

April 8, 2020

Dear Residents, Patients and Families,

We provide you with these updates as a way to stay in touch and communicate changes on our campus during this unprecedented time and also to offer reassurance that we are doing everything we can to keep our community safe as we see numbers of positive cases increase in nursing homes across our state.

As of April 7, we know from a nursing home surveillance update provided to us by LeadingAge Connecticut, as tracked by the Connecticut Department of Public Health, that out of 215 nursing homes in Connecticut, 82 (38%) have at least one confirmed case of COVID-19; 600 nursing home residents have a lab-confirmed diagnosis, 171 (29%) have been hospitalized and 81 (14%) have succumbed to the illness.

We are not alone in this fight and we remain as vigilant as ever to do our part to slow the spread as we manage additional positive cases in our Health Center.

At this time, we have five positive cases and seven tests pending on our skilled nursing neighborhoods and we continue to monitor resident symptoms within our Health Center.

In this fight against COVID-19, our best defense is good infection control practices, physical distancing, and our highly-trained staff.

All positive and presumptive cases are isolated behind closed doors within their neighborhood. They are being cared for by assigned, dedicated staff, who are all wearing the appropriate PPE and following CDC sequencing protocols for putting on and taking off their equipment.

To maintain a healthy workforce on our campus, we continue to check employees at the door by asking comprehensive screening questions, taking temperatures and pulse oximeter readings. All employees are diligent in monitoring their own health throughout the day, and we are working to keep ourselves and each other safe by watching to make sure that we are practicing healthy hygiene and using our equipment properly.

If an employee is sick, they are NOT working. If any employee feels unwell at any point during the day, they leave campus immediately. If any employee is living with someone who is sick, additional screenings and monitoring measures are taken.

And because we know that even people who do not have any symptoms may be carriers of the virus, everyone must wear a mask in the building.

As we work to maintain the health and safety of our community, while engaging our residents and patients to help reduce stress and anxiety, we are opening up our courtyard to small accompanied groups, maintaining social distancing practices. This will give our residents and patients the breath of fresh air they crave and the warmth of sunlight on their faces they would regularly enjoy under better circumstances.

McLean is fortunate to have so many families, friends and neighbors who have been reaching out to ask what they can do to help during this unsettling time. Flowers, cards and "Thank You" signs, as well as the meals delivered for staff, help to brighten our days and remind us that we are all in this together.

Lisa Clark

Be well.

David Bordonaro

President

Lisa Clark

Vice President, Administrator of the Health Center