

September 29, 2020



Dear Residents, Patients and Families,

Since our last communication to you, we are delighted to announce that we are able to start indoor visits! The decision to offer indoor visits comes with guidance from CMS (Centers for Medicare and Medicaid Services) and the CT Department of Public Health.

Per CMS, when McLean has had no COVID-19 cases in the previous 14 days, and our county positivity rate is low or medium, visits may be offered. Visitors must adhere to the Core Principles of COVID-19 for infection prevention. These best practices reduce the risk of COVID-19 exposure:

- Screening of all who enter for signs/symptoms of COVID-19 (temperature checks, questions about signs/symptoms)
- Hand hygiene (use of alcohol-based hand rub)
- Face covering or mask, covering both mouth and nose
- Instructional signage readily available
- Cleaning/disinfecting high frequency touched surfaces after each visit
- Appropriate staff use of PPE (Personal Protective Equipment)
- Effective cohorting of residents (designated rooms for COVID-19 care)
- Resident and staff testing as required by the State of CT

We have been able to designate the Pfirman Dining Room as our dedicated space for indoor visits. Using the far end of our dining room, which has direct access by two doors to the outside, we have set up two distinct visiting areas. Room dividers will help to make some privacy possible. Each area can accommodate one resident and up to four visitors. Visitors will be six feet apart and residents will be eight feet apart from guests.

Adding these two spots to our outdoor visiting area (weather permitting) will greatly increase our capacity for visitors which we are all very excited about! Kathy Cookson remains the contact person to schedule a visit. She can be reached at Kathy.Cookson@McLeancare.org.

More good news comes with these changes!! We are working on a plan to safely open our Hair Salon/Barber Shop. We anticipate this opening to be within the next few weeks and will share more information with you in a future update.

The total number of visitors in our community, (scheduled visitors, end-of-life visitors and compassionate care visitors) must be considered as we determine the parameters for Volunteers to enter our community. Our designated sub-committee is working out these logistics and we look forward to sharing the details with you as we have them.

As a note, should there be even one positive COVID-19 case, staff or resident, we will have to close down all visitations until we again have 14 days of 100% negative results from all staff and residents.

Please find our mitigating strategies and cumulative data below.

Be well.



David Bordonaro
President



Lisa Clark
Vice President, Administrator of the Health Center

Mitigating Strategies

Our staff remains vigilant in appropriate screening, PPE usage and hand hygiene. Our mitigating strategies continue to be in effect. You will find these listed below:

- Visitors are restricted in the building beyond the health screening table except for end-of-life care and for compassionate care visits with physician approval.
- Scheduled outside and inside family visits available by appointment in our designated locations. Window visits, Skype or FaceTime visits are offered by appointment.
- Small group activities, including dining, for all neighborhoods.
- A health screening process is in place at our entrance for all essential personnel entering the building.
- The Salon and Barber Shop schedule will be available soon.
- Personal Protection Equipment (PPE) is available and worn by all staff while on campus.
- Enhanced cleaning process with approved products used and increased focus on touched surfaces.
- Masks are provided to all residents to wear when out of their room or if engaged with their care team (with the exception of face care, taking medications or eating).
- Regular audits are conducted by the CT Department of Public Health, National Guard and CDC to survey our infection control practices.
- Medical appointments via telemedicine are encouraged whenever possible.
- COVID-19 weekly testing of staff follows the Governor's executive orders and we are currently working with state assigned partners. We will isolate any resident with a positive test result and implement additional testing and cohorting strategies.

Cumulative Data as of 9/29/2020

Positive cases are noted based on resident's home neighborhood.

Assisted Living – 9 positive residents to-date (7 recovered), with last positive case identified 5/6/20

- Robinson has had 1 positive (1 recovered)
- Atwater has had 1 positive (1 recovered)
- Abernethy has had 7 positives (5 recovered), 2 resident deaths (1 death at another facility)

Skilled Nursing Home – 24 positive residents to-date (20 recovered), with our last positive case identified 4/24/20

- Evergreen Way (post-acute) has had 6 positives (5 recovered), 1 death at another facility
- Chapel Crossing has had 1 positive (1 recovered)
- Skyview Terrace has had 17 positives (14 recovered), 3 resident deaths

Campus Employees – 26 positive employees (26 recovered) with last positive case reported 9/8/20