



## **Process and Safety Measures for Your Short-Term Rehab Stay:**

### **Prior to admission:**

- The admissions office will function as usual, from 8 am-4:30 pm for all inquiries and referrals.
- To be considered for admission, we require each patient to have one negative COVID-19 tests.
- All patients must require daily nursing skill or therapy in order to be admitted
- We are not admitting positive COVID-19 patients at this time.

### **When you admit to McLean:**

- If you arrive by ambulance or chair car, your EMT's will be in PPE and will escort you to your room.
- If a family member is dropping you off, a nursing staff member will be there to escort you to your room.
- You will have a dedicated nurse and CNA assigned to you each shift. The nurses and aides will be wearing the appropriate PPE at all times. Our nurses, CNAs and housekeeping staff wear gowns, gloves, N95 masks and face shields.
- All rooms are cleaned and sanitized per CDC guidelines in between patient use.
- You will be in a private room. We will not be cohorting patients at this time unless absolutely necessary.
- Your room will also be cleaned daily by our housekeeping staff per CDC guidelines.
- Upon arrival, we are requiring all patients quarantine for 14 days with no visitors allowed per CT DPH due to unknown potential exposure to COVID-19.
- Physical, Speech, and Occupational therapy will all take place in your room primarily during those 14 days.
- If you are continuing therapy for longer than the 14 days, you will be moved from our observation section to our negative COVID section where you may have a roommate and you may have indoor/outdoor visits per CT DPH.
- Once moved, you will be able to participate in the gym for all therapies.

### **Discharge Planning begins as soon as you are admitted:**

- To adhere to all social distancing guidelines, all care plan and discharge meetings will take place via phone or Microsoft Teams. You or your loved ones will still be involved in discharge planning, and we utilize the phone and Teams to ensure that everyone is able to communicate effectively.

- Our interdisciplinary care team will help you navigate what kind of services you may need upon returning home. These services may include home care, physical therapy, occupational therapy, IV services, or Meals on Wheels.
- Our team works hard to make sure you have a seamless transition from McLean to home. Our goal is to get you home safely!

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