



JUNE 2018						
SUN	MON	TUE	WED	THU	FRI	SAT
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	<b>21</b>	22	23
24	25	26	27	28	29	30

# Spend the Longest Day with Us

## A Memory Care Initiative for Caregivers and Their Loved Ones with Alzheimer's and Dementia

**Thursday, June 21st**  
**10:00 a.m. – 2:00 p.m.**

McLean Health Center  
 75 Great Pond Rd, Simsbury

**Registration Required for this free event**

**Please call**  
**860-658-3723**

Lunch will be provided



Learn how you and your loved one can stay active and engaged on the longest day of the year, with the resources and support available at McLean.

*Join us for the day, or just part of it.*

**10:00 a.m.**

**Welcome** – Introduction Speaker, *Carlene Rhea, Director of Assisted Living and Resident Services*

**10:20 - 11:30 a.m.**

**Activity Tables** – Led by *McLean Memory Care Volunteers and Life Enrichment Staff*

**12:00 p.m.**

**Lunch and Learn** –  
 “Brain Power! Practical strategies to enhance brain function while building meaningful connections between those with memory loss and their caregivers.” Presented by *Keynote Speaker, Donna B. Fedus, Gerontologist & Founder, Borrow My Glasses*

**1:30 p.m.**

**Ice Cream Sundaes** –  
*to Benefit the Fight Against Alzheimer's*

*McLean is a not-for-profit senior living community in Simsbury, CT offering a continuum of services including independent living, assisted living, memory care and enhanced assisted living; an adult day program, short-and long-term skilled nursing, outpatient rehabilitation and wellness; post-acute care, home care and hospice.*