

August 4, 2020



Dear McLean Patients, Residents and Families,

Today we are sending out our regular weekly communication as we continue to keep you informed on the health and safety of our campus.

We are continuing surveillance testing of nursing home staff and residents, as well as Assisted Living, Home Care and Hospice staff, every week until further notice and will report any positive COVID-19 results to you. As of today, we have seen negative results from all resident and staff testing for the past several weeks.

Our staff continues to remain vigilant in appropriate screening, PPE usage and hand hygiene. Our mitigating strategies remain in effect. You will find these listed below:

- Visitors are restricted in the building except at end-of-life care.
- Scheduled outside family visits are allowed with four guests that are screened at our door and visit by the circle. Masks, hand hygiene and social distancing are required. Window visits, Skype or FaceTime visits continue to be offered by appointment. No food/drinks are allowed during visits.
- Dining is limited to residences or areas that allow for appropriate social distances.
- A health screening process is in place at our entrance for all essential personnel entering the building.
- Personal Protection Equipment (PPE) is available and worn by all staff while on campus.
- Enhanced cleaning process with approved products used and increased focus on touched surfaces.
- Masks are provided to all residents to wear when out of their room or if engaged with their care team (with the exception of face care, taking medications or eating).
- Regular audits are conducted by the CT Department of Public Health, National Guard and CDC to survey our infection control practices.
- Medical appointments via telemedicine are encouraged whenever possible.
- COVID-19 weekly testing of staff follows the Governor's executive orders. Currently working with state assigned partners. We will isolate any resident

with a positive test result and implement additional testing and cohorting strategies.

Our cumulative data as of 8/4/20 is as follows:

Positive cases are noted based on resident's home neighborhood.

- Assisted Living – 9 positive residents to-date, with last positive case identified 5/6/20
- Robinson has had 1 positive (1 recovered)
- Atwater has had 1 positive (1 recovered)
- Abernethy has had 7 positives (5 recovered), 2 resident deaths (1 death at another facility)

- Skilled Nursing Home – 24 positive residents to-date, with our last positive case identified 4/24/20
- Evergreen Way (post-acute) has had 6 positives (5 recovered), 1 death at another facility
- Chapel Crossing has had 1 positive (1 recovered)
- Skyview Terrace has had 17 positives (14 recovered), 3 resident deaths

- Campus Employees – 25 positive (24 recovered) with last positive case reported 7/20/20

As social distancing measures continue to be in place, we have established a sub-committee dedicated to finding ways to ease the feeling of isolation among our cherished residents. One way we are working to keep them connected is by introducing small group dining within their respective neighborhoods. The small groups will be limited to 5-6 diners and appropriate distancing guidelines will be followed. In an extra effort to make dining an enjoyable experience, our dining team has begun re-introducing china and silverware. We recognize the comfort familiarity brings to our community and we are committed to finding ways to safely enhance the well-being of our residents. While this is one small step we are taking in our Health Center, there are still no shared dining spaces or community dining in The Burkholder.

As you may have heard, the State of CT has implemented travel advisories. As a result, our outdoor family/friend visits are now being impacted by travel advisory protocols. We know how vitally important visits are to our residents, and we are carefully following the state guidelines for the safety of all.

Please read regarding travel protocols before you schedule your next visit:

- If you are traveling from a state that is on the identified “Hot Spot” list, you will NOT be able to visit unless you do one of two things. You must either
 - Have a COVID-19 test within 72 hours of entering the State, OR
 - Quarantine upon arrival in CT for 14 days
- For your reference, the following website explains this process:
<https://portal.ct.gov/Coronavirus/travel>

We thank you for your understanding. Kathy Cookson will be asking about your travel plans when you schedule your visit kathy.cookson@mcleancaare.org.

We’ve been so grateful for bright spots for our hard-working staff. A Staff Thank You fund was established in April. Because of the generosity of family members and friends, we were able to provide ice cream for all staff on all three shifts. The ice cream was safely provided by Batch Ice Cream Truck. Everyone enjoyed the ice cream and the wonderful, fun break. More treats and thank yous are in the pipeline for our hard-working health care heroes!

We hope to see you at the next Family Council joint meeting on August 19th at 2:00 pm. Look for the email invitation in your inbox shortly. Please be sure to email your questions to joan.stefanowicz@mcleancaare.org

Be well.



David Bordonaro
President



Lisa Clark
Vice President, Administrator of the Health Center