

August 18, 2020



Dear McLean Patients, Residents and Families,

We hope you are well as we send you our weekly communication, with an update on the health and safety of our campus.

Testing plays a critical role in our recovery phase and we are continuing surveillance testing of nursing home staff and residents, as well as Assisted Living, Home Care and Hospice staff, every week until further notice. We will report any positive COVID-19 results to you. As of today, we are so pleased to report that we have seen negative results from all resident and staff testing for the past several weeks.

Health Center residents are enjoying being able to share meals together on their neighborhoods, in small groups of five or less diners following social distancing guidelines.

Thank you to all those who've been sending mail to our residents! We have received stacks of cards and letters of warmth and encouragement. Every single piece of mail brightens a resident's day! **Homemade food or treats from a favorite bakery are also a wonderful way to stay connected and brighten a person's day, especially during this time when you are distancing. Many residents, however, have dietary restrictions or special needs. Please check with staff to be sure food/beverages that you send in are consistent with their current dietary needs. Please also label all items with the date and your family member's name.**

The State of CT continues to update the list of states that require quarantining upon return to Connecticut. Please refer to the travel advisory website for important updates as they pertain to any recent or planned travel before you schedule your visit: <https://portal.ct.gov/Coronavirus/travel>. Kathy Cookson will be inquiring about your travel plans when you schedule your visit [kathy.cookson@mcleancare.org](mailto:kathy.cookson@mcleancare.org).

We would also like to remind you that wearing masks is required by you and your loved one during your entire visit to McLean. We appreciate that it is difficult, especially in these warm and humid temperatures, but we strongly believe this practice is vital to the health and safety of everyone in our community.

We hope to see you at the next Family Council joint meeting tomorrow at 2:00 pm. Please be sure to email your questions to [Joan.Stefanowicz@McLeanCare.org](mailto:Joan.Stefanowicz@McLeanCare.org).

Our mitigating strategies and cumulative data are outlined on page 2 of this communication.

Be Well,

David Bordonaro  
President

Lisa Clark  
Vice President, Administrator of the Health Center

## Mitigating Strategies

Our staff remains vigilant in appropriate screening, PPE usage and hand hygiene. Our mitigating strategies continue to be in effect. You will find these listed below:

- Visitors are restricted in the building beyond the health screening table except at end-of-life care.
- Scheduled outside family visits are allowed with four guests that are screened at our door and visit by the circle. Masks, hand hygiene and social distancing are required. Window visits, Skype or FaceTime visits continue to be offered by appointment. No food/drinks are allowed during visits.
- Dining is limited to small groups of residents in dining rooms or areas on their own neighborhoods that allow for appropriate social distances.
- A health screening process is in place at our entrance for all essential personnel entering the building.
- The Salon and Barber Shop continue to be closed.
- Personal Protection Equipment (PPE) is available and worn by all staff while on campus.
- Enhanced cleaning process with approved products used and increased focus on touched surfaces.
- Masks are provided to all residents to wear when out of their room or if engaged with their care team (with the exception of face care, taking medications or eating).
- Regular audits are conducted by the CT Department of Public Health, National Guard and CDC to survey our infection control practices.
- Medical appointments via telemedicine are encouraged whenever possible.
- COVID-19 weekly testing of staff follows the Governor's executive orders and we are currently working with state assigned partners. We will isolate any resident with a positive test result and implement additional testing and cohorting strategies.

## Cumulative Data as of 8/18/2020

Positive cases are noted based on resident's home neighborhood.

Assisted Living – 9 positive residents to-date, with last positive case identified 5/6/20

- Robinson has had 1 positive (1 recovered)
- Atwater has had 1 positive (1 recovered)
- Abernethy has had 7 positives (5 recovered), 2 resident deaths (1 death at another facility)

Skilled Nursing Home – 24 positive residents to-date, with our last positive case identified 4/24/20

- Evergreen Way (post-acute) has had 6 positives (5 recovered), 1 death at another facility
- Chapel Crossing has had 1 positive (1 recovered)
- Skyview Terrace has had 17 positives (14 recovered), 3 resident deaths

Campus Employees – 25 positive employees (25 recovered) with last positive case reported 7/20/20