From the Desk of the Director . . .

Beware the Ides of March !?

Not only did William Shakespeare’s words stick, they branded the phrase with a dark and gloomy connotation that will forever make people uncomfortable. It’s probable that many people who use the phrase today don’t know its true origin.

The Ides of March actually has a non-threatening origin story. Kalends, Nones and Ides were ancient markers used to reference dates in relation to lunar phases. Ides simply referred to the first full moon of a given month, which usually fell between the 13th and 15th. In fact, the Ides of March once signified the new year, which meant celebrations and rejoicing.

This year, the full moon is on March 9th, so let’s do our part in bringing back the true meaning and have a joyous time listening to musical entertainment by Two for the Show!

March Special Events in the Village

> **Wednesdays, March 4th, 18th, and 25th, 2:00 p.m.**
> Great Courses: Zoology (HR)

> **Thursday, March 5th, 2:30 p.m.**
> Cruise Theme Music with Chris Merwin (HR)

> **Monday, March 9th, 4:30 p.m.**
> Music by “Two for The Show” (BL)

> **Monday, March 16th, 7:00 p.m.**
> Irish Step Dancers from Shamrock School of Irish Dance (HR)

> **Wednesday, March 18th, 4:30 p.m.**
> Irish Music with Kevin Farley (BL)

> **Thursday, March 19th, 4:30 p.m.**
> March Madness Village Happy Hour (HR) Wear Your Favorite Team Colors and Join Us for Happy Hour

> **Saturday, March 21st, 1:45 p.m.**
> Van Departs for FVSO Concert (RSVP)

> **Tuesday, March 24th, 7:00 p.m.**
> Theatre Guild of Simsbury Staged Readings: “Snapshot” (HR)

Numbers to Know

- Office/Village Resident Services Coordinator ......................... 860-658-3727
- Maintenance Requests ............................................. 860-658-3727
- Restaurant Reservations Line ......................................... 860-658-3773
- Burkholder Beauty Salon .............................................. 860-658-3787
- McLean Clinic ............................................................. 860-658-3760
- Pool/Wellness Center .................................................... 860-658-3750
- McLean Home Care ..................................................... 860-658-3954

The Village Information Phone Line is updated daily. Call for the schedule of social events and exercise classes, menu, and general announcements for you to plan your day! 860-658-3939
## Village Gift Shop Hours this Month:
**Mon. 10:30 - 12:30** | **Wed. 11:00 - 2:00** | **Thurs. 10:30 - 1:00**

### March 2020

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
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<tr>
<td><strong>Pool Week</strong>&lt;br&gt;11:00 - 2:00&lt;br&gt;Chaplain Sean Kennelly&lt;br&gt;12:30 - 1:30&lt;br&gt;Waffles to Order (BR)</td>
<td>10:00&lt;br&gt;Silver Sneakers (HR)&lt;br&gt;11:00&lt;br&gt;Steady &amp; Fit (HR)&lt;br&gt;12:30&lt;br&gt;Cardis (CR)&lt;br&gt;1:30&lt;br&gt;Bean Bag Toss (HR)&lt;br&gt;5:30&lt;br&gt;Banana Cream Pie Dessert (BR)</td>
<td>11:00&lt;br&gt;Self Guided Tai Chi (HR)&lt;br&gt;12:45&lt;br&gt;SS Yoga (HR)&lt;br&gt;2:00&lt;br&gt;Trivia (HR)&lt;br&gt;4:30&lt;br&gt;Hartford Room Reserved</td>
<td>9:30&lt;br&gt;Shop Stop &amp; Shop&lt;br&gt;10:45&lt;br&gt;Simsbury (RSVP)&lt;br&gt;11:45&lt;br&gt;Yoga Chi (HR)&lt;br&gt;5:15&lt;br&gt;GC Zoology (HR)</td>
<td>10:00&lt;br&gt;Silver Sneakers (HR)&lt;br&gt;10:45&lt;br&gt;Bible Study (CC)&lt;br&gt;11:00&lt;br&gt;Steady &amp; Fit (HR)&lt;br&gt;11:00&lt;br&gt;Hooks &amp; Needles (BL)&lt;br&gt;12:45&lt;br&gt;SS Yoga (HR)&lt;br&gt;2:30&lt;br&gt;MUSIC with Chris Merwin (HR)</td>
<td>10:00&lt;br&gt;Sew It Seams (HR)&lt;br&gt;11:00 - 1:30&lt;br&gt;Shopping Shuttle (BL)&lt;br&gt;12:30&lt;br&gt;Puzzles (BL)&lt;br&gt;2:00&lt;br&gt;Cribbage (CR)</td>
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<td><strong>Ping Pong Week</strong>&lt;br&gt;11:00 - 2:00&lt;br&gt;Trinity Episcopal (CC)</td>
<td>10:00&lt;br&gt;Silver Sneakers (HR)&lt;br&gt;11:00&lt;br&gt;Steady &amp; Fit (HR)&lt;br&gt;12:30&lt;br&gt;Catholic Mass (CC)&lt;br&gt;1:30&lt;br&gt;Bean Bag Toss (HR)&lt;br&gt;7:00&lt;br&gt;Shamrock School of Irish Dancers (HR)</td>
<td>10:00&lt;br&gt;Ladies Coffee (BR)&lt;br&gt;11:00&lt;br&gt;Self Guided Tai Chi (HR)&lt;br&gt;12:45&lt;br&gt;SS Yoga (HR)&lt;br&gt;1:00&lt;br&gt;Mexican Train (CR)&lt;br&gt;5:30&lt;br&gt;Salad Table (BR)</td>
<td>10:45&lt;br&gt;Yoga Chi (HR)&lt;br&gt;1:30&lt;br&gt;Jeff The Plant Guy (HR)&lt;br&gt;5:30&lt;br&gt;Residents’ Birthdays (BR)</td>
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<td>9:30&lt;br&gt;Shop Hopmeadow St. (RSVP)&lt;br&gt;10:30&lt;br&gt;Scrabble Friday (HR)&lt;br&gt;12:30&lt;br&gt;Puzzles (BL)&lt;br&gt;2:00&lt;br&gt;Cribbage (CR)&lt;br&gt;5:30&lt;br&gt;Chicken Noodle Soup Day</td>
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<td>10:00&lt;br&gt;Silver Sneakers (HR)&lt;br&gt;11:00&lt;br&gt;Steady &amp; Fit (HR)&lt;br&gt;12:30&lt;br&gt;Cardis (CR)&lt;br&gt;1:30&lt;br&gt;Podiatrist (HR)&lt;br&gt;3:30&lt;br&gt;Bean Bag Toss (HR)</td>
<td>10:00&lt;br&gt;Men’s Coffee (BR)&lt;br&gt;11:00&lt;br&gt;Self Guided Tai Chi (HR)&lt;br&gt;12:45&lt;br&gt;SS Yoga (HR)&lt;br&gt;2:15&lt;br&gt;Clinic (H)&lt;br&gt;3:00&lt;br&gt;Chronology (HR)&lt;br&gt;5:30&lt;br&gt;St. Patrick’s Dinner (BR)</td>
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**Location Key:**  
- **HR** = Harbor Room  
- **HC** = Health Center  
- **TR** = The Refuge  
- **LC** = Library Connector  
- **RSVP** = Reservations Required
Sunday, March 1 • Chef’s Stage Center • 12:30 p.m.
Join Us Chef’s Stage Center as Our Culinary Team Presents “Waffles to Order” with Your Favorite Topping.

