



March 13, 2020

We appreciate your cooperation and understanding as we work together to take necessary precautions to keep our community healthy and safe amid growing concerns over the spread of COVID-19. We are enforcing containment efforts to prevent the spread of the virus that can be so dangerous to our senior population.

At this time, McLean has well established procedures to protect our residents and staff, as we remain in close contact with the Department of Public Health and the CDC, to monitor the situation.

We continue to restrict visitors to our health center, except when there is an expectation of end-of-life care, based on a directive from the CT Department of Public Health.

**We are asking families, friends and all volunteers to please refrain from visiting our Health Center – which includes assisted living, skilled nursing and post-acute neighborhoods.**

**Our front entrance is now locked and all staff must use their badge to enter.**

**Families may drop off anything at the front entrance for their loved ones and it will be delivered.**

**Our outpatient physical therapy department is open and all patients are being screened upon entry.**

We are also adhering to social distancing practices by cancelling out trips and discouraging families from taking their loved ones off our campus, except for medical appointments. However, every resident and patient is invited to communicate with family and friends **via Skype and FaceTime** and *we have staff available to help facilitate those interactions.*

This is an ever-changing situation and we remain vigilant in our efforts to keep our community virus-free.

Additional precautionary measures (effective March 13, 2020) include:

- Cancelled events: Assisted Living Open House, Community Café, GAP group, Support Groups, 3/15 Priority Plus Member event, Village group events, and 3/19 Dinner with a Doc “Understanding Strokes”
- Closed Burkholder Restaurant in the McLean Village. Lunch and evening meals available to residents by take-out

Previous update includes:

- The Wellness Center Pool is closed

- All land-based exercise classes are also closed to the public
- We are continuing to inform residents and staff of all regulatory updates, as well as being available to answer any questions
- We are monitoring residents for symptoms as well as implementing precautionary measures to prevent the spread per CDC guidelines
- Staff members are completing a screening survey at the start of every shift in order to continually monitor the health and wellness of our staff

We appreciate your cooperation and understanding as we work together to take necessary precautions to keep our community healthy and safe.

If you do have any questions, please call 860-658-3700.

For more information on the Coronavirus, visit [www.cdc.gov](http://www.cdc.gov)