites are available.



The Atwater

A secure, all-inclusive memory care neighborhood located on the second floor of the Health Center, The Atwater offers a comfortable dining room with family-style kitchen, cozy common rooms for structured activities and socialization and lovely garden views. Suites are available.



The Abernethy

Newly renovated, secured neighborhood located on the second floor of the Health Center, The Abernethy provides a beautiful rooftop garden, game room, gracious living room with large windows and flexible floor plan for those with or without memory concerns.

"McLean is committed to delivering high quality, compassionate care. Our focus is on each individual resident and what their personal needs and preferences are. This is at the heart of resident-centered care, that is *mindful of a person's body, mind and spirit.*"

~ CARLENE RHEA, DIRECTOR ASSISTED LIVING
AND RESIDENT SERVICES

...letting you live life with confidence.

- Specialized programs and activities
- Pet therapy
- Music programs
- Art classes
- Adaptive technology
- Gardening
- Exercise and wellness classes
- Outings to local events
- Relationships with area schools for inter-generational programs and activities
- Volunteer opportunities

One Community. A Continuum of Care.



McLean Assisted Living is an
integral part of our continuum of care.
Residents have access to a full array of services
offered right here on campus, including:



The Village at McLean

A Life Plan Community

**Assisted Living • Memory Care Assisted Living • Enhanced Assisted Living
Post-Acute Care/Short-Term Rehabilitation • Long-Term Care • Home Care & Hospice
Outpatient Rehabilitation & Wellness Programs • Campus Clinic**

*For more information on McLean Assisted Living
options, please contact:*

McLeanInspiredLiving.org | 860-658-3786
75 Great Pond Road | Simsbury, CT 06070



McLean is a not-for-profit senior living community in Simsbury, CT offering a continuum of services including independent living, assisted living and memory care assisted living, an adult day program, short- and long-term skilled nursing, outpatient rehabilitation and wellness, post-acute care and home care and hospice.

As part of McLean's mission to conserve natural resources and our commitment to improving the environment, this brochure is printed on post-consumer recycled paper.