Monday, March 2 • National Banana Cream Pie Day
Enjoy a Slice of Our Delicious Banana Cream Pie with Your Dinner!

Tuesday, March 10 • Salad Table at Dinner • 5:30 p.m.
Create Your Own Salad from Our Selection of Fresh Vegetables, Fruits, Nuts, and Cheeses.

Wednesday, March 11 • Resident Birthday Celebration • 5:30 p.m.
Come and Celebrate Our Monthly Birthdays. Reserved Seating, a Special Menu for Residents with a Birthday this Month as Well as Birthday Cake for All.

Thursday, March 12 • Culinary Series • 2:00 p.m. • Café
Join Chef Karen Pelletier for a Cooking Demonstration and Lively Discussion.

Friday, March 13 • National Chicken Noodle Soup Day
Enjoy a Cup of Our Home-Made Chicken Noodle Soup with Your Dinner!

Sunday, March 15 • Chef’s Stage Center • 12:30 p.m.
Join Us Chef’s Stage Center as Our Culinary Team Presents “Omelets Made to Order”.

Tuesday, March 17 • Celebrate St. Patrick’s Day • 5:30 p.m.
Enjoy a Traditional St Patrick’s Day Dinner and a Smithwick’s Irish Ale!

Tuesday, March 24 • Dining Forum • 2:00 p.m.
Come Share Your Ideas and Suggestions with Members of the Dining Team.

Tuesday, March 24 • Salad Table at Dinner • 5:30 p.m.
Create Your Own Salad from Our Selection of Fresh Vegetables, Fruits, Nuts, and Cheeses.

Sunday, March 29 • Chef’s Stage Center • 12:30 p.m.
Join Us Chef’s Stage Center as Our Culinary Team Presents “Waffles to Order” with Your Favorite Topping.

All Dining Services events will be held at the Burkholder Restaurant during dinner hours unless otherwise noted. Reservations are appreciated and can be made by calling the Reservations Line at 860-658-3773.

Casual Café Menu

Service Available from 9 a.m. - 3 p.m. Monday - Friday • 11:30 a.m. - 1:00 p.m. Saturday

- Soup Du Jour
- Garden Salad with Grilled Chicken
  Served with Your Favorite Dressing
- Classic Grilled Cheese and Tomato Sandwich
  Made with Your Choice of American, Swiss or Cheddar Cheese on White or Wheat Bread
- Grilled Chicken Caesar Wrap
  Marinated Grilled Chicken Breast, Romaine Lettuce, Parmesan Cheese, with Caesar Dressing in a Wrap
- Sandwich Special of the Week
  Ask Your Server About Today’s Sandwich Special
- Omelet Special of the Week
  Ask Your Server About Today’s Omelet Special
  Sandwiches Served with a Choice of Potato Chips or Fruit Cup

Beverages
- Assorted Juices and Milk
- Cranberry Lime Spritzer
- Iced Tea with Lemon

We will be happy to work with you on a special menu for parties of five or more. Call 860-658-3773 for reservations.